

Ottapalam Rotary News

Vol. XXXVI Issue # 2 A monthly bulletin of Rotary club of Ottapalam (RID 3201 - Club 22653)

Aug 2021

IT'S TIME TO JOIN ROTARY

Join Rotary and
make a difference

Rotary is an international
membership organization
made up of people who
share a passion and
commitment to enhancing
communities and
improving lives across
the globe.

With 35,000 clubs around
the world, and others that
meet online, Rotary makes it
easy to get involved and start
making a difference today.

Do you want to make a difference?

Find out more:

www.rotary.org

Rotary



SERVE TO
CHANGE LIVES

Rotary
Club of Ottapalam



Dear Rotarians,

Thank you for your kind responses on the last issue of Ottapalam Rotary News (ORN). This bulletin is the 2nd issue for the year 2021-2, that includes activities of July 2021.

This is a Rotary month of MEMBERSHIP where we endeavour bringing new members to our organisation. Our RI President has announced the "Each One Bring One" initiative. Let us follow that!

I would request all members to visit regularly the club website www.rotaryclubofottapalam.org Club APP, District website www.rotary3201.com and RI website www.rotary.org. We have our presence on the Facebook and YouTube. Please promote them too.

Wish you all happy Independence Day and a very Happy ONAM!

Thank you

Rtn. Ramachandran Kunduthody

Send your comments by email to cio.rotaryotp@gmail.com



**editor's
desk**

**August
2021**

Designed & edited by Rtn. Ramachandran K and published by Rtn. Chitresh Nair, President (2021-22), Rotary club of Ottapalam

Rotary
Club of Ottapalam



Wish you all
Happy
Independence Day

**15
August
2021**



INDIA

Independence day Greetings

Onam



Happy ONAM

to all Rotarians, their families & friends

STAY HOME – STAY SAFE

About **RI President**

Meet the new RI President Rtn. Sekhar Mehta and RI Board of Directors



Sekhar Mehta, an accountant, is chair of the Skyline Group, a real estate development company he founded. He is also a director of Operation Eyesight Universal (India), a Canada-based organization. Mehta has been actively involved in disaster response and is a trustee of ShelterBox, UK. After the 2004 Indian Ocean tsunami, he helped build nearly 500 homes for families affected by the disaster.

He pioneered a program that has performed more than 1,500 life-changing heart surgeries in South Asia. He is also the architect of the TEACH Program, which promotes literacy throughout India and has reached thousands of schools.

A Rotary member since 1984, Mehta has served Rotary as director, member or chair of several committees, zone coordinator, training leader, member of The Rotary Foundation Cadre of Technical Advisers, and district governor. He is also the chair of Rotary Foundation (India).

Mehta has received Rotary's Service Above Self Award and The Rotary Foundation's Citation for Meritorious Service and Distinguished Service Awards.

He and his wife, Rashi, are Major Donors and members of the Bequest Society.

Source: Rotary International
Courtesy: eFlashOnline

Message from **RI President**

PRESIDENT

I wish each one of you and your families a great Rotary New Year! Together, let us make it one of the best years of our lives, by making it a year to grow more and do more. Let this be a year of changemakers, and let us begin with our membership.

That is precisely why the Each One, Bring One initiative is so important. If each member introduces one person to Rotary, our membership can increase to 1.3 million by July 2022. So, let's just do it!

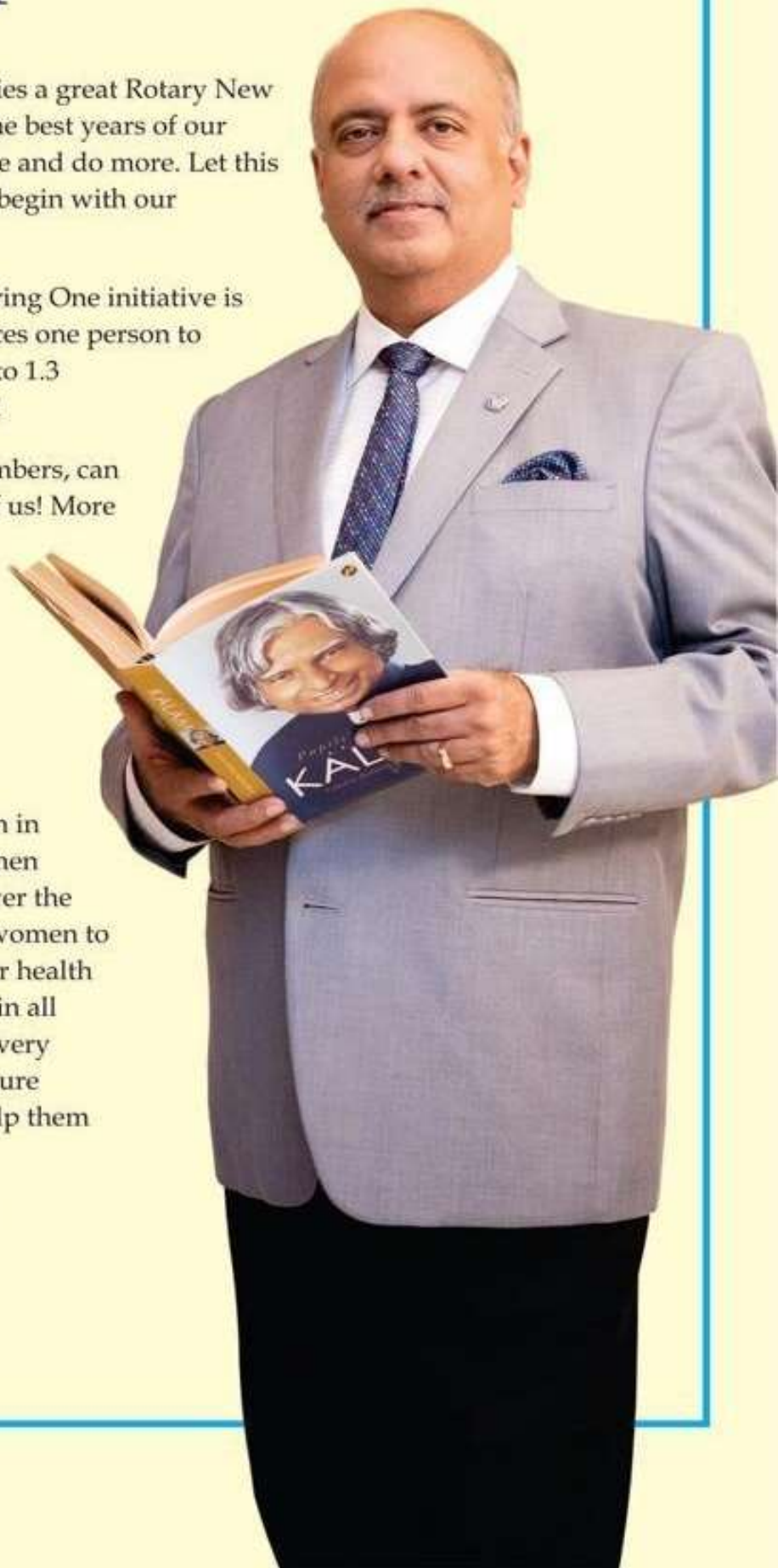
Imagine the change we, as Rotary members, can make when there are so many more of us! More people to care for others, more people to Serve to Change Lives, more members will enable us to embark on bigger and bolder service projects.

One element that we can incorporate into all of our service initiatives is empowering girls. Unfortunately, even in this day and age, girls and young women face disproportionate challenges all over the world. Empowering girls and young women to have greater access to education, better health care, more employment, and equality in all walks of life should be embedded in every Rotary project we launch. Girls are future leaders, so we must ensure that we help them change their future.

So friends let us serve to change lives.

Shekhar Mehta

Shekhar Mehta
President 2021-22



Message from **President**

Rtn. E.P. Chitresh Nair



Dear Rotarians, Anns and Annets

Greetings!

The Month of July, is a time for fresh starts and new beginning. As President I started learning and working with all my beloved experienced Rotarians, for the vision we set for twelve months. We still face challenges of Covid-19, but cannot stop doing, rather serving needs to the society. But momentum towards our vision has slowed down considerably but still look forward to move with the wave to do numerous projects lined up, in coming months.

Sustainability is the key to working in humanitarian projects. Through our Gift of life project, a young child was brought into 'LIFE', Rotarians express happiness here. The boy is doing well. We have done few projects in the month of July which are explained in the Bulletin. One-to-One meetings with Rotary Chairs and Directors were encouraging and informative. I thank all Rotarians for the time you had spent with us. Yes, we are mainly focused on our beloved Governor's District Special Focused Projects and Seven Wonders of Rotary. We also focus on local projects. To start with we conducted Webinar on Waste Management with Lakshmi Residence Association. The Community Service Director Rtn. Dr. Narayanan inaugurated the session. Eminent personalities participated and it was very useful topic and explained how to transform "The Waste to Wealth".

Honoured to have our beloved District Governor Rtn. Rajasekharan at Ottapalam for the inauguration of EPLIMO, a "health related uncertainties and face life more confidence" at P. K. Das Medical College, Vaniyamkulam with the presence of Hon. MP Palakkad Shri. V. K. Sreekandan in a colourful function. Rotarians and their families appreciated P. K. Das Hospital's Service and the preference given for Covid-19 vaccination, and it was a kind help from them.

The Guest Speaker session was started again this year and our first Guest Speaker was Dr. Dinesh Arora IAS. He was formally introduced by Rtn. Shivadas. Dr. Dinesh Arora shared his views of success and explained how to achieve goals, the session was informative and encouraging.

I appreciate Secretary Rtn. V. A. Balu and Treasures Rtn. Kesavadas for their hard work and making the system smooth.

Our Bulletin Editor Rtn. Ramachandran always bring attractive bulletins and has been winning accolades from all Rotarians.

I thank all Rotarians for the enthusiastic and laudatory articles. Ottapalam had a privilege to host an E Seminar on "Club Reporting with District Mobile App" Which was very useful. Appreciate AG. Rtn. Adv. Pradeep for the initiative. The session was handled by Rtn. Praveen Kandantharayil, who dabbled in punditry.

