



VIJAYACHAKRA ವಿಜಯಚಕ್ರ



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SPOKE 3

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33rd Installation of Rotaract Bangalore



33rd Installation of Rotaract Bangalore Vijayanagar was held at Hotel Grand Regency

on 5th September 2021 in the presence of President of RBV

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Installation of Interact Club of Bangalore Vijayanagar



Installation of Interact Club of Bangalore Vijayanagar was held at Hotel Grand Regency

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Graduation day and Women Empowerment Program at RNVTC



Graduation day and Women Empowerment Program at RNVTC was attended by District

Vocational Services Director Rtn Arun Belur and PDG Rtn Madhura Chatrapathy.

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Significance of 9 to Mankind - Speaker Meet



Rtn. Purushottam Gururaj presented on the topic "Significance of 9 to Mankind" during a speaker meet. It was

a painstakingly researched presentation.

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"Maintenance of Four Wheeler - Speaker Meet



"Maintenance of Four Wheeler" was the topic on which our Rtn. Dhiren Mehta spoke providing insight on key

aspects based on his immense experience.

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From President's Desk



Greetings to Change Maker RBVians

It has been an eventful September with club activities picking up with an upbeat mood as the covid situation also has been in control.

Two important events signified revival of sorts. The 33rd installation of Rotaract Bangalore Vijayanagar and Vijayanagar Rotary Interact club. Installations happened at a glittering function at Grand Regency Hotel. My congratulations to the Rtn. Hiremath S, Youth Services Director for making this happen.

On the club services front there have been regular activities and it has been a revelation listening to our own Rtn. P Gururaj and Rtn. Dhiren Mehta at the speaker meets. Meetings have been lined up for the coming weeks too.

It was my pleasure to participate in the "Thanksgiving Night" hosted by our IPP Rtn. Lingaraju M and it was an opportunity to interact with the families on this occasion.

Graduation day & Women Empowerment Program of RNVTC was attended and addressed by PDG Madhura Chatrapathy and District Vocational Services Director Rtn. Arun Belur. The program was well attended by 75 women and 20 Rotarians.

As we head into the festival season, more projects are in the anvil and I seek your active participation while not forgetting the call of our RI President "Each One Get One" to add up new members. Signing off with greetings on the Festive occasion.

Rtn. Mehul Shah
President 2021-22

Down the Memory Lane

KREEDA KOOTA 2016-17 Inter School Sports Meet for Govt. & Aided Schools

In the year 2016-17 under my presidency an idea mooted up to have an inter school athletics tournament. This was an idea our PP Nanjunda Poojari had from some time.



We decided to make it a reality. We named the event KREEDA KOOTA and decided to have it for Government school children. BDO gave a suggestion to have it for a cluster. A cluster consists of around 48 Government & aided schools.



We decided to have the newest Rtn K.M. Vivekananda as the chairman and were well supported with experienced Rotarians like PP Rtn Nanjunda Poojary, Rtn Ravindra CB then IPP, Rtn Umesh P then Treasurer, Rtn Shashi Mouli & old Rotaract friend Suresh, Rtn Nagendra, Rtn Suresh, Rotaractors & Inner Wheelers. In the beginning it was a real challenge.



We approached the schools where we had interact and requested their PT teachers to help us with the planning and support. But one PT teacher came out with a suggestion. He said if all PT teachers of different schools come together suddenly we will not be able to organize the event successfully as the method of organizing will be different and will have logistical issues & he suggested that we approach the Physical Education Department for the support. That is when we got the best support in terms of manpower & logistics for the sports meet from the Director Physical Education Department, Bangalore University. He sent a good bunch of his students to officiate in this wonderful event.



We fixed a date & the ground chosen was our Vijayana-gar New Public Grounds called then. Now it has become Sri Balagangadharnatha Swamiji stadium. This is when all the Rotarians, Rotaractors, Innerwheelers came together and made this event a grand success in the first year itself. Around 700 students participated on both days.

Event started with flame taking out from Sankashtahara Ganesha temple at RPC layout to the venue.





The event was inaugurated by the current DG Fazal Mahmood by receiving the flames and flagging of the event



Day 1 we had individual & track events.

