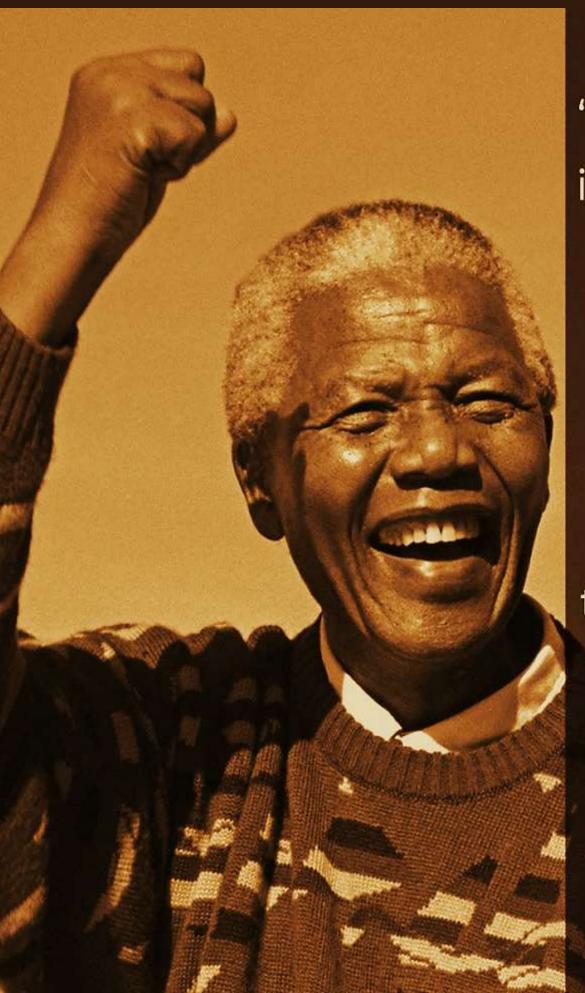
# **Ottapalam Rotary news**

Vol. XXXVI Issue # 3 A monthly bulletin of Rotary club of Ottapalam (RID 3201 - Club 22653) Sep 2021



"Education is the most powerful weapon we can use to change the world."

Nelson Mandela



This Ottapalam Rotary News (ORN) bulletin is the 3rd Dear Rotarians, September is a month of Basic education and literacy issue for the year 2021-22. for Rotary. Let us continue support the education sector through programs like RILM and other District The Bulletin also covers other activities of August 2021. We thank all those who are contributing to this Priority initiatives. bulletin. Please continue doing so. I would request all members to visit regularly the club website www.rotaryclubofottapalam.org, Club APP, District website www.rotary3201.com and RI website www.rotary.org . We have our presence on the Facebook and YouTube also. Please promote them. Rtn. Ramachandran Kunduthody Send your comments by email to cio.rotaryotp@gmail.com Thank you

Designed & edited by Rtn. Ramachandran K and published by Rtn. Chitresh Nair, President (2021-22), Rotary club of Ottapalam

### The Best Teachers Leach from the HEART, not from the BOOK HAPPY TEACHER'S DAY

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September

2021



editor's

desk

### Message from Rotary International



John P. Hewko General Secretary Chell Executive Officer 1 + 1647-506-0431 F + 1447-506-2100 John Newkodjintary.org

5 August 2021

To the Board of Directors of Rotary International

The 2021-22 Nominating Committee for President of Rotary International, having functioned in accordance with the bylaws of Rotary International, has indicated that it unanimously nominated:

#### GORDON R. MCINALLY

of the Rotary Club of

#### SOUTH QUEENSFERRY, LOTHIAN, SCOTLAND

for the office of President of Rotary International for the year 2023-24.

Sincerely,

John Hewko

cc: Trustees of The Rotary Foundation Directors-elect, RI Past Directors, RI

ONE ROTARY CENTER 1550 BRERMAN AVENUE EVANSION, ILLINOIS





Rtn. E.P. Chitresh Nair

Dear Rotarians, Anns and Annets

Greetings.

Every month is time for a fresh start . Month of August is a Festival Month. For Rotarians it is a month of adding new members. According to the RI President "Each One, Bring One".

Let Rotary become an organisation as a choice to join. Yes, we will reach a stage when people choose Rotary, let it be a fresh perspective of giving to Rotary. Rotary wants youths who can raise their abilities to the heights and platform to build and mold leaders for the future. Empowered youth can drive a nation towards success and prosperity. We celebrated Independence Day.

A cycle rally was conducted to make the public aware to fight against Covid-19. The rally was flagged off by renowned Movie Director Shri. Anil Radhakrishna Menon. We honoured our Retired defense personalities Rotarians in all services, and they are all kind enough to share their experiences which were interesting. This year we committed to a Signature Project, I thank the Project Committee for their sincere effort to identify the projects and decided to go for the Global Grant, the discussions for the same are going on and I expect a fruitful result by the end of this month.