Inducted four dazzling members in the beginning of the month. The month of August is designated as month of Membership Growth and Extension. A strong membership base is always effective and significant service to do projects. Membership growth is the responsibility of each and every Rotarians. Hope our beloved Rotarians will take this challenge and add more members this year.

I congratulate all our Zonal and District Leaders indeed it is a proud moment. Last two years we have been going through difficult period and hope this will end very soon. Difficult path always lead to beautiful destination. So be safe at home and God bless all.

Wish you all a very Happy ONAM!

Jai Rotary!

Rtn. E.P. Chitresh Nair



Secretary's Report - July 2021

Rtn. V.A. Balu



Having got installed as 37th President of the Club, Rtn. EP Chitresh Nair assumed office on July 1st. Started the year with four new members, aiming to touch the magic figure of 75 in membership tally. President Chitresh has set a clear plan of action in all areas of club administration, service projects, membership development, TRF and public image. All the Governor's special projects, are to be focused on, and a signature project that enhances the image of Rotary is also in the work plan.

On July 1st the first day of the Rotary year, that happens to be the National Doctors' day as well, President chose to seek blessing of the Senior Rotarian Dr K V Ramachandran at his residence. Honoured him with a floral bouquet and draping a ponnada. It was a nice gesture from Rtn PP K Ramachandran to begin the year by gifting blackberry saplings to all Rotarians. Being the Bulletin Editor for the year, he brought out a finely crafted first issue of e bulletin Ottapalam Rotary News, which was officially released by President.

The first project included in the Gift of Life, free heart surgery for a six-year-old boy Navaneeth Krishna was carried out successfully. He is recovering fast at home.

The regular project of helping poor students with study materials in Vani Vilasini School was carried out by the financial aid sponsored by Rtn. E Prabhurajan, handed over to HM by Chair Service projects Rtn Col Gangadharan. President thanked both Senior Rotarians.

In the month of July, five weekly meetings, one club assembly, and one board meeting were held. Many Rotarians including the newly inducted, came out with novel ideas for community service projects in the club assembly. As part of engaging all members, a new initiative by President Rtn Chitresh was well begun - One to one meeting with Chairs and Directors who are in charge of avenues of service.

A seminar was organised joining hands with LR Residents' Association and IWC, on Domestic
Ottapalam Rotary News(ORN)

waste Management.

District Governor appointed ten eminent Rotarians of our club as Zonal Chairs in addition to AG, GGR and a District Coordinator.

DG Rtn Rajasekhar was well received when he came down on our invitation to inaugurate a programme called EPLIMO (Epigenetic Lifestyle Modification) in P K Das Hospital.

A seminar on Zoom Platform was hosted by our club for the benefit of Presidents, Secretaries, Joint Secretaries and CICOs on E reporting and District Mobile App.

A hearing aid was gifted to a beneficiary in Chunangad, handed over by IPP Rtn Pramod Kumar. This project was supported well by Rtn E Prabhurajan and Rtn Col Gangadharan

The formal inauguration of our speaker sessions of the year was done by former Sub Collector of Ottapalam Dr Dinesh Arora IAS. The zoom meeting was also attended by former Health Minister of Kerala Smt PK Sreemathy.

Covid protective materials like Gloves and face shields were distributed to Kerala Medical College Mangode. Hon MLA Adv Premkumar attended the simple function.

August is designated month for membership and club extension. We are all set to induct three new members at the earliest. In Club extension as well, we have a clear plan to materialise few additions.

Once again request all members of Rotary family to get vaccinated against Corona virus on the very first available opportunity. Stay safe, Stay healthy.

August is the month of Onam. Wish you all a very happy and prosperous Onam, going to be celebrated virtually due to continuing Covid 19 pandemic.

Happy Independence Day and Happy Onam to all

Thank you
Rtn. VA Balu



Activities – Installation 2021-22 Team

TEAM 2021-22



**SERVE TO
CHANGE LIVES**



Rtn. EP Chitresh Nair
President



Rtn. PP V.A. Balu
Secretary



Rtn. K. Pramodkumar
IPP



Rtn. K.N. Kesavadas
Treasurer / Sgt At Arms



Rtn. PP C.P. Baiju
Vice President



Rtn. PP P. Sivadasan
Sr Sgt At Arms/Speaker Coordinator



Rtn. Col. Venugopal K
President Elect



Rtn Capt SunyilKumar
Joint Secretary



Rtn. PP K. Raaj Mohan
Chair Club Admin Committee



Rtn. PP R. Madhu Sudhan
Chair Membership Committee



Rtn. PP Col. C. Gangadharan
Chair Service Projects



Rtn. PP K. Ramachandran
Chair Public Image/ Bulletin Editor



Rtn. PP P.M. Krishnadasan
Chair Rotary Foundation

Club Committee Chairs



Rtn. PP T.N. Kutty
Advisor



Rtn. PP P.K. Peethambaran
Advisor



Rtn. PP E. Prabhurajan
Advisor



Rtn. PP Parakkottil Vijayan
Advisor

Club Advisors

Activities – Installation 2021-22 Team

TEAM 2021-22



**SERVE TO
CHANGE LIVES**

Directors



Rtn. PP Ambalakkat Ram Mohan
Director Vocational Service



Rtn. PP Dr. M. Narayanan
Director Community Service/**GGR**



Rtn. PP Adv. P. Pradeep
Director International Service
/Grants/**AG**



Rtn. Vijayakumar K
Director Club Service



Rtn. Dr. Satheesh Kumar Nair
Director Health Projects/ Covid 19



Rtn. PP K. Radhakrishnan
Director RI Priorities



Rtn. PP Adv. N.K. Jayadevan
Director District Priorities



Rtn. PP M.G. Koman
Director Palliative Care Projects



Rtn. Dr. Arun S Menon
Director Art & Cultural Programs



Rtn. Srinivasan M
Director Youth Services/Rotaract/
Interact



Rtn. PP Col. KCK Nair
Director Tour Coordination



Rtn. Ravindran Nair
Director Cultural Program Team



Rtn. Nirmla Ram Mohan
Director Rotary Family/
Partner Relation



Rtn. Uma Peethambaran
Director Women empowerment



Rtn Lt Col Sindhu Santhosh
Director Women empowerment



Rtn. Dr. Sreeraj
Director Health Care Projects



Rtn. Adv. Sreeraj
Director Legal Services



Rtn. Adv. Suresh
Director Legal Services

Congratulations to District Officers

President and members of Rotary club of Ottapalam congratulate and wish all District Officers from our club.



Rtn. PP Adv. P. Pradeep
Assistant Governor
(AG)



Rtn. PP Adv. NK Jayadevan
Zonal Chairman for
Constitution and Bye Laws
(Club Administration Committee)



Rtn. PP Raaj Mohan
Zonal Chairman for
New Member Orientation
(Membership Development Committee)



Rtn. PP CP Baiju
Zonal Chairman for
DG Citations Promotion
(RI & District Citations)



Rtn. PP A Ram Mohan
Zonal Chairman for
Promotion International
Convention Taipai
(International Service)



Rtn. PP Col. P Gangadharan
Zonal Chairman for
Rotary Action Groups
- HEWRAG-Health
Education and Wellness
(Fellowships)



Rtn. PP Ramachandran K
Zonal Chairman for
Home Gardens
(Community Service
- Non-Medical)

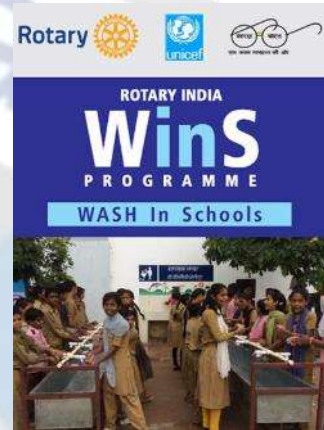


Congratulations to District Officers

President and members of Rotary club of Ottapalam congratulates and wish all District Officers from our club.



Rtn. PP R Madhusudhan
District Coordinator WinS
(RI Priorities)



Rtn. PP Dr. M Narayanan
Governor's Group Representative
(GGR)
Zonal Chairman for
Promotion of Organ Donation
(Community Service Medical)



Rtn PP P Sivadasan
Zonal Chairman for
Medicines and Life-saving Drugs
(Covid Care)
Zonal Chairman for
LITRAG - Literacy (Fellowships)



Rtn. PP P Vijayan
Zonal Chairman for
Go Organic
(Community Service
Non-Medical)



Rtn. PP Col. KCK Nair
Zonal Chairman for
DNARAG
Disaster Network and Assistance
(Fellowships)



Rtn. PP PM Krishnadasan
Zonal Chairman for
Rotary Volunteers
(Fellowships)



Installation ceremony 29-Jun-2021 *Contd.. from last month*

President Rtn. Chitresh would like to express his thanks and gratitude for all members and guests who participated in the installation of our new team 2021-22.



Above L-R Lamp lighting function, IPP Rtn. Pramodkumar welcoming the attendees, IPS Rtn. Srinivasan presenting the activity summary presentation of 2020-21



Above L-R: AG Rtn. Raaj Mohan introducing the President Rtn. E.P. Chitresh and President's acceptance speech.