- *All Running races
- Javalin throw
- Shotput
- Disc throw etc.

Prize distribution was done in the evening for the events held on day 1

Day 2 we had team events

- Throwball
- Kho Kho
- Kabadi
- Volleyball

Prize distribution was done in the evening for the events held on day 2. This was a time when all children enjoyed singing & dancing. It was a time for celebrations. Everyone present at the venue enjoyed it.



PP Rtn Hemanth Bekal
President 2016-17

FROM EDITOR'S DESK



Two significant events stand-out as the highlight amongst the various activities that has been covered in this edition of Vijayachakra. The 33rd installation of Rotaract Bangalore Vijayanagar and Vijayanagar Rotary Interact club. It

marked a revival of sorts. Installations happened at an impressive gathering at Grand Regency Hotel. Rtn. Hiremath S, Youth Services Director deserves all the appreciation for this effort.

In the weekly meetings it was a discovery of sorts listening to our members making impressive presentations showcasing their depth of knowledge on the topic which they presented. Rtn. P Gururaj spoke on "Significance of 9 to making" which was based on a in-depth research on the topic and was comprehensive in its approach. Similarly Rtn. Dhiren Mehta who spoke on " Maintenance of 4 wheeler" showed his on the ground experience in providing useful tips on the subject. It is a nice feeling to have such talents in our midst.

Graduation day & Women Empowerment Program was organized at RNVTC. It was well attended by 75 women and 20 Rotarians with PDG Madhura Chatrapathy being the Chief Guest and District Vocational Services Director Rtn. Arun Belur was the special invitee. 95 Trainees who had completed 6 months tailoring skill training and 3 months of computer training in office managemet, Tally, ERP & GST skills were awarded certificates. Chief Guest was highly impressed with the effort.

Our Youth Service Director Rtn. Shashi Mouli donated a Wheel Chair to Mr. Ravindra affected with traumatic spinal cord injury and deserves an appreciation. In continuation with the earlier Vaccination Drive, another one was organized at Grand Regency Hotel benefitting 70 beneficiaries. IPP hosted his Thanksgiving Night during which is faliciated his board and other members for their support during his tenure and it was a good gathering of members with their family.

PP Rtn. Hemanth Bekal looking back " Down the Memory Lane" captures the genesis and execution of the Flagship of RBV " KREEDA KOOTA"

Rtn. Nandagopal K
Editor

33rd Installation of Rotaract Bangalore Vijayanagar



President - **Rtr. Mayank Dugar**
 Vice President - **Rtr. Vineeth A Meda**
 Secretary - **Rtr. Nishi Bid**
 Joint Secretary - **Rtr. Rishab Ranka**
 Treasurer - **Rtr. Akshay Kunar**
 Joint Treasurer - **Rtr. Aditya Kothari**
 Sergeant at Arms - **Rtr. Pawan B N**
 Club Service Director - **Rtr. Karan sai**



Community Service Director - **Rtr. Shreyas Ramesh**
 Professional Development Director - **Rtr. Rohith Borana**
 International Service Director - **Rtr. Hitaishi Anand**
 Project Chair - **PP Rtr. Karan Dalal**
 Advisor - **PDRR Rtn Rtr. Kiran raj**
 Advisor - **PDRR Rtn Rtr. Shashi Kumar**



Charter Member - **Rtr. Shamanth Krishnamurty**
 Charter Member - **Rtr. Mahendra Singh**
 Charter Member - **Rtr. Pradeep Gowda**



Venue : Grand Regency Hotel Rajajinagar

Vijayanagar Rotary Interact Club

Team of Vijayanagar Rotary Interact Club was installed at a glittering ceremony at Grand Regency Hotel on 5th September by Rtn. Mehul Shah, President RBV in the presence of Guests of Honor Mr. Yerriswamy Police Inspector, Basaveshwaranagar and PP Rtn. P Umesh - Distirct Interact Committee Chair. The function was able executed by Rtn. Hiremath S - Youth Service Director



1. **Krishna** - President
2. **Manisha** - Vice President
3. **Samith Patil** - Secretary
4. **Vybhavi** - Treasurer
5. **Trishul Swamy**
- Community Service Director
6. **Aishwarya** - Youth Service Director
7. **Sahana (myself)** - Bulletin Director
8. **Harika** - Pulse Polio Chairman
9. **Disha** - Events And Competition Director
10. **Yashashwini** - Co.Public Image Director
11. **Abhijna**
- Environment And Green Project Director
12. **Saniya Patil** - Fund Raising Director
13. **Rakesh** - Public Image Directory
14. **Harini** - Co.Polio
15. **Thribhuvan** - Co.Environment
16. **Sai Shreekar** - Sports Director.