The Guest Speaker session was encouraging. Hon. District Collector, Palakkad Miss. Mrunmayi Joshi IAS urged all Rotarians to join with the Government and District Administration for humanitarian projects. Zoom Onam Celebration was celebrated in a colourful manner.

I appreciate all Rotarians for their active participation and performances were professional. I congratulate Rtn. Vijayakumar and team reached Onam Kit on time to all Rotarians home and the service was commendable. My sincere thanks to the Secretary Rtn. Balu for excellent coordination. Our Bulletin Editor Rtn. Ramachandran always comes up with a wide range of topics in Magazine and Rotarians do enjoy his innovative ideas. Our Treasurer Rt. Kesavadas timely transferred RI and all other dues, his prompt work is appreciated.

"Abhivridhi 2021" a District Membership Seminar was held on Sunday 29th August 2021, the Chief Guest was IPRID Rtn. Kamal Sangvi, the seminar was informative and useful. Covid-19 dampened our enthusiasm and spirit, but it is the time to wake up and think differently. It is high time to show the public how Rotary equips in this time of crisis. Our ability to meet in person is limited now. Pandemic is behind us, a day will come to make our Service stronger.

I wish you all Happy Onam.

Ottapalam Rotary always stands for Love and Compassion.

Jai Rotary

**Rtn. E.P. Chitresh Nair** *President 2021-22 Rotary club of Ottapalam* 









### Secretary's Report - Aug 2021

Dear Rotary family members,

Rotary activities continue to be hindered by the Covid 19 pandemic for the eighteenth month in a row. August used to be a month of celebrations, Independence Day, Onam and Bakrid and also is designated as month of New Member addition. But one more August passed by, amidst virtual celebrations and attendance-restricted events.

We could hold four weekly meetings, one board meeting, one speaker meeting and one virtual Onam celebration all on virtual platform. The covid protective materials were given at Kerala Medical College Mangode by honorable MLA Adv Premkumar. The simple function was held in MCH lobby where the gloves, face shields for the use of front line covid workers.

Our Independence Day celebrations had three important segments. President Rtn Chitresh hoisted the national flag in front of Rotary Hall in presence of limited number of Rotarians. After flag hoisting and ceremonial flag salute, a bicycle rally was held from Rotary hall to Government Hospital. About twenty five rallyists holding Rotary Flags pedalled with a slogan "Fight Against Covid 19". The rally was flagged off by famous film director Sri Anil Radhakrishnan Menon. In a simple function Sri Anil applauded the good works being done by Rotary in our locality. Nine defence veterans among Rotarians were honoured in a magnificent function held thereafter. They spoke about their commendable service in defence forces. Their experience during defence service was very inspiring to all civilian Rotarians.

Onam was celebrated by Rotary family in a different way this year. Each and every family received delicious Palada Prathaman and chips delivered at their residences. The families, felt the magic of camaraderie at this time of physical distancing. The project was well executed a team of Rotarians under the leadership of President and Rtn Vijayakumar.

Onam virtual celebration on Zoom was another Rotary (0 Ottapalam Rotary News(ORN)



Rtn. V.A. Balu



occasion where all the family members experienced the exuberance of being together, though on a screen space. The celebration was inaugurated by most respected Hon Rtn P T Narendra Menon and was blessed by Smt Sukumari Narendra Menon. Our Assistant Governor Rtn Pradeep and GGR Rtn Dr Narayanan were the guests of honour. The upcoming musical genius Ms Vidya Unnikrishnan in her special appearance virtually stole the hearts of all participants by singing live a ragamalika song from film songs followed by a recorded version of a Carnatic composition. The Onam celebration was a sumptuous feast packed with songs, dance, skit, and a variety of cultural programs for two hours, presented by members of Rotary family.

Our second speaker session of the year was enriched by none other than Honorable Palakkad District Collector Mrunmai Joshi. She emphasised on her areas of focus for the development of Palakkad and urged Rotary to work hand in hand with Government. An informative session on EPLIMO was also organised on virtual platform.

Our club was well represented in the District Membership Development Seminar. During the month, we have finished the preliminary process of inducting seven new members.

Having gone through the toughest times after break out of ongoing pandemic, let us hope that we would surpass this phase soon. The projects and programs of club scheduled for the year are sure to go hassle free.

#### September is month of Basic Education and Literacy.

As usual, the latest edition of Ottapalam Rotary News has been designed beautifully by our Bulletin editor Rtn PP Ramachandran K. Congratulations to Editor and President Chitresh Nair for publishing such a bulletin of class.

Thank you VA Balu

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Vol. XXXVI Issue # 3 Sep-2021

### Activities – Women empowerment Aug 2021



A meeting with lady members were held at President's residence on Women empowerment (above and below)







### Aug 2021

A meeting with DRFC Rtn. Jaishankar was held at Kochi regarding Global Grant options



*Rtn. Baiju handing over the review and recommendation report on all projects submitted by members.* 









#### 15<sup>th</sup> Aug 2021 - Independence Day celebrations Flag hoisting at CRR Hall



Ottapalam Rotary News(ORN)





### Aug 2021

#### 15<sup>th</sup> Aug 2021 - Independence Day celebrations Honoring of all defense officers of RCO







### Aug 2021

#### 15<sup>th</sup> Aug 2021 - Independence Day celebrations Flagging off Cycle Rally from Rotary Hall















### Activities - Speaker Meeting

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### Aug 2021



Dear Rotarians A speaker meeting on the topic Genetic Profiling EPLIMO will be conducted on 19.08.2021 at 08:15 PM by Ms.Surya Babu Senior Genetic Counselor All are invited for this interesting session.