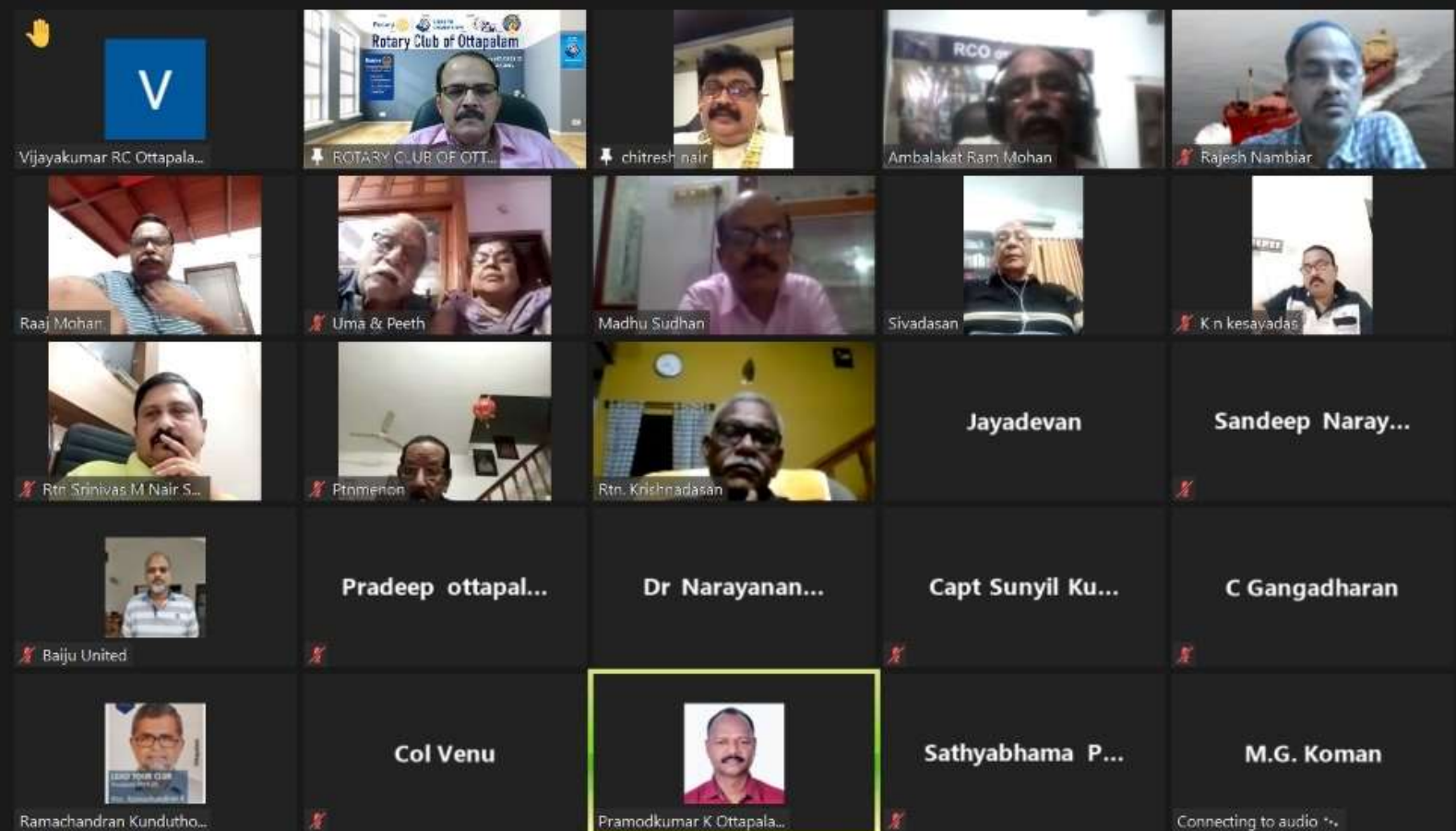
Vote of thanks by Secretary PP Rtn. VA Balu.



1st July 2021, we had our 1st Weekly meeting of the Rotary year 2021-22.



Participants



1st July 2021, our 1st Weekly meeting of the Rotary year 2021-22 had a record participation of over 35 members over ZOOM virtual platform.



SERVE TO
CHANGE LIVES



Rotary Club of Ottapalam

July 1
New Rotary
Year

Warm Greetings to all Rotary
family members on Rotary
New year Day

On this day we take
up the case of
Navaneeth Krishna
aged 6 years under
Gift of Life Project



Free Heart Surgery for Children
with Congenital Defects

July 1 – Doctors' Day

Hon Rtn Dr K V RAMACHANDRAN being
honoured by Rotary Club of Ottapalam

Happy Doctors' Day





On 1st July Hon Rtn. Dr. KV Ramachandran was honoured by the club marking the National Doctors Day





Free Heart Surgery for Children with Congenital Defects

It was decided to support Master Navaneeth Krishna by taking up the case of his heart surgery and related treatment to relevant hospitals sponsored by our clubs in Kochi and Coimbatore.

Malayala Manorama 18-07-2021

ഹൃദയശസ്ത്രക്രിയ വിജയകരം

ഒറ്റപ്പാലം • റോട്ടറി ക്ലബ്ബ് 'ഗിഫ്റ്റ് ഓഫ് ലൈഫ്' പദ്ധതിയിൽ ഉൾപ്പെടുത്തി ആറു വയസ്സുകാരനു നടത്തിക്കൊടുത്ത ഹൃദയശസ്ത്രക്രിയ വിജയകരം. ജനിതക ആരോഗ്യപ്രശ്നങ്ങളുള്ള കുട്ടികൾക്കായി വിഭാവനം ചെയ്ത പദ്ധതി പ്രകാരമാണു തോട്ടക്കര സ്വദേശിയായ കുട്ടിക്ക് കൊച്ചിയിലെ സ്വകാര്യ ആശുപത്രിയിൽ ശസ്ത്രക്രിയ നടത്തിയത്.

ഗിഫ്റ്റ് ഓഫ് ലൈഫ് പദ്ധതിക്കു പുറമേ, തീപ്പൊള്ളലേറ്റവർ

ക്കു ത്വക് പുനർനിർമ്മാണ ശസ്ത്രക്രിയയ്ക്ക് 'ഹോപ് ആഫ്റ്റർ ഫയർ' പദ്ധതിയും കൃത്രിമ കൈകാലുകൾ ആവശ്യമുള്ളവർക്കു 'വാക്ക് എഗെയ്ൻ' പദ്ധതിയും നടപ്പാക്കുന്നുണ്ടെന്നു പ്രോജക്ട് ഡയറക്ടർ എൻ.കെ. ജയദേവൻ അറിയിച്ചു.

ജീവകാരുണ്യ രംഗത്ത് ഒറ്റപ്പാലം റോട്ടറി ക്ലബ്ബ് നടപ്പാക്കുന്ന പദ്ധതികൾ പ്രയോജനപ്പെടുത്താൻ ഫോണിൽ വിളിക്കാം: 9526911111.

The heart surgery was successful

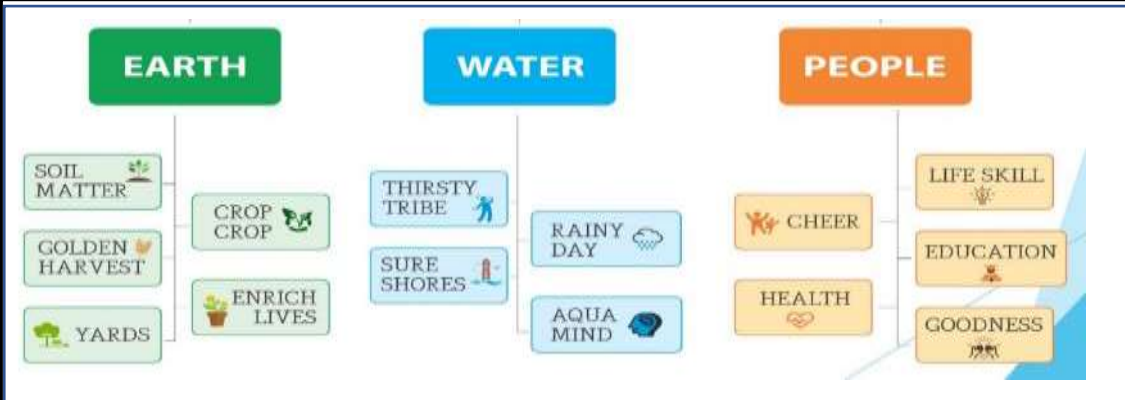
A six-year-old boy's heart surgery was successful, incorporated into the Ottapalam Rotary Club Gift of Life scheme for children with genetic health problems. In addition to this we have projects for burn victims to undergo skin

resurfacing surgery(Hope After Fire) and prosthetic limbs under the Walk Again program, free of charge, Rtn. Jayadevan, Project Director informed.

For more details contact 9526911111



Domestic Waste Management Seminar



Rotary SERVE TO CHANGE LIVES

Rotary Club of Ottapalam

In association with
Lakshmi Road Residents Association Manissery & Innerwheel Club of Ottapalam

Cordially invite you to the virtual Seminar on

DOMESTIC WASTE MANAGEMENT

Topic Presentation
Sri. Kalyanakrishnan
District Coordinator, Kerala State Haritha Mission

On ZOOM at 3pm
On Sunday, 4 July 2021

Please log in at 2.45pm

Rtn EP Chitresh Nair
President Rotary

Sri.KK Balasubramanian
President LRRRA

Lt Col Sindhu Santhosh
President Innerwheel

ZOOM MEETING ID
740 649 9663
No Pass code

Programme

Silent Prayer

Welcome Address
Rtn E P Chitresh Nair

About the Seminar
Sri KK Balasubramanian
President LRRRA
Inauguration
Dr M Narayanan
GGR & Director Community Service, Rotary & Secretary LRRRA

Introduction of Speaker
Sri Mahendra Mohan

Talk by
Sri Kalyana Krishnan
District Coordinator, Kerala State Haritha Mission

Felicitations
Sri. Subranmanian
Member Vaniamkulam Gramapanchayath
Sri. Krishnakumar
Member Vaniamkulam Gramapanchayath

Discussion on Topic
Vote of Thanks
Lt Col Sindhu Santhosh
National Anthem

Click here
<https://us02web.zoom.us/j/7406499663>



The 100 blackberry(Njaval) saplings gifted to all Rotarians by Rtn. PP Ramchandran being received by President Rtn. Chitresh, Secretary Rtn. PP VA Balu and Treasurer Rtn. KN Kesavadas at RAMS, Chunangad (below). Thank you for the great gesture Rtn. Ram



8-Jul-2021: President handing over Blackberry saplings to Rtns Prabhurajan and Col Gangadharan (below-left); Blackberry saplings given to HM Vanivilasini School, Chunangad.(Below-right)



Rotarians at Vani Vilasini School, Chunangad in connection with the financial aid being handed over to the HM for On-line classes for economically backward children. President Rtn. Chitresh speaks at the function (below-left); Sr. Advisor Rtn. Prabhurajan speaks(below-right)



Chair Service projects, Rtn Col Gangadharan handing over the aid to HM (Below-left); Rtn PP Col Gangadharan speaks(Below-right)



President, Secretary, Treasurer, Chair Service Projects, and Sr Advisor in front of Vanivilasini School.(below)



Mobile smart phones distributed to needy students by IPP Rtn. Pramodkumar



Conducted a COVID-19 vaccination drive for Rotarians and their family members in the region in association with PK Das Institute of Medical Sciences, Vaniamkulam.