Vijayanagar Rotary Interact Club



Graduation Day & Women Empowerment Program at RNVTC

Rotary Nele Vocational Training Center (RNVTC) celebrated Graduation Day on 28 Aug 2021. The occasion was to award certificates to all trainees who had completed 6 months tailoring skill training and 3 months of computer training in Office Management, Tally ERP & GST skills. In all a total of 95 trainees were awarded certificates having successfully completed their respective courses. The number of successful trainees in tailoring were 30, in Computer Office Management were 30 and in Tally ERP GST 35, a total of 95. Since inception 15 years ago, the center has served women in LAGGERE SLUMS benefiting 2358 in tailoring skills, 729 in office management & 47 in Tally ERP GST. The program was attended and addressed by District Vocational Services Director Rtn Arun Belur. PDG Rtn Madhura Chatrapathy was Chief Guest. PDG Madhura an entrepreneur herself comes from a modest background and no opportunity for initial formal schooling achieved enormous success as industry leader in custom food ingredients. She achieved great success in empowering entrepreneurship among women and shared her rich experience with women trainees of our Vocational Training Center. Program was well attended by 75 women and 20 Rotarians and 10 guests.

After Graduation Day function, Mahila Samavesha, a women empowerment program for women trainees of RNVTC followed for full day. There were sessions and discussions on opportunities for women to supplement family income by taking up small activities during their free time without disturbing any of their family responsibilities and routine. A session on family values from external faculty followed. Post lunch, a video on service activities. Q&A session, feedback, summing up and valedictory followed.

PP Rtn D Shivakumar

THIS IMPRESSION OF PDG MADHURA CHATRAPATHY

“PP Shivakumar, It was a wonderful opportunity that your Club provided me to witness an extraordinary project of Rotary Vijayanagar's Vocational Training Centre for supporting needy girls at Nele. Especially training in Computer - Tally & GST and Tailoring. Beyond training in tailoring, providing tailoring machines to training is truly laudable. Nele Foundation is worthy of all the support. I must thank you for coordination and support. Madhura Chatrapathy”



Speaker meet - Significance of NINE to Mankind - Rtn. P Gururaj



On 1st September, a speaker meeting was organized at Vijayangar Club on the topic "Significance of Nine to ManKind A collection of facts" which was presented by our own Rtn Purushotham Gururaj.

It was a comprehensive presentation which tried to explain What is there in number NINE ? and gave specific examples on how Number NINE has a special status to ManKind over all other numbers.

Number NINE gains its importance which dates back to over 5000 years. Every major religion in this world – Hindus, Buddhists, Sikhs, Jains, Chinese, Christians, Muslims all have kept utmost faith in Number NINE. Nine is the largest single digit number Nine represents

WISDOM, COMPLETION, ENERGY as per Numerology



He explained in depth Significance of NINE in Hinduism. Some of them were :

The Bhagavad Gita – the sacred book for Hindus has 18 Chapters. Sri Kurukshetra War: lasted for 18 days Kurukshetra War Formations was fought with 18 different formations - Nava Dwara. Puranas depict that Vaikunta has NINE doors.. Vishnusahasranamam has 108 verses -

An Healthy Adult Breathes (basis of LIFE) - average $108 \times 100 = 10800$ times (Derives to NINE) during Sunshine and Moonshine period. - Total will be $10800 + 10800 = 21600$ breaths, related to Hamsa Mantra ($2+1+6+0+0=9$)

Moon Drifts 10% of 108 – moves towards Earth - Earth starts to Wobble High Tides during Full Moon and New Moon days For LIFE Moon should follow the Ratio of 108 Sun has to follow the Ratio of 108 It is the NUMBER OF NATURE. The number NINE never diminishes, changes and never transforms to another form. (The product of any number with 9 adds back to 9).