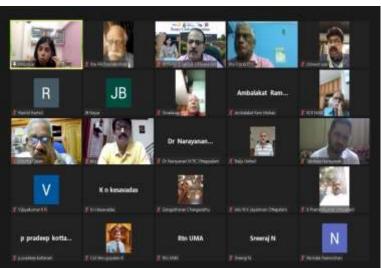
### Activities - Speaker Meeting













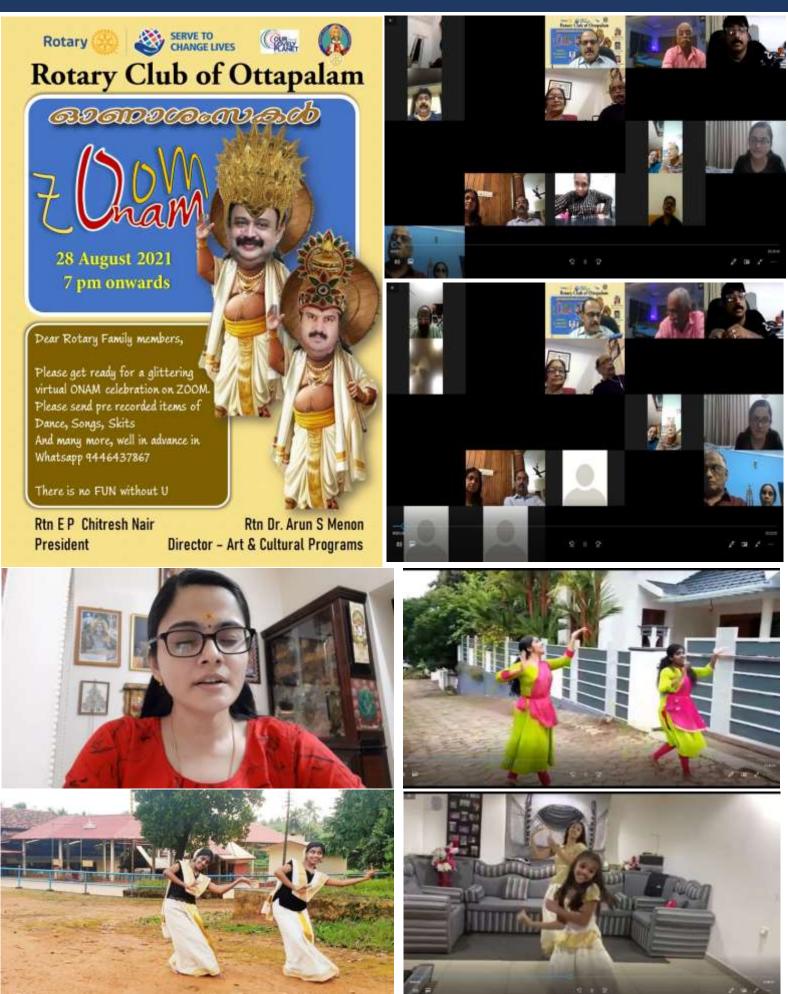






### Activities – ONAM Celebrations

Aug 2021



Ottapalam Rotary News(ORN)