PK ദാസ് ആശുപത്രിയിൽ
കോവിഷീൽഡ് വാക്സിനേഷൻ
**Rotarians' Mass Covid
Vaccination Project**

Jointly organised by
Rotary Club of Ottapalam &
PK DAS Institute of Medical Sciences

On 21 July 2021



**@ Rs 780
per vaccine
1st and 2nd
Dose (only after
84 days from
1st dose)**

Register on www.cowin.gov.in

**Contact(Whatsapp Only)
Before 5 pm on July 20**

**95269 11111
88489 72956
88937 13939**

On behalf of IPP RCO's appreciation conveyed to GG Team Leader Mr. Suresh for supporting entire GG beneficiaries



Dedicated force behind RCO project of Tailoring School and Day Care Center. Toiled for giving some job works to many even during Covid Pandemic time. This board will be displayed in front of house near Koonathra Bus Stop.



Ajay... Vijay brothers were honoured by President for their involvement in Team GG activities on 9th July at the Rotary GG Training centre, Koonathara.

Activities – World Conservation day July 2021

Many Rotarians celebrated the Day by planting trees in their own garden land..



Rtn. Ambalakkat Ram Mohan celebrated the day by planting coconut trees and other plants

HALL OF FRIENDSHIP



2018-19

Rtn. P Sivadas donated a feature phone to Mr. Sabari, our Rotary Hall care- taker.
Thank you Rtn. Sivadas.



IPP Rtn Pramodkumar handing over the hearing aid to the beneficiary at Chunangad(below) . Thanks to Rtn Prabhurajan and Rtn Col Gangadharan for their support for this project.



29th July 2021, we had our 1st Speaker meeting of the Rotary year 2021-22. This series of Speaker meetings was inaugurated by the day's speaker Dr. Dinesh Arora, IAS. Mrs. PK Sreemathi, former Health Minister of Kerala also attended as a guest.

Rotary

Rotary Club of Ottapalam

Weekly Meeting #5/2021-22
29th July 2021, 7.30 pm

Inauguration of Speaker Sessions

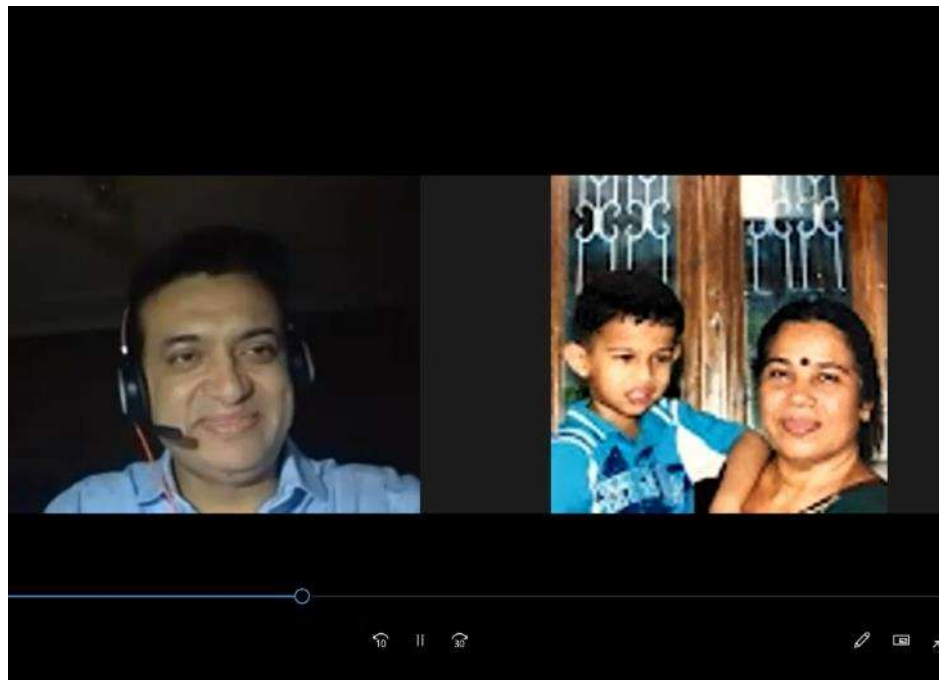
Inaugural Address by

At 8 pm

Dr. DINESH ARORA, IAS

Former Honourable Sub Collector, Ottapalam

Rotaractors, Guests may please log in at 7.55 pm



Leave Zoom

Unmute Start Video Share Content Participants 49 More

REC LEAD YOUR CLUB President 2019-20 Ramesh Chandran Kunduthody RC Ottapal...	Dr. Dinesh Arora, IAS ROTARY CLUB OF OTTAPALAM	Sunyll	Rtn T N KUTTY
Switch Active Speaker Rtn. Srinivas Nair	Sandeep Narayanan	chitresh nair	Ambalakat Ram Mohan
Rajesh Nambiar	Raaj Mohan,	Krishna Dasan	Madhu Sudhan
C Gangadharan	Ravi	KCK NAIR	Baiju United
K n kesavadas	Galaxy A7 (2018)	Sreemathi PK	Dinesh Arora

Hon MLA Adv Premkumar receiving the Covid protective materials from our President Rtn. EP Chitresh at Kerala Medical College Mangode.





President has initiated a series of proactive discussion one-to-one with all Committee chairs to plan and implement activities for the year. Following are the meetings summary of July 2021:

One – to – one Meeting
With Vice President
Chair Club Administration,
Director Speaker Coordination,
Director Club Service



One – to – one Meeting
With Chair Membership Development,
Chair, The Rotary Foundation
Director, Grants



One – to – one Meeting
With Director, Health Services (Covid 19),
Director, Health Services
Director, Community Service - Medical



Activities – Welcome new members!



JOIN
Rotary

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace to water and health, we are always working to better our world, and we stay committed to the end.

Learn more about our structure and our foundation and our strategic vision.

What we do

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000+ clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies
- Supporting the environment



Get involved

Our mission

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

Vision statement

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

Congratulations

PDG Rtn. Madhav Chandran being among the selected invitees at Naya Daur Nayi Kahani held at Kolkota to felicitate RIP Shekhar Mehta & RID Dr. Mahesh Kotbagi.



Congratulations to Rtn. Ajay Menon



President and members of Rotary club of Ottapalam congratulate and wish Rtn. Ajay Menon who was selected as Rotarian of the year for GOA region. Rtn. Ajay is a nephew of Rtn. A Ram Mohan.

Congratulations to IPP Rtn. Pramodkumar on his life story published in KeralaKaumudi Newspaper on 23rd July 2021.

അത്യപൂർവ്വമായി സൗന്ദര്യവുമായി പ്രമോദ് കുമാറിന്റെ ജീവിതം

അദ്ദേഹിന്റെ വാഗ്ദാനങ്ങളെക്കുറിച്ചും ഇന്നത്തെ ജീവിതത്തിന്റെയും അദ്ദേഹിന്റെ പ്രമോദ് കുമാറിന്റെ ജീവിതത്തിന്റെ പശ്ചാത്തലങ്ങളെക്കുറിച്ചും വായിക്കാൻ വലിയൊരു അതിർവര കമ്പ്യൂട്ടർ...

അദ്ദേഹിന്റെ സൗന്ദര്യവുമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

വിജയത്തിന്റെ സുഖത്തിലേക്കു വരുത്തിയ കോടിക്കണക്കിന് രൂപകളെക്കുറിച്ച് ഇല്ലാത്ത യേശു ക്രിസ്തുവിന്റെ ഉറപ്പായ പ്രമോദ് കുമാറിന്റെ ജീവിതം...

ഒന്നാമതും അദ്ധ്യക്ഷനുമായും എടുത്തു കൊണ്ടുവന്ന കഥകൾ പാലക്കാട് നഗരത്തിൽ പ്രമോദ് കുമാർ എന്ന അത്യപൂർവ്വമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

പ്രമോദ് കുമാർ, അത്യപൂർവ്വമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...



ദാരിദ്ര്യം ബാല്യകാല സുഹൃത്തായി...

അത്യപൂർവ്വമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

പുതുജീവിതം തേടി ചുരമിറങ്ങിയ കഥ

"രണ്ട് പതിറ്റാണ്ട് മുമ്പ് വിദ്യാലയത്തിൽ അദ്ധ്യക്ഷനായിരുന്ന പ്രമോദ് കുമാർ, അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

ഗ്യാസ് ഏജൻസി ജീവനക്കാരിൽ നിന്ന് ഉടമയിലേക്കുള്ള വളർച്ച...

ഗ്യാസ് ഏജൻസിയിൽ ജീവനക്കാരായിരുന്ന പ്രമോദ് കുമാർ, അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

കോഴിപ്പേരി അണ്ണൂർ കലാവിനോദ കരസ്ഥം

അത്യപൂർവ്വമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

സന്തോഷം നിറഞ്ഞ 'സത്യം'

"അത്യപൂർവ്വമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...

ഡിജിറ്റൽ ഇന്ത്യ പൊതുജന സേവന കേന്ദ്രം

അത്യപൂർവ്വമായി പരിചയപ്പെടാൻ പറ്റിയ സൗന്ദര്യത്തിന്റെ ചിത്രങ്ങൾ അദ്ദേഹിന്റെ ജീവിതം തിരിച്ചറിയുന്നതിനായി പ്രമോദ് കുമാറിന്റെ ജീവിതം...