Chindambara Rahasya : The Chidambaram Temple in Tamil Nadu of Lord Nataraja is a great example of how important and significant number NINE. The complete construction of the temple at every part represents the human body. The temple has NINE Dwaras based on NINE entrance or Openings of a Human Body. The temple roof is made of 21600 gold sheets is derived considering the below formula $15 \times 60 \times 24 = 21600$, denotes the average number of breaths a human being takes every day adding to 9. 21600 gold sheets are fixed on the Gopuram using 72000 gold nails representing the total number of Nadis (Nerves) in a human body. The Gopuram is studded with NINE Kalashas represents the NINE Shakthi.

Significance of NINE in Pure Science

All precious metals such as Platinum, Gold, Silver are measured with Purity. This purity system is called 'Millesimal Fineness' – the metals are said to be 'ONE NINE FINE' meaning 900 fine OR 90% pure. The metals are also described as 99% pure – two NINE's or 999 pure – three NINE's. NINE is considered as Logarithmic Scale for Purity, This measure is used across Pure Science to identify the Purity of any process / metals / systems etc.,

The presentation also dwelled on the significance and importance of nine in other civilizations reflecting the depth of research and it was too short a time to do justice to the topic and scale of preparation. In all it was an exceptional presentation and RBV is proud to have Rtn. P Gururaj in our midst.

Speaker Meet - "Maintenance of Four Wheeler" - Rtn. Dhiren Mehta



On 15th September, a weekly meeting was held at Vijayanaagar club, which was addressed by our own Rotarian Dhiren Mehta. He spoke on the topic "Maintenance of Four Wheeler" in which he explained about the important aspects to be kept in mind for better maintenance of four wheelers by giving practical tips. He also patiently answered the queries raised by the members who were present in good numbers. Introduction of the speaker was done by Rtn. Prabhu Shankar. Rtn. Dhiren Mehta has been in this business since the last 3 decades and is now a part of the elite panel on Electric Vehicles.



Rtn. Mehta said he wanted to bring attention to some simple yet essential aspects which play an important role in the maintenance of the vehicle as buying a good vehicle alone does not guarantee performance. Using a good Lubricant results in reduction in maintenance cost of the vehicle. Since ours is a tropical climate periodical checks of Air filters is critical as lack of it could have an impact on mileage and fuel efficiency. He suggested a clean up Every 5000 kms.



Another important aspect ignored is the vehicle maintenance which has two categories such as periodical maintenance and Seasonal maintenance. Periodical maintenance included Filter cleaning, Oil change, Braking system checking and correction. Seasonal maintenance was to prepare the vehicle

keeping the season ahead in mind whether summer or winter.

Another important item which needed special attention was Tyres. Consumers fall for lower prices but end up paying more due to shorter lifespan of the tyres, so it is important to pay attention to quality as tyres despite being new sometimes could be already old due to storage for a longer time He advised not to drive above the speed rating to prevent tyre burst and it is mentioned in every tyre. Every tyre has a road rating such as speed rating, V rating and speed rating ranges from 140 to 270 so it is better to be aware of it and stick within the limit. Another simple trick is to Fill nitrogen to keep the tyres cooler. Tyre pressure should not be ignored as it affects everything be it speed, road grip and of course mileage.

It is important to check wheel alignment periodically to get the best out of good tyres. He added that Engine Oil too plays a critical role so it should be chosen carefully. He advised to idle the vehicle for at least two minutes to allow the electrical systems and the combustion system to get activated before accelerating the vehicle, every time while starting the vehicle in the morning or after a break. As the vehicles have become modern, they rely on Electrical systems for most of the functionalities hence battery check up is a must for electrical systems to deliver.

Looking ahead he agreed that there's a shift towards electrical vehicles. However factors like charging points, life of batteries, cost of batteries all remain issues but are being addressed. He saw good potential for hybrid vehicles in the interim. He hoped in this dynamic sector where change is constant there will be better vehicles in the coming years

Meeting ended with Rtn. Shashie Mouli providing the "lasting laugh". In all it was enlightening to listen to Rtn. Dhiren Mehta and it is a matter of pride for RBV to have such a domain expert in our midst.