### Activities – ONAM Celebrations

### Aug 2021

















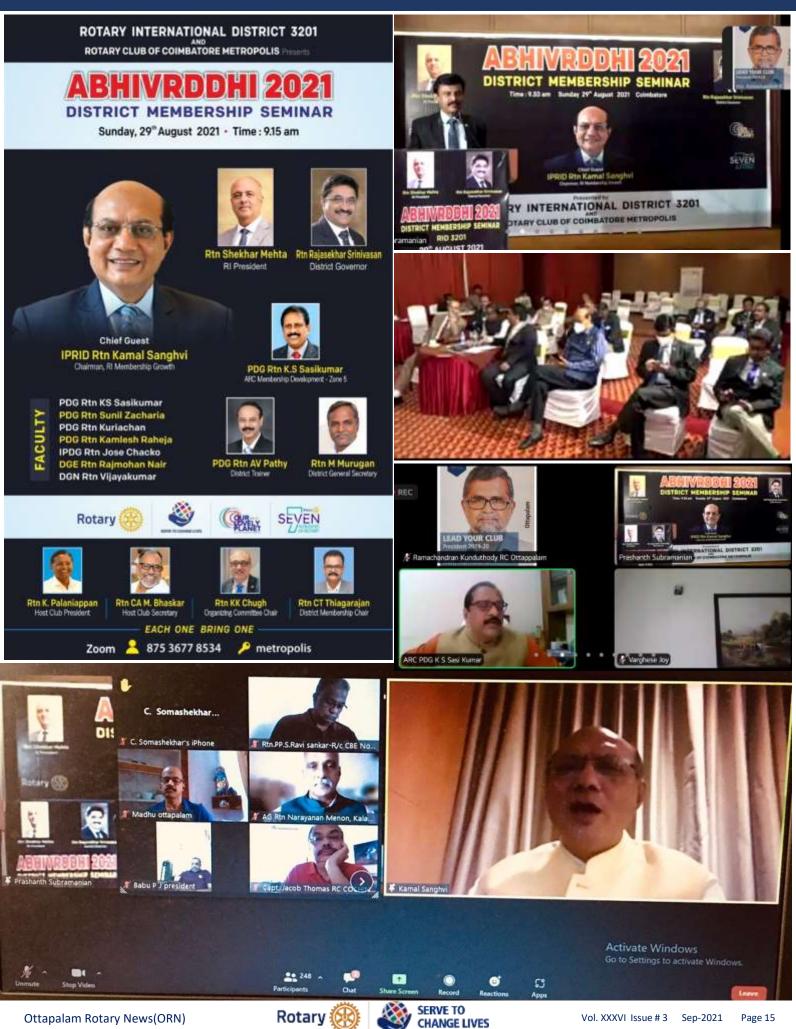
Ottapalam Rotary News(ORN)





### Activities – District Seminar

### Aug 2021



# THE PRIDE OF INDIA

India finishes 48th with its best-ever 7 Medals tally at Olympics.







#### Indian Rotarian wins medal at Tokyo Olympics

Rtn P R Sreejesh of Rotary Club of Kizhakkambalam, District 3201 was the goalkeeper of Indian hockey team which won the bronze medal at the Tokyo Olympics. Sreejesh was the star of the game with two penalty corner saved in the last 50 seconds. We are proud of you Rtn. Sreejesh!









Ottapalam Rotary News(ORN)





#### **PARALYMPICS 2021 – Congratulation and Best wishes**

As of 31<sup>st</sup> Aug 2021 India had won already 10 medals including 2 Gold. Best wishes to participants of remaining games (TOKYO 2020 PARALYMPICS 24<sup>th</sup> Aug-5<sup>th</sup> Sep 2021).



Sumit Antil Clinches India's 2nd Gold in Tokyo Paralympics in Javelin Throw (F64) Event, Sets New World Record

Ottapalam Rotary News(ORN)



OKY0 2020



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### Gratitude

#### Sep-2021

Rtn. Ambalakat Ram Mohan visited INS Vikramaditya where his son Captain Praveen Nair is the Commanding Officer. He also handed over the Thank you plaque and RCO Flag to the ship.



Rtn. Ambalakat Ram Mohan and Rtn Nirmala Ram Mohan the proud parents with their son and family onboard INS Vikramaditya (below left). Rtn. Ram Mohan handing over the Thank you memento (below right)





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### Rotary Acronyms & Abbreviations > Sep

#### Sep-2021

- 1. RC Rotary Club
- 2. CL Classification
- 3. CP Charter President
- 4. VP Vice President
- 5. PE President Elect
- 6. PN President Nominee
- 7. PND President Nominee Designate
- 8. IPP Immediate Past President
- 9. PP Past Preside<mark>nt</mark>

10. PETS - Pr<mark>esident Elect Training</mark> Seminar

- 11. DTTS- District Team Training Seminar
- 12. SAA <mark>Sergeant</mark>-At<mark>-Arms</mark>
- 13. LOA Leav<mark>e o</mark>f Absence
- 14. DSA Distinguished Service Award
- 15. AGM Annual General Meeting
- 16. YIR Y<mark>ours In R</mark>ota<mark>ry</mark>
- 17. YIRS Yours In Rotary Service
- 18. RCC Rotary Community Corps
- 19. CLP Clu<mark>b Leadership</mark> Plan
- 20. RLA Rotary Leadership Academy

21. RYLA - Rotary Youths Leadership Awards

22. RLI - Rotary Leadership Institute

23. ARPIC – Assistant Rotary Public Image Coordinator

- 24. TRF The Rotary Foundation
- 25. APF Annual Programs Fund
- 26. TWF The World Fund
- 27. PEF Permanent Endowment Fund
- 28. TPF The Permanent Fund
- 29. DIK Donations In Kind Ottapalam Rotary News(ORN)