പ്രമോദ് കുമാർ, മധ്യ സത്യം, കോഴിപ്പേരി പ്രമോദ് കുമാർ, കോഴിപ്പേരി പ്രമോദ് കുമാർ

Congratulations

Rotary club of Ottapalam wish to congratulate PKDas Institute Medical Sciences on their Official launching of Epigenetic Lifestyle Modification(EPLIMO). The program was attended (below L -R) MP Sri. Sreekandan, PKDIMS Chairman & Managing Director Rtn. Adv. Krishnadas, RID 3201 DG Rtn. Rajsekhar, our President Rtn. Chitresh along with other Rotarians.



Congratulations

Congratulations to the proud family of Rtn. JB Nayar.

President and members of Rotary club of Ottapalam wish to convey their congratulations and best wishes to **Annette Vignesh** son of Rtn. Jayan B Nayar on his recent achievements..

Annette Vignesh, completed his MSc in Management from Nyenrode University Amsterdam in June 21 with a GPA of 3.9/4.0.

He has joined Nike on the 26th of July as Team Lead, Digital Strategies and will be based out of their European HQ, Hilversum, Amsterdam.



Vignesh



Congratulations to the proud family of Rtn. Col. Gangadharan & Rtne. Rema Gangadharan, on their grand daughter RHEA GEORGE's exemplary results in CBSE Class X. Congrats and best wishes to grand Annette **RHEA GEORGE**.



RHEA

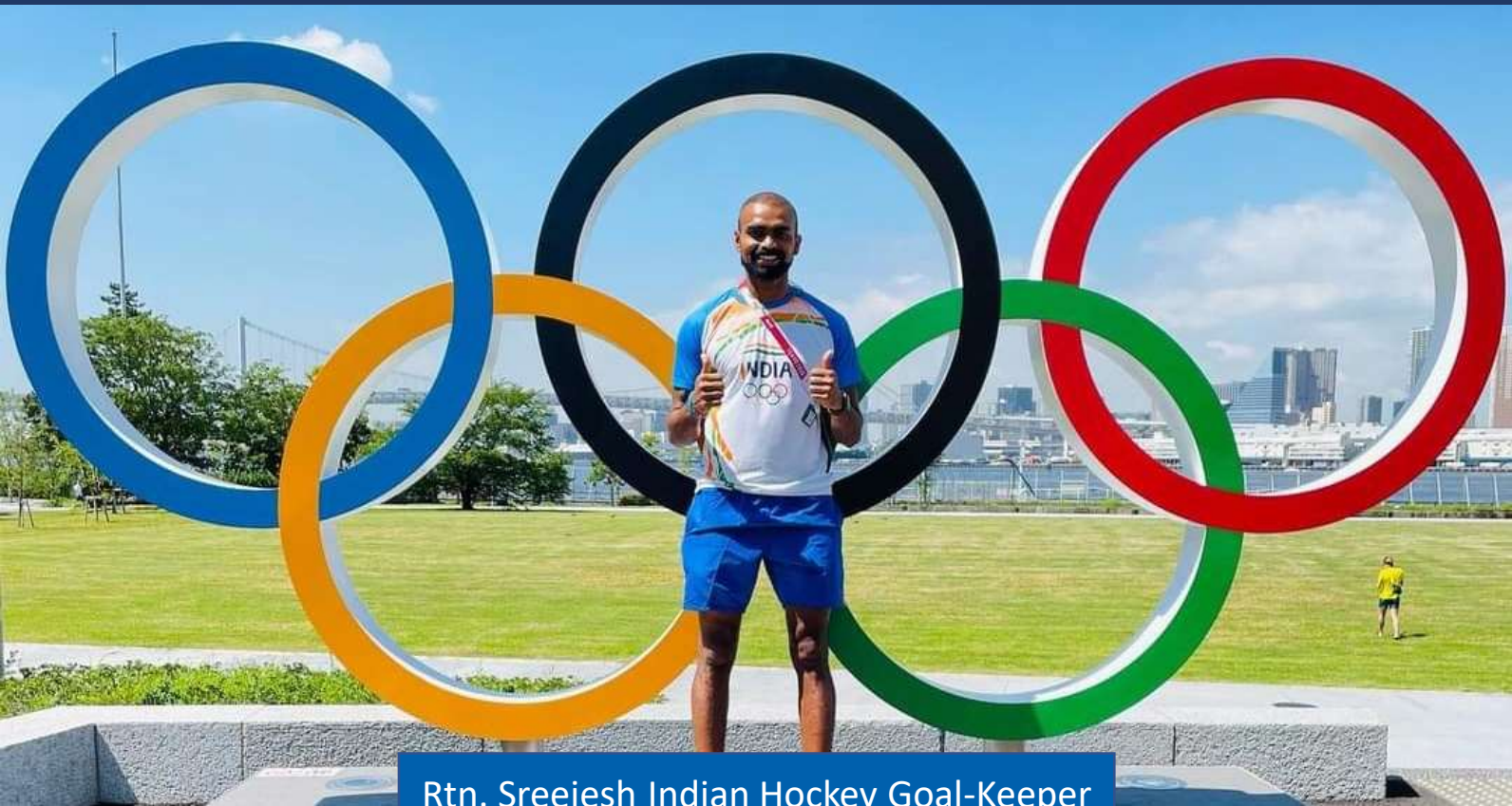
Board of Secondary Education					
Brought to you by National Informatics C					
CENTRAL BOARD OF SECONDARY EDUCATION					
Secondary School Examination (Class X) 2021					
Roll No:	14194782				
Candidate Name:	RHEA GEORGE				
Mother's Name:	VANDANA GANGADHARAN				
Father's Name:	GEORGE KOSHY				
Date of Birth:	01/06/2005				
School's Name:	NAVY CHILDREN SCHOOL CHANAKYA PURI NEW DELHI				
SUB CODE	SUB NAME	THEORY	LA / PRACTICAL	TOTAL	POSITIONAL GRADE
184	ENGLISH LNG & LIT.	077	020	097	A1
085	HINDI COURSE-B	076	020	096	A1
243	MATHEMATICS BASIC	077	020	097	A1
086	SCIENCE	074	020	094	A1
087	SOCIAL SCIENCE	078	020	098	A1
ADDITIONAL SUBJECT					
417	ARTIFICIAL INTELLIGENCE	048	050	098	A1
Result : PASS					

Congratulations – Nanma Foundation

Rotary club of Ottapalam wish to congratulate **PKDas Institute Medical Sciences** and **NANMA** Foundation for their good gesture of recognizing and awarding the frontline workers. The program was attended Vice President Rtn. Baiju, **Nanma** Regional Coordinator Rtn. Madhusudhan and other Rotarians



Congratulations and best wishes to Indian Olympics team



Rtn. Sreejesh Indian Hockey Goal-Keeper



TOKYO 2020

Best wishes...

**OLYMPIC ASSOCIATION PALAKKAD
TEAM CSN & ROTARY CLUB OF OTTAPALAM**

On 22nd July 2021 Thursday 6pm at CSN Indoor Stadium, Ottapalam

GUEST	GUEST
 RAJESH PATTATHU President Olympic Association, Palakkad	 P.T. NARENDRA MENON Chairman CSN Trust, Ottapalam



Cancelled due to COVID status at Ottapalam on the day

Rotary Club of Ottapalam

*We would like to offer our heart felt condolences to our dear **RI President Shekhar Mehta**. His mother sadly passed away on 4th July 2021.*



Smt. Vallabh Kumari Mehta

We the members of Rotary Club of Ottapalam offer our heartfelt condolences to the family of PDG Rtn Dr. Ummar on his sad and sudden demise on 2nd Aug 2021



We the members and friends of Rotary club of Ottapalam offer our heartfelt condolences to dear Rtn Adv. N.K. Jayadevan and his brother's bereaved family on the sudden demise of his elder brother Sri Sankar (RTD AGM) Canara Bank. He passed away at Bangalore on 5th July 2021, Monday morning due to Cardiac arrest.



We the members of Rotary Club of Ottapalam share the grief of President Rtn Hareendranathan on the sad and sudden demise of first lady of Rotary Club of Shoranur, Divya Hareendranathan and pray for the departed soul. Please accept our heartfelt condolences who passed away on 16th July 2021.



WHAT IS GST? GOODS & SERVICE TAX

Aim: "ONE COUNTRY ONE TAX"

HISTORY

- In **1954** France was the first country in the world to introduce GST. It was followed by 53 countries in Europe and 19 countries in Asia. Assam was the first state in India to pass the GST bill.
- In **1992** the famous economist Raja Chellayya first mooted the idea that there should be a radical and structural changes in tax regime in India.
- It was Sri.Vajpaiy's Government in **1993** gave impetus to the concept GST.
- In **2003** it was taken forward by Sri P.Chidambaram, the then Union Finance Minister declared that GST bill soon come into existence.
- But till **2010** there was no tangible outcome and GST did not take off.
- In **2013** – 15th Loksabha dissolved and GST bill lapsed.
- In **2014** the new NDA Government with few additional modification and amendments the bill was reintroduced in Loksabha.
- In **2014** Loksabha passed the GST bill.
- Subsequently in **2015** Rajyasabha cleared the bill through the 22nd constitutional amendment the historical Goods and Service Tax (GST) came into existence.
- And on **July 2017**, it was implemented across the country.

GST is divided into three categories:

1. **CGST** - Central Goods And Service Tax.
2. **IGST** - Integrated GST.
3. **SGST** - State GST.

CGST -Tax levied by the centre on the goods and service distributed by the state.

SGST -Tax levied by the state for the distribution of goods within the state.

IGST -Tax on interstate supply of goods. Consolidating Central and State levies and achieving uniform taxation was the aim of GST.

GST COUNCIL: GST council is constituted by the participation of all states Central Finance Minister is the chairman and all state finance/revenue ministers are the members of the council Three fourth (3/4) majority of members required to pass any amendment in the council.