VACCINATION DRIVE BY RBV JOINTLY WITH BBMP

A Vaccination Drive was organized by RBV jointly with BBMP at Grand Regency Hotel Rajajinagar on 17th September 2021 between 8.30 am and 2.30 am. Nearly 70 beneficiaries got benefit of the vaccination drive which was managed by Rotrators and Intractors apart from members of the club. Kudos to Rtn. Shashi Mouli and Rtn. Hiremath for spearheading this activity.



“THANKSGIVING NIGHT” BY IPP RTN. LINGARAJU M

As is the custom in RBV, Immediate Past President Rtn. Lingaraju M hosted a THANKSGIVING NIGHT on 28th August at Nisarga Hotel. He and along with Ann Padma facilitated all board members of the Rotary year 2020-21 and Past Presidents, Fellow Rotarians with memorable anecdotes from his tenure about each of them. Finally a cake was cut in celebration and all the Past Presidents presented a memento to him on the occasion and welcomed him to their club.

Speaking to Vijayachakra about the event IPP Rtn. Lingaraju said “ TEAM, TOGETHER EACH ACHIEVES MORE” . It has been demonstrated by RBV Once again. Won the match by Superb fielding and bowling though some difficult dropped catches and some missed run outs came in reckoning for the best clubs for membership of 50 Great Going RBV.”



Wheel Chair Project by RBV

Mr. Ravindra, 52 married male, lower socio economic status diagnosed with traumatic spinal cord injury, admitted in NIMHANS and his upper & lower limbs were affected thus making him immobile. Our Community Services Director Rtn. Shashie Mouli donated an armrest removable wheelchair to the needy and a gesture which certainly deserves applause.



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Hosa Belaku

Hosa Belaku - Lighting Lamp of Hope

R I President Rtn. Shekar Mehta has appealed to the members across the globe to be the Change makers inline with the theme of the year, 'Serve to Change Lives'. • This is a special, Dream Project of our District Governor Fazal Mahmood • Rotary Clubs of Bangalore, in association with Bangalore City Police proposes to adopt about 100 slums to change the lives of the underprivileged living in these slums in Namma Bengaluru • Provide need based service encompassing all the 7 focus areas of Rotary • Emphasis will be given to empowering girls

Director Special Projects – HOSA BELAKU - PP Rtn. B.K.Krishnamurthy, Rotary Bangalore Junction -
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Rotary Key result areas

1. Peace & Conflict Resolution

- Strengthening Peace in Local Area
- Supporting long term Peace Building

2. Disease Prevention and Treatment

- Enhancing the Health Infrastructure of Local Area
- Medical, ENT, Eye & Dental Check-up Camps
- Diabetes & Hypertension Screening
- Create awareness on Wellness
- Counselling on Emotional Wellness
- Kidney Care & Pediatric Heart Surgeries
- Providing Artificial Limbs

3. Water & Sanitation

- Create awareness on Water conservation & Rainwater Harvesting
- Providing Clean Drinking water
- Providing common Hand washing facility
- Providing common Toilet facilities

4. Maternal & Child Health

- Support Anganwadis
- Providing Pediatric medical camp
- Health awareness for Pregnant Women
- MHM (Menstrual Hygiene Management)
- Address malnutrition issues

5. Basic Education & Literacy

- Ensure children have access to Basic Education
- Support Child Development
- Provide Educational Scholarships
- Develop Happy School
- Provide Skill development
- Provide Basic English speaking skills
- Provide Employability & Entrepreneurship Skills
- Encourage Adult Literacy



6. Economic & Community Development

- Strengthening and developing local community, particularly Women
- Developing Opportunities for gainful employment among local youth
- Assist in Microfinance towards self employment
- Organize Job Mela

7. Environment

- Encourage Planting of trees
- Create awareness on waste management
- Create awareness on use of renewable energy
- Encourage ground water recharge
- Encourage Eco Friendly Practices liker Reduce, Reuse and Recycle of Plastic

Special Areas : Girl Empowerment

- Awareness on Mental health, Good touch & Bad touch
- Provide Self Defense techniques • Provide Skill development training
- MHM (Menstrual Hygiene Management) • Kishori Yojana