- 30. EREY Every Rotarian Every Year
- 31. PHF Paul Harris Fellow
- 32. PHS Paul Harris Society
- 33. MPHF Multiple Paul Harris Fellow
- 34. AKS Arch Klumph Society
- <mark>35</mark>. B<mark>S Be</mark>quest Society
- <mark>36. BEN Benefac</mark>tor
- 37. FRP Foundation Recognition Point
- <mark>38. MG Matching Gran</mark>t
- 39. NNPPC Nigerian National Polio Plus Committee
- 40. NID National Immunization Day
- <mark>41. GMS Grant Man</mark>age<mark>ment Se</mark>minar
- 42. D District
- 43. DA District Ass<mark>em</mark>bly
- 44. DCh District Chair
- 45. DGR District Governor Representative
- <mark>46</mark>. DiG District Grant
- 47. DDF District Designated Fund
- <mark>48. DRR District Rotara</mark>ct Representative
- 49. DIR District Interact Representative
- 50. DG District Governor
- 51. DGE District Governor Elect
- 52. DGN District Governor Nominee
- 53. DGND District Governor Nominee Designate
- 54. IPDG Immediate Past District Governor
- 55. PDG Past District Governor

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### Rotary Acronyms & Abbreviations Sep-2021

56. LG - Lieutenant Governor 79. RIPND - Rotary International President Nominee Designate 57. DS - District Secretary 80. RID - Rotary International Director 58. ADS - Assistant District Secretary 81. RIDE - Rotary International Director 59. PDS - Past District Secretary Elect 60. AG - Assistant Governor 82. PRID - Past Rotary International 61. PAG - Past Assistant Governor Director 62. DLP - District Leadership Plan 83. PRIP - Past Rotary International 63. DLT - District Leadership Team President 64. DT - District Trainer 84. PRIVP - Past Rotary International Vice 65. PDT - Past District Trainer President 66. DCA/DISCON - District Conference and 85. RFE - Rotary Fellowship Exchange assembly 86. RYE - Rotary Youth Exchange 67. DSG - District Simplified Grant 87. RAG - Rotary Action Group 68. GETS - District Governor Elect Training 88. VTT - Vocational Training Team Seminar 89. GSE - Group Study Exchange 69. COG - Council of Governors 90. COL - Council on Legislation 70. SAR - Semi Annual Report 91. PHSM - Paul Harris Sustaining 71. MOP - Manual of Procedure Member 72. RI - Rotary International 92. BOD - Board of Directors 73. RIBI - Rotary International in Great 93. BOT - Board of Trustees Britain and Ireland 94. RIC - Constitution of Rotary 74. RIP - Rotary International President International 75. RIPR - Rotary International 95. RIB - Bylaws of Rotary International **President's Representative** 96. RIA - Rotary International Assembly 76. RIVP - Rotary International Vice 97. GPEI - Global Polio Eradication President Initiative 77. RIPE - Rotary International President 98. SRCC - Standard Rotary Club Elect Constitution 78. RIPN - Rotary International President 99. EAPF - East African Project Fair Nominee







Rtn. PP R Madhusudhan

#### SHARING ROTARY WITH NEW MEMBERS

Are you aware of the responsibility or obligation most Rotarians fail to perform?

- Paying their dues?
- Attending meetings?
- Contributing to the club service fund?
- Participating in club events and projects?
- Sharing Rotary?
- No-none of these!

Of all the obligations a person accepts when joining a Rotary club, the one in which most Rotarians fail is "sharing Rotary."

The policies of Rotary International clearly affirm that every individual Rotarian has an "obligation to share Rotary with others and to help extend Rotary through proposing qualified persons for Rotary club membership."

It is estimated that less than 30 percent of the members of most Rotary clubs have ever made the effort to propose a new member. Thus, in every club, there are many Rotarians who readily accept the pleasures of being a Rotarian without ever sharing that privilege with another qualified individual. The Rotary policy on club membership states:

"In order for a Rotary club to be fully community its relevant to and responsive to the needs of those in the community, it is important and necessary that the club include in its membership fully all qualified prospective members located within its territory"

One merely has to glance through the yellow pages of the local telephone directory to realize that most clubs have not invited qualified members of all businesses and professions into Rotary.

Only a Rotarian may propose a customer, neighbor, client, supplier, executive, relative, business associate, professional or other qualified person to join a Rotary club.

### Have you accepted your obligation to share Rotary?

The procedures are very simple, and everyone must know at least one person who should belong to Rotary.

Rtn. PP R Madhusudhan





### **Rotary Arts & Literature**

Sep-2021



Rtn. PP Dr. M. Narayanan

### വരിയും ശരിയും

മറ്റുള്ളോരിലെ ശരിയെക്കാണാൻ മർത്യകുലത്തിനു സാധിച്ചെന്നാൽ മാരിവിൽ കണക്കെ മേവും ശരിയിലെ വിസ്ത്യതമാകും വർണ്ണ വിരാജിയെ വിസ്മയമുറും വാത്സല്യത്താൽ വാരിപ്പുണരാൻ പാടിപ്പുകഴ്ത്താൻ മന്നിൽ മനസ്സിൽ ശാന്തി പടർത്താൻ ഇമ്പേമതിയെന്ന് മതിമാന്മാർ മൊഴികൾ തങ്ങള<mark>ുരയ്ക്കും വാക്യത്തിന്</mark>മേൽ തങ്ങൾ തീർക്കും കർമ്മത്തിന്മേൽ <mark>സത്യത്തിൻ</mark> കണി ചോർന്നീടാതെ പരനന്ന്യായമതാവാ വരികിൽ <mark>അപര</mark> സുഖത്തിനു ആസ്പദമാകിൽ <mark>സദുദ്ധേശ്യവും</mark> സാഹോദര്യവും സാർത്ഥകമായി സ്ഥാപിതമാകിൽ സർവ്വജന പ്രയോജനമാകിൽ സമ്പത്<mark>സമൃദ്ധിയും സന്തുഷ്ടിയ</mark>ുമേ സർവ്വൈശ്വര്യവുമതു വന്നു ഭവിക്കും... തൂലികയൊന്നു വെക്കും മുമ്പേ കേവലമായി വരികൾ കുറിക്കാൻ കാരണമായൊരു കാരണഭൂതനെ കൈകൂപ്പുന്നേ കനിയുക നീയേ.