WHAT INDUSTRY GOT: Industry welcomes GST for harmonizing taxes, elimination of cascading effect of tax, widening the scope of input tax, credit and for achieving an uniform tax rate for a product or service across the country. Under GST a supplier can supply goods from any part of India, and tax or input tax credit is no longer an arbitrage in competition. The customer is now in a position to source from any supplier and the latter is in a position to market across India.

THE LAW : Gst Law has turned out to be the most complex one on account of design faults and frequent tinkering. The distinction between goods and service manifests itself in GST multiple segments.

INITIALLY REGISTERED GST: Manufactures and distributors faced lot of glitches while filing the GST returns on the stipulated time frame. Many times GST Portal was unable to be accessed – frequent changes in law, where the portal does not permit what the law permits. Over crowded server often strike to work which delays the whole procedures.

However, gradually GST filing is getting smoother and also people are getting adapted to the changing scenario. GST collection has gone up considerably with the passage of time even during the pandemic. It crossed Rs 1 lakh crores which is a welcome sign and commensurate with conceptualised vision of the post GST era.

WHO SHOULD TAKE GST REGISTRATION: Threshold limit of 20 lakh turnover now raised to 40 lakh a year should register in GST portal whoever register, they get a **GSTN (Goods and Service Tax Network) No.**

For example – GST 32AAIFM9805B1ZK

1. No. **32** Indicate which state
2. Then followed by **10 digit PAN card** number.
3. **IZK** denotes kind of business.



ORAL HEALTH CARE IN DIABETES

Rtn. PP Dr. PK Thajuraj

Diabetes can affect the whole body — including the mouth. People with diabetes face a higher risk of oral health problem than normal.

Why diabetes people are more exposed to oral health problems?

High blood sugar is the link between diabetes and oral health problems. People with uncontrolled blood sugar are more likely to develop oral health problems. Since uncontrolled diabetes weakens white blood cells, which are the body's main defense against bacterial infections that can occur in the mouth, risk of getting oral diseases is high. Periodontitis is considered as sixth classic complication of diabetes mellitus.

What is the oral health problems associated with diabetes?

Dry mouth: Decrease of saliva flow as a result of uncontrolled diabetes. Which further lead to soreness, ulcers, infections and tooth decay.

Gum inflammation (gingivitis) and periodontitis: Another complication of diabetes is that it causes blood vessels to thicken. This slows the flow of nutrients to and waste products from body tissues, including the mouth. As a result, body loses its ability to fight infections. Since periodontal disease is a bacterial infection, people with uncontrolled diabetes might experience more frequent and more severe gum disease.

Loose tooth: Weakened gums are the reason for the early loosening of tooth.

Poor healing of oral tissues: People with uncontrolled diabetes do not heal quickly after oral surgery or other dental procedures.

Thrush: Fungal infection of the mouth and tongue are seen in people with diabetes who takes antibiotic frequently. The fungus thrives on the high glucose levels in the saliva of people with uncontrolled diabetes.

Burning mouth and/or tongue: This condition is caused by the presence of thrush.



How to prevent oral health problems of diabetic people?

- **Follow your doctor's advice** about diet and medication to keep your blood glucose levels as close to optimal levels as possible.
- **Thoroughly clean your teeth and gums** twice a day with toothpaste that contains fluoride.
- **Use dental floss or interdental cleaners** every day to clean between your teeth.
- **Visit your dentist regularly** at least twice a year for advice about proper home care, early intervention and regular preventive maintenance visits to keep your teeth and gums healthy.
- **Avoid having a dry mouth** – drink plenty of water and chew sugar-free gum to stimulate saliva production.
- **Don't smoke** – speak to your doctor for guidance and support.



സംഗീത യാത്രകളിലെ ചില അനുഭവങ്ങൾ ഭാഗം 2

സുകുമാരി നരേന്ദ്രമേനോൻ

മലേഷ്യയിലെ 'സെറമ്പാൻ' എന്ന പട്ടണത്തിൽ കച്ചേരി ഉണ്ടായിരുന്നു. വയലിനും, മൃദംഗവും അവിടെ നിന്ന് ഏറെ അകലെയുള്ള ക്യാലാലമ്പൂരിൽ നിന്നാണ് ഏർപ്പാട് ചെയ്തിരുന്നത്. ഏതോ അത്യാഹിതം കാരണം അവർക്കെത്താൻ കഴിഞ്ഞില്ല. ആ വിവരം സംഘാടകരെ അറിയിച്ചു കച്ചേരി ക്യാൻസൽ ചെയ്യണമെന്ന് അപേക്ഷിച്ചപ്പോൾ അവർ പറഞ്ഞു - "നാക കൊഞ്ചം തേടിപ്പാർത്തു ശൊല്ലറേൻ. കട്ടായമാ കച്ചേരി വേണം".

രണ്ട് മണിക്കൂറിനകം അവർ കാർ എടുത്തു പോയി വിദൂരമായ പട്ടണത്തിൽ നിന്ന് ഇന്ത്യക്കാരായ രണ്ട് ഉപകരണവാദകരെ കൂട്ടിക്കൊണ്ട് വന്നു. എന്ന് മാത്രമല്ല കച്ചേരി തുടങ്ങുവാൻ ഏറെ വൈകിയതിൽ ഒരു പരിഭവവും പ്രകടിപ്പിച്ചതുമില്ല.

കേന്ദ്ര സാംസ്കാരിക വകുപ്പിന്റെ സീനിയർ ഫെല്ലോഷിപ്പ്, കേരള സംഗീത നാടക അക്കാദമി അവാർഡ്, തുടങ്ങിയ പല പുരസ്കാരങ്ങളും എനിക്ക് ലഭിച്ചിട്ടുണ്ടെങ്കിലും എന്നെ ഏറെ സന്തോഷിപ്പിച്ചത് തമിഴ്നാട്ടിലുള്ള താംബരത്തിലെ ഒരു സംഗീതസഭ നൽകിയ "സുസ്വരസംഗീത" എന്ന ബഹുമതിമുദ്രയാണ്. ആ ചടങ്ങിൽ മുഖ്യാതിഥിയായി പുരസ്കാര ഫലകവും, തുകയും എനിക്ക് തന്നത് മഹാഗായകനായ മധുരെ സോമസുന്ദരം

(മധുരെ സോമു) ആയിരുന്നു. ആ ചടങ്ങിൽ വെച്ചു, ഞാൻ അദ്ദേഹത്തിന്റെ അതിപ്രശസ്തമായ

"മരുതമലൈ മാമണിയേ മുരുകച്ചാ " എന്ന ഗാനം പാടിക്കേട്ടാൽ കൊള്ളാമായിരുന്നു എന്ന് അഭ്യർത്ഥിച്ചു. പക്ഷവാദ്യങ്ങളൊന്നും ഇല്ലാതെ തന്നെ എഴുന്നേറ്റ് ഉച്ചഭാഷിണിയുടെ മുന്നിൽ നിന്ന് ആ ഗാനം അതിമനോഹരമായി അദ്ദേഹം ആലപിച്ചു. അതിനു ശേഷം ആണ് അദ്ദേഹം അവാർഡ് ദാനം ചെയ്തത്.

എന്റെ ആദ്യത്തെ ശബ്ദലേഖനത്തിന്റെ ആൽബം ഉണ്ടായതും ഒരു മധുരമായ സ്മരണയാണ്. മുംബെയിലുള്ള 'സാന്ദീപനി സാധനാലയ' എന്ന പേരുള്ള ശ്രീ ചിന്മയാനന്ദസ്വാമികളുടെ ആശ്രമത്തിൽ ഞാൻ കച്ചേരി നടത്തുകയായിരുന്നു. സദസ്യരിൽ മുൻപന്തിയിൽ ലോക വിഖ്യാതമായ 'അമർചിത്രകഥ' പരമ്പരയുടെ പ്രസാധകനായ ഹർഗോവിന്ദ് മിർച്ചന്ദാനി ഉണ്ടായിരുന്നു. കച്ചേരിക്ക് ശേഷം അദ്ദേഹം എന്നോട് അടുത്ത ദിവസം കാലത്ത് പ്രശസ്തമായ വെസ്റ്റൺ ഔട്ട്ഡോർ സ്റ്റുഡിയോ (Weston Outdoor Studio)വിൽ വെച്ചു ചില സ്തോത്രങ്ങളും ഭജനകളും റെക്കോർഡ് ചെയ്യണമെന്ന് ആവശ്യപ്പെട്ടു.

ചിന്മയാനന്ദസ്വാമികളുടെ പ്രമുഖ ശിഷ്യനായ ദയാനന്ദ സരസ്വതിയും അപ്രകാരം ചെയ്യണമെന്ന് എന്നോട് നിർദ്ദേശിച്ചു. പിറ്റേ ദിവസം വൈകുന്നേരത്തേക്ക് മടക്കയാത്രക്കുള്ള ടിക്കറ്റുകൾ ബുക്ക് ചെയ്തു കഴിഞ്ഞിരുന്നു. കാലത്ത് ഏഴ് മണിക്ക് തന്നെ റെക്കോർഡിങ്ങ് തുടങ്ങാമെന്നും വൈകുന്നേരം അവിടെ നിന്ന് നേരെ എയർപോർട്ടിലെത്തിക്കാമെന്നും

മിർച്ചന്ദാനി പറഞ്ഞു. അങ്ങനെയാണ് 'സ്തോത്രംസ് ആൻഡ് ഭജൻസ് ' (Sthothrams and Bhajans) എന്ന എന്റെ ആദ്യത്തെ കാസറ്റ് അമർനാഥ് കാസറ്റ് കമ്പനി പുറത്തിറക്കിയത്.

പിന്നീടത് സി ഡി (CD) ആക്കുകയും ചെയ്തു. ആ അപ്രതീക്ഷിതമായ അനുഭവം ഇപ്പോഴും മനസ്സിൽ ഇപ്പോഴും തുടിച്ചുനിൽക്കുന്നു.