Rtn. PP Dr. എം.നാരായണൻ

അക്ഷരവൈര്യം ആന്ഥിയായുള്ള നിരക്ഷര വീരനൊടന്നൊരു നാളിൽ വരികൾ കുറിക്കാൻ വചനം വന്നേൻ വിടുതൽ ശ്രമവും വിഫലമതായേൻ വിധിയെ ശപിച്ചും വരികൾ തീർക്കാൻ മനമേതുമില്ലാ മുതിരും നേരം വിഷയമതൊന്നും തെളിയാ മതിയേ ജംബുക ഹസ്തേ കേരം കണക്കേ അക്ഷരമാലകൾ അപ്രാപ്യം പോൽ ശാശ്പതമാകും ശരികൾ കുറിക്കാൻ തന്നുടെ ശരിയെ മൗലികമാക്കാൻ സങ്കൽപ്പങ്ങൾ തൻ ഏകമുഖത്വം ശാസ്ത്രത്താലേ സ്ഥാപിതമാക്കാൻ വെമ്പൽ കൂടും മർത്യരോടായി സംവേദിക്കാൻ ഇല്ലൊരു വിഷയം എന്നുടെ പക്കലെന്നൊരു സത്യം വ്യസനത്താലെ വീണ്ടുമറിഞ്ഞൻ ശരിയിലെ ശരിയുടെ വൈശിഷ്ഠ്യങ്ങൾ കേവലമാമൊരു വീക്ഷണം മാത്രം ദർശ്ലിക്കുന്നോനുടെ കാഴ്ച്ചപ്പാടും കാലദ്ദേശമതമൊഴി സംസ്ക്യതിയും മറ്റും

പരിമിതമാക്കും പൊരുളത്രേ ശരി ശരിയുടെ പേരിൽ ശാഠ്യം വേണ്ട







Rtn. Rajesh Nambiar

#### Waste Management and Environment Protection

We, humans always have the urge to get back to nature. Ourselves being a part of nature, over time we started destroying its beauty and serenity. To make this world more comfortable, we started destroying the green around us. We rather made it into a threatening place for other living beings-both flora and fauna.

While we were building our own better nests, we forgot to clean and protect Mother Nature. With the innovations and technologies, came the menace of waste. For our fuel extractions and productions, we started intruding into natural resources through which we have not only exploited the world but also dumped it with toxic waste.

Years of environmental callousness has exacerbated the toll and tragedy during natural calamities as can be seen from the below images





Malayattoor- Kodanad bridge during the 2018 floods (above left) Image of our very own Bharathapuzha during 2019 floods circulated in social media with the caption – 'Mother Earth is sick, and she is vomiting'.(above right)

Even small cities and towns are finding it hard to dispose of waste. With the depletion of land, the encroachment of natural resources became a major concern. Waste and waste management is an area that needs much attention.

Waste disposal and management is an area that needs more practical methodologies and technologies. This could be engineered with much precision with the help of market research among the public and authoritative bodies. The current scenario is depressing. The entire system is not bringing an end solution to the primary cause of waste. Increasing Plastic waste generation is a serious concern to the entire mankind.

Based on studies conducted by various organizations, it is found that households, industries, and government entities in cities are finding it hard to find a solid solution for waste disposal. From the research, it is found that, with all land used for construction and concrete jungle everywhere, households are left with no land even for the disposal of biodegradable waste. District administrations are also having a laid-back attitude to the issue; until and unless an environmental issue arises. The agents are also irregular in the procedure of waste collection. Further, dumping waste to an open area by the agents and corporation mechanism is only adding up to the waste issue. Such disposal into nature is turning into a root cause for harmful ecological imbalances and environmental concerns with severe health issues.

Ottapalam Rotary News(ORN)







Rtn. Rajesh Nambiar

#### How can we implement waste management more effectively?

Japanese society is one of the most disciplined in the world with a remarkably high level of civic sense and responsibility towards the public property. Compare this to our society where destroying public property is considered the most effective way of showing one's displeasure or anger at the government. Grown-up and educated individuals in our society can be seen dumping domestic waste in public places.

#### Develop the culture at the school level:

The reason for high levels of civic sense in Japanese people is due to their system where these values are installed at the school level itself. Waste management and its importance must be stressed at school levels to make it more effective. Although environmental sciences are taught at school, what is not being done is to create a culture in children towards caring for our environment and maintaining health and hygiene. In addition, to teaching environment-related subjects, schools and colleges must strictly enforce waste management and recycling techniques.

#### Training sessions at schools, colleges, and other institutions by professionals:

We can also conduct training sessions by trained professionals to bring awareness to school children as well as other sections of society about the importance of waste management and environmental protection. Many highly informative educational videos are available at sites like 'Plastic Oceans.org'. These videos can be used for training purposes and several recycling methods used in developed countries can be studied from these videos.

Some countries convert plastic waste like candy wrappers into Diesel using a technique called pyrolysis. Plastic banks which collect plastic and give small currency as exchange are also found in some countries. Plastic collected through plastic banks and recycled is known as 'Social Plastic'. Articles made from 'Social Plastic' carry a special tag and are accepted for sale and circulation in these countries.

Video link for Plastic Oceans documentary: <u>https://www.youtube.co</u> <u>m/watch?v=yog7qmGZII</u> <u>Q</u>









Rtn. Rajesh Nambiar

#### Segregation at Source and recycling:

Waste management is effective if garbage is segregated at the source itself. Segregated garbage makes the collection, transportation, and disposal of waste more efficient. Waste can be broadly classified into bio-degradable and non-biodegradable. Bio-degradable waste can be very easily recycled and converted into biogas, bio manure, etc. Non-bio-degradable waste like plastics is the ones creating more harm to the environment and is difficult to dispose of/recycle.

Good models of waste management require people to segregate waste at the household level and as far as possible manage it locally. Unless we can learn the art and science of segregation of waste – at source – waste management strategies will be expensive and indeed futile. Waste-to-energy plants are failing because of the lack of segregation. It is also clear that if segregation is not done, then the waste-to-energy plant will require stringent standards for pollution control – so much so, that this makes the plant financially unviable. In this situation, segregation at source becomes imperative for successful solid waste management strategies.

The model of waste management, which incentivizes segregation at source and then looks at affordable and appropriate technologies for compost and reuse, is the only way ahead for India. We need to look at waste as a resource – not to throw it away in landfill sites, but to use it to recycle and reuse.

#### Colour coded collection bins and vending machines

Most developed countries have color-coded waste collecting bins in public places and collection points. This ensures waste is segregated at the source itself.

We must coordinate with government agencies to install color-coded garbage bins in schools and colleges and public places in our municipality and ensure proper collection and disposal culture is strictly followed.

Once installed, instructions on segregation and proper disposal of garbage can be implemented by circulating printed instructions as well as through posters/instructions near collection points.

Recycling / Vending machines for single-use plastics, bottles, and cans also need to be installed in public places.

#### Few pictures of color-coded garbage collection bins as seen in developed countries:



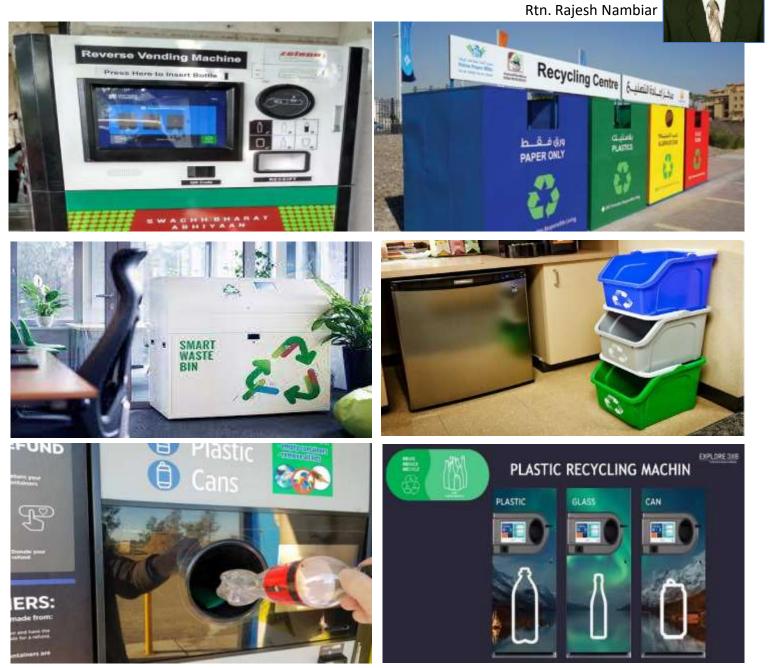






### Expert's Knowledge

Sep-2021



Although a lot of measures have been initiated in our country, due to lack of training and awareness they have not been successful.

Through training and awareness programs, starting from the school level and with the active involvement of the district administration in strictly enforcing the segregation, collection, and recycling of garbage, we can turn garbage into **wealth**, not **waste** while making this world a better place even for future generations.

Ottapalam with its rich culture and highly educated citizens should set an example to the rest of the country in Environment protection and should make itself comparable with townships in developed countries.