തമിഴ്നാട്ടിൽ ആ ശബ്ദലേഖനത്തിന്റെ പ്രകാശനം കത്തിയവാർ രാജകുമാരികു നൽകിക്കൊണ്ട് ചിന്മയാനന്ദ സ്വാമിജി തന്നെ കോയമ്പത്തൂരി അദ്ദേഹത്തിന്റെ ഗീതാപ്രഭാഷണത്തിനു മുൻപായി നിർവ്വഹിക്കുകയുണ്ടായി.



ചെന്നൈയിലെ 'സംഗീത' എന്ന കമ്പനി എന്നോട് 'കേരളത്തിലെ നാടൻപാട്ടുകൾ' എന്ന ഒരു ആൽബം റെക്കോർഡ് ചെയ്യാൻ ആവശ്യപ്പെട്ടു. ഓരോ നാടൻ കലകളുടെയും പിൻപുറ വാദ്യങ്ങൾ വ്യത്യസ്തങ്ങളാണ്. അവരെയെല്ലാം ചെന്നൈയിലേക്ക് വിളിച്ചു വരുത്തുക എന്നത് കമ്പനിക്ക് എളുപ്പമായിരുന്നില്ല. തനത് വാദ്യ വിശേഷങ്ങളില്ലാതെ നാടൻപാട്ടുകൾ അവതരിപ്പിക്കുവാൻ എനിക്ക് മടിയുണ്ടായിരുന്നു. ഞാനും ഭർത്താവും ഡോ. ബാലമുരളികൃഷ്ണയെ വീട്ടിൽ ചെന്ന് കണ്ട് എന്താണ് വേണ്ടത് എന്ന് ചോദിച്ചു. മറുപടി ഒന്നും പറയാതെ അൽമറയിൽ നിന്ന് അദ്ദേഹം പാടിയ ഒരു കാസറ്റ് എടുത്ത് സ്റ്റീരിയോ വിലിട്ട് ഞങ്ങളെ കേൾപ്പിച്ചു. ആ കാസറ്റ് തെലുങ്കിലെ നാടൻഗാനങ്ങളുടെ ശേഖരമായിരുന്നു. അതിൽ പല വാദ്യങ്ങളും ഉപയോഗിച്ചതായി കണ്ടു. എന്നാൽ ആ വാദ്യവാദനത്തിൽ നാടൻ വാദ്യങ്ങളുടെ സ്വഭാവം വരുത്തിയതായും കണ്ടു. അദ്ദേഹം പറഞ്ഞു. - "ഇപ്പോൾ സ്റ്റുഡിയോകളിൽ നിങ്ങളുടെ ഇടയ്ക്ക യുടെ ശബ്ദം പോലും വരുത്തുവാനുള്ള നവീന സാങ്കേതികവിദ്യയുണ്ട്. ചെണ്ടയുടെയും, പറയുടെയും, കുറുകുഴലിന്റെയും ശബ്ദം വരുത്താൻ സാധിക്കും. ഏത് തരം ശബ്ദമാണ് വരുത്തേണ്ടതെന്നു കീബോർഡും മറ്റും വായിക്കുന്നവരോട് പറഞ്ഞു കൊടുത്താൽ മതി. ഒട്ടും മടിക്കാതെ പാടിക്കൊള്ളൂ ". ആ കാസറ്റ് എന്റെ ശബ്ദലേഖനങ്ങളിൽ ഏറ്റവും കൂടുതൽ വിറ്റഴിഞ്ഞ ഒന്നായിരുന്നു എന്ന് എനിക്ക് കിട്ടിയ റോയൽറ്റി (Royalty)യിൽ നിന്ന് മനസ്സിലായി.

ഡോ. ബാലമുരളികൃഷ്ണയെ സി. എസ്. എൻ. സംഗീതോത്സവത്തിന്റെ കെ. പി. എസ്. മേനോൻ അവർഡിന് ക്ഷണിക്കുവാൻ, ഞാനും, ഭർത്താവും, ഇപ്പോഴത്തെ റോട്ടറി ക്ലബ് പ്രസിഡന്റ് ശ്രീ ചിത്രേഷ് നായരും കൂടി ചെന്നൈ യിലെ അദ്ദേഹത്തിന്റെ വീട്ടിൽ പോയി. അദ്ദേഹവുമായി സംസാരിച്ചു കൊണ്ടിരിക്കുന്നതിനിടയിൽ പ്രശസ്തയായ

ഒരു ഹിന്ദുസ്ഥാനി ഗായിക എന്നെ ഫോണിൽ വിളിച്ചു. അവർ കർണാടക സംഗീത രീതിയിൽ ഒരു രാഗം മൂളി. അതിന്റെ പേരെന്താണെന്ന് ചോദിച്ചു. സംഗീത സാർവ്വഭൗമനായ ഡോ. ബാലമുരളികൃഷ്ണയുടെ മുന്നിലാണ് ഇപ്പോൾ ഞാൻ ഇരിക്കുന്നതെന്നും അദ്ദേഹത്തിനോട് ചോദിക്കാനുള്ള അവസരമാണിതെന്നും പറഞ്ഞ് ഞാൻ ഫോൺ അദ്ദേഹത്തിന്റെ കയ്യിൽ കൊടുത്തു. ഹിന്ദുസ്ഥാനി ഗായികക്ക് അത്ഭുതം അടക്കാനായില്ല. ഫോണിലൂടെ അവർ ആ രാഗം അദ്ദേഹത്തെ കേൾപ്പിച്ചു. ബാല മുരളികൃഷ്ണക്കു പെട്ടെന്നു ആ രാഗത്തിന്റെ പേർ ഓർമ്മ വന്നില്ലെന്നു തോന്നുന്നു. ഫോൺ കയ്യിൽ പിടിച്ചുകൊണ്ട് അദ്ദേഹം ആ രാഗം ഒരു മിനിറ്റ് നേരം ഒന്നാലപിച്ചു. എന്താണ് രാഗത്തിന്റെ പേര്? എന്നെന്നോട് ചോദിച്ചു. ഹസാനന്ദി ആയിരുന്നു ആ രാഗം. ഞാനതു പറഞ്ഞു. അത് ഫോണിലൂടെ ആ ഗായികയോട് അദ്ദേഹവും പറഞ്ഞുകൊടുത്തു. ഉത്തരേന്ത്യയിലെ മഹാഗായകരെ പ്പോലും വിസ്മയിപ്പിച്ച ആ മനീഷ്ക്ക് ഒരു സംഗതി ചെറിയ തോതിലെങ്കിലും ഓർമ്മപ്പെടുത്താൻ സാധിച്ചതിൽ എത്രയോ ജൂനിയറായ എനിക്ക് അതീവ സന്തോഷം തോന്നി.

സംഗീതം എനിക്ക് നൽകിയ ചാരിതാർത്ഥ്യങ്ങൾ പറഞ്ഞാൽ തീരില്ല. എന്റെ കഴിവേ അല്പ. ഈശ്വരാനുഗ്രഹവും ഗുരുഭൂതന്മാരുടെ വാത്സല്യവും മാത്രമാണ് ആ സൗഭാഗ്യങ്ങളുടെ ആധാരശ്രുതി എന്ന് ഞാൻ വിശ്വസിക്കുന്നു.

സംഗീതത്തെ സ്നേഹിക്കുകയും ശാസ്ത്രീയ സംഗീതം പ്രാമാണികമായി അഭ്യസിക്കുകയും ചെയ്യുന്ന ഒരു വ്യക്തി, ശ്രീ ചിത്രേഷ് നായർ ഒറ്റപ്പാലം റോട്ടറി ക്ലബ് പ്രസിഡന്റ് ആവുകയാണ്. അദ്ദേഹത്തിന് എല്ലാ ആശംസകളും നേർന്നുകൊള്ളുന്നു.



Rtn. PP TN Kutty

NOSTALGIA: OTTAPALAM ROTARY

After my return from abroad I settled in my newly built house in year 1988 in Manissery. I made contact with Rtn. Gopinathan, a Chartered Accountant ,who was my neighbour, and I knew well his family also. He introduced me to Rotary and joined Rotary in the year 1989.

Present IMA Hall was Rotary hall and meeting used to be conducted there. The premise belonged to Late Rtn. Capt. Rajan who was living next door. As Rotary cannot own any immovable property a private company was formed to purchase the building and land and Capt. Rajan was managing, who is also the charter president of this club. Members were requested to buy shares and I was one of the Share holders. Later on, because of some problem IMA purchased the property and share holders were paid back the invested money and the company was dissolved. At that time Mrs. Nirmala Ram Mohan's magnanimous offer of 10 cents of land was timely, free of cost, for constructing Rotary hall.

At that time Rotary Trust was formed and I was the first secretary. I had to take initiative to register the Land in Trust's name. Then came construction of building for which interest free loan of minimum Rs. 10,000 was requested to members . Many including me contributed and some offered much more than the said amount. Long cherished building came into being and started meetings in our own prestigious hall. Now we are enjoying the fruitful hard work of some of our members, the present calm, beautiful and attractive hall.

I was the secretary in the year 1992 and Parappil Achutha Menon was President with only 15 members at that time. I took over as President in 1995 with Rtn. Ram Mohan as secretary and we could do some Humanitarian projects with the limited resources available. Membership was increased to 23, when handed over to next president.

We have come a long way and proud to see the membership growing to 60 plus right now.

I wish new president and office bears all success and our club can fly high and set an example to the whole region. Good Luck!





Reshmi Baiju

Recipe of the month

Ullitheeyal (ഉള്ളിത്തീയൽ)

Ingredients:

- Shallots -500gm(1/2 sliced)
- Coconut oil -50ml
- Curry leaves -few
- Green chilli-3
- Mustard -2 teaspoon
- Dry red chilli - 2
- Salt to taste
- jaggery -20gm
- Tamarind soaked in water -lemon size

For the paste

- Grated coconut -1/2 coconut
- Fenugreek seeds-5gm
- Black pepper corns -10 gm
- Shallots-5
- Coriander powder-25gm
- Red chilli powder -20gm



Preparation

In a kadai add fenugreek, black pepper, shallots slow roast for a minute add grated coconut slow roast till golden brown, stir constantly, switch of the flame and add Coriander powder and red chilli powder and mix well, grind to a fine paste with out any water. keep it aside.

Heat coconut oil in a pot temper mustard, red chillies add the shallots, green chillies and curry leaves saute till shallots wilted. Add the tamarind water, add roasted coconut paste, jaggery, salt and enough water to bring to boil till the curry thick consistency. check seasoning....

Serve with chappathi or boiled rice.

Reshmi Baiju



Rtn. Ramachandran K



Puzzle of the month

(send your answers to cio.rotaryotp@gmail.com)

DICE PINTOS MOO:

Anagram: The term for breaking down the project and deliverables into small and smaller work components to create the work breakdown structure.



Last Month (Jul-2021) Puzzle:

TWO x TWO = THREE

Each letter stands for one and only one digit, and no digit is represented by more than one letter. Can you work out what digits the letters in the above multiplication stand for, so that the identity above is actually correct?

Answer: **138 x 138 = 19044**

Unique values for each alphabet is given as: E=4, H=9, O=8, R=0, T=1, W=3, Therefore TWO=138, THREE=19044, TWOXTWO= 138X138= 19044 = THREE

Winners: *No response from readers*

LOGOPHILE

A lover of words

Word of the month:

Progenitor -- a direct ancestor; forefather..

POLIO GLOBAL ERADICATION INITIATIVE



Polio as of 29 June 2021

Summary of new WPV and cVDPV viruses this week (AFP cases and ES positives):

- **Nigeria:** ten cVDPV2 cases and four cVDPV2 positive environmental samples
- **Egypt:** one cVDPV2 positive environmental sample

<https://polioeradication.org/polio-today/polio-now/this-week/#:~:text=There%20is%20one%20case%20reported%20in%202021..,2021%20cases%20remains%20at%20eight.>



Rtn. Ramachandran K



Did You Know 2021 Will Be The Shortest Year In Decades? Here's Why

As we witnessed, 2020 was way shorter than the previous years, although it might not have felt that way owing to the persisting bad news, and the COVID-19 pandemic. But it was a very short year. But did you know 2021 will be even shorter, in fact, the shortest year in decades? Let's find out why!

Earth is rotating on its axis faster than it has in a half-century, implying that each day on the planet is now shorter than 24 hours. The speed of the Earth's rotation is affected by a number of factors, including the motion of its molten core, oceans, and atmosphere. Making this startling revelation, scientists said that the Earth's rotation is faster than normal. The year 2020 included 28 shortest days since 1960, and 2021 is predicted to be even the shortest year in decades.

As such the average day in 2021 is expected to be 0.05ms (milliseconds) shorter than the 86,400 seconds that usually make up a 24-hour period, according to scientists. Scientists at the International Earth Rotation and Reference Systems Service (IERS) can calculate when this event occurs by measuring the precise moment a star passes a certain location in the sky each day.

They express this measurement as Universal Time, then compare it to Atomic Time, a time scale calculated by ultra-precise atomic clocks. That comparison can show how much the Earth's rotation speed is deviating from the norm.

Should the Earth's rotation get out of sync with atomic clocks, a leap second can be added or subtracted to ensure they remain aligned.

What is a leap second?

Leap seconds refer to adjustment of time, similar to leap years. The National Institute of Standards and Technology (NIST) describes a leap second as a second that is added to Coordinated Universal Time (UTC) in order to keep it synchronized with astronomical time.

UTC is an atomic time scale, based on the performance of atomic clocks that are more stable than the Earth's rotational rate. Moreover, it is based on the rotation of Earth, which is irregular. Leap seconds have always occurred at the end of December or the end of June.

The year 2020 turned the world on its head but anyone hoping for respite in 2021 may have to think again. At least according to predictions made by blind Bulgarian mystic Baba Vanga.

Source:

[Did You Know 2021 Will Be The Shortest Year In Decades? Here's Why \(parhlo.com\)](http://parhlo.com)

Happy Anniversary!



Rtn. Prakash Palliyalil & Rtne. Raghi Prakash(4-Sep)



Rtn. Lt. Col. Sreelatha Rajeev & Rtne. Rajeev K(5-Sep)



Rtn. Peethambaran P K & Rtne. Uma Peethambaran(6-Sep)



Rtn. Dr. K.S.Menon & Rtne. Pushpa Menon (6-Sep)

Happy Anniversary!



**Rtn. Adv. Sreeraj & Rtne. Anila
(6-Sep)**



**Rtn. Ravindran Nair & Rtne. Sobha Nair
(7-Sep)**



**Rtn. KNS Narayanan & Rtne. Punneri
Madam Valsala (10-Sep)**



**Rtn. Manoj B Nair & Rtne. Ranjini Manoj
(12-Sep)**

Robots to provide food and medicine in Assam hospital



Guwahati: For providing food and medicine to the patients, two robots were handed over to Assam medical and college (AMCH) in Dibrugarh.

Chief Minister Sarbananda Sonowal handed over two robots to Principal AMCH Dr. Sanjib Kakati as a part of the COVID-19 infrastructure equipment grant sponsored by Rotary Foundation of Rotary International, Rotary Club of Dibrugarh and Rotary Club of Dhaka Royal, Bangladesh under the support of Global Grant at a function held at John Berry White Audit Auditorium at AMCH, Dibrugarh.

The robots are remotely Controllable Robotic Vehicle that are designed for delivering foods, medicines and other necessary goods to the COVID 19 patients as well as patients with other extremely contagious disease inside the isolation chambers of the quarantine

facilities.

Sonowal thanked co-founder Arunjoyoti Borgohain Yantrabot Technologies Pvt Limited for designing the robot. Speaking about the countrywide inoculation drive of COVID-19 that started on Saturday nationally, Sonowal hailed all the frontline warriors and health workers for dealing with the COVID 19 pandemic with conviction and valour. He also thanked the various departments and organisations for relentlessly contributing towards fighting against the pandemic.

Sonowal also stressed upon Prime Minister Narendra Modi's "Atmanirbhar Bharat Abhiyan and the resultant initiatives in the field of science and technology that made tremendous contribution towards tackling the pandemic. He further added that the YANTRABOT robots will have a huge role in rendering care to the patients in the hospitals.

He also appreciated Rotary's service to mankind and requested the members of the organization to use Sports, Culture and Education as tools to bolster human development.

Jan-2021 Source:

<https://economictimes.indiatimes.com/news/politics-and-nation/robots-to-provide-food-and-medicine-in-assam-hospital/articleshow/80318867.cms>

Honouring Paul Harris and enhancing Rotary's public image



RID 3090 PDG Bagh Singh Pannu (third from R) and RID 3040 DG Gajendra Narang (4th from L) at the installation of Paul Harris bust by RC Sehore.

“Our 1.2 million-member organisation started with the vision of one man — Paul P Harris and in his honour we have installed his bust at nine Rotary buildings in our district,” said DG Gajendra Narang, RID 3040.

With the help of PDG Bagh Singh Pannu of RID 3090 the busts were sourced and transported to Indore, Mandasaur, Neemuch, Jhabua, Khandwa, Sonkatch, Sehore, Bhopal and Chhindwara where they were installed by the clubs in their Rotary Halls.

In 2017, when he was the governor, with the objective to promote Rotary's public image in RID 3090, Pannu initiated installation of the bust of the Rotary founder in 20 clubs in the district which have their own community halls. The bust is sculpted out of black metal, said Pannu.

Inspired by him, DG Narang is also urging the clubs in the district to carry on this initiative to strengthen the public image of Rotary.

Jun-2021 Source:

<https://economictimes.indiatimes.com/news/politics-and-nation/robots-to-provide-food-and-medicine-in-assam-hospital/articleshow/80318867.cms>

RC Madras donates equipment worth Rs.1.1 crore for Covid vaccination

As part of its support initiatives for the Tamil Nadu government's ongoing Covid vaccination programme, after being chosen as the nodal club in this endeavour, RC Madras, RID 3232, donated a slew of cold chain logistic facilities worth \$150,000 (over ₹1.1 crore) to the State Department of Public Health and Hygiene.

The facilities include two 14-foot-long refrigerated trucks with a total capacity to transport 44 lakh doses from the central vaccine storage facility to the zonal vaccine stores; two 8-foot refrigerated trucks that can transport 20 lakh doses from the zonal stores to the district stores; 15 ice-lined refrigerators that can store 10 lakh doses of vaccines in the district stores; five deep freezers; and 1,000 vaccine carriers (box type) that can be used to vaccinate up to 30 lakh people each time.



RIDE A S Venkatesh presented the keys of the cold chain facilities to the TN health secretary J Radhakrishnan in the presence of state public health director Dr T S Selvavinayagam, club president Kapil Chitale, secretary P B Prasad, project chair Dr Gautamadas Udipi, co-chair A M Vishwanathan, special projects director S Balakrishna and medical officials. The hand-over ceremony was held at the Government Multi Super Speciality Hospital, Omandurar Estate. June-2021-Source: <https://rotarynewsonline.org/rc-madras-donates-equipment-worth-rs-1-1-crore-for-covid-vaccination/>

CALENDAR: Aug 2021



Google Meet

- Thu, 5-Aug - Weekly Meeting*
- Thu, 12-Aug - Weekly Meeting*
- Sat, 14-Aug - Board Meeting*
- Sun, 15-Aug - Independence Day**
- Thu, 19-Aug - Weekly Meeting*
- Sun, 22-Aug - ONAM**
- Thu, 26-Aug - Weekly Meeting*
- Sat, 28-Aug - Family Meeting**

- *subject to Covid-19 status*

We meet on every Thursday 7:30 pm at CRR Hall, Manisseri
www.rotaryclubofottapalam.org

Celebrate Membership Month

**Each One...
Bring One...**



Inspire others to
Join Rotary

Shekhar Mehta

Shekhar Mehta

President, Rotary International