#### **Rajesh Nambiar**

Chief Engineer & Environment Compliance Officer (Anglo-Eastern Group, Hong Kong & Fednav International, Montreal).





Rtn. PP Ambalakkat Ram Mohan

### മരണം മുന്നിൽ കണ്ട നിമിഷങ്ങൾ

50 വര്ഷം മുബെ ഉണ്ടായ ഒരു അനുഭവ കഥ താഴെ എഴുതുന്നു. ഒരു എഴുത്തുകാരനല്ലാ ത്തതു കാരണം വിവരവും ശൈലിയും മറ്റും ക്ഷമിക്കുമല്ലോ.

1962 ൽ ഞാൻ അതിർത്തി റോഡ് നിർമാണ സംഘടന (GREF - General Reserve Engineer ഫോഴ്സ്- BRO) എന്നും അറിയപ്പെടുന്ന കേന്ദ്ര ഗ്വണ്മെന്റ് സ്ഥാപനത്തിൽ സൂപ്പർഹൈസർ ആയി ജോലി നോക്കിയിരുന്ന സമയത്തു മനസ്സിൽ നിന്ന് മറയാത്ത ഒരു അനുഭവമാണ് എഴുതുന്നത്. TUSKER Project പിന്നീട് VARTAK Project ആയി മാറിയ ആസാമിലെ ദിബ്രുഗൽ പട്ടണത്തിൽ ഉദ്യോഗം ചെയ്യുന്ന കാലത്തു ഞാൻ മോഹൻബാരി എയർപോർട്ടിൽ നിന്നും അന്നത്തെ NEFA, ഇന്നത്തെ അരുണാ ചൽ പ്രദേശിലെ DARPORIO -ALONG - KAMENG എന്നീ സ്ഥലങ്ങളിലെക്ക് റോഡ് നിർമാണ ത്തിന് ആവശ്യമായയന്ത്ര സാമഗ്രികളും്ആൾക്കാരെയും അയക്കുന്ന ചുമതല ആയി രുന്നു എനിക്ക്. റോഡ് സമ്പർക്ക മില്ലാതെ ബ്രഹ്മപുത്രയ്ക്കു അപ്പുറത്തു് കിടക്കുന്ന ഈ ഘോര് വനങ്ങൾക്കുള്ളിലെ ചെറിയ ഗ്രാമ ങ്ങളിലേക്ക് വിമാനവും കടത്തു തോണി കളും മാത്രമേ ഉണ്ടായി രുന്നുള്ളു.

പ്രശസ്തനായ ബിജു പഠനായക് കുടുംബത്തിന്റെ കലിംഗ എയർ **ഷങ്ങൾ** ലൈൻസ് ആണ് പ്രധാന കോൺട്രാക്ടർമാർ, IAF നു പുറമെ. രണ്ടാം ലോക മഹാ യുദ്ധത്തിന്റെ ഉപയോഗം കഴിഞ്ഞു ഡകോട്ട വിമാനങ്ങളാണ് മിക്കതും. 13 യാത്രക്കാർ ഒരു ഭാഗത്തും മറ്റേ ഭാഗത്തു മിഷിനറിയും ലോഡ് ചെയ്തു പോകുന്ന ഇതിനെ എയർ

Receiving end ൽ കേടു കൂടാതെ ഇറക്കുവാനായി മിക്ക സോർട്ടികളിലും ഞാൻ യാത്ര ചെയ്യാറും പതിവായിരുന്നു. പലപ്പോഴും പൈലറ്റ്-കോ-പൈലറ്റ് -റേഡിയോ ഓഫീസർ മാരുടെ കൂടെ കോക് പിറ്റിലാണ് യാത്ര ചെയ്യാറ്.

സോർട്ടി എന്നാണ് പറയുക.

ഈ പഴയ ഡക്കോട്ടയിൽ പലപ്പോഴും പലേ തകരാറുകളും അനുഭവപ്പെടാറുണ്ടായിരുന്ന ഒരു ദിവസം ദർപോർജോവിൽ സാധനങ്ങൾ ഇറക്കിയ ശേഷം തിരിച്ചുതുവരുമ്പോൾ യന്ത്രത്തകരാറ് അനുഭവപ്പെട്ട ഒരു എൻജിൻ പ്രവർത്തന രഹിതമായി..







### Memoirs

#### Sep-2021



Piolet ന്റെ കഴിവും മനോ ധെര്യവും കൊണ്ട് വല്ല വിധേനയും വിമാനം അടുത്ത Jorhat Airportൽ ഇറക്കാനായിരുന്നു piolet നു തോന്നിയത്.

വിവരമറിഞ്ഞ ഞാൻ വളരെ അധികം പരിഭ്രാന്തനായി പേടിച്ചു വിറക്കാൻ തുടങ്ങി. രണ്ടാമത്തെ എൻജിനും തകരാറിലായെന്നും crash landing അല്ലാതെ ഒരു നിവർത്തിയും ഇല്ലെന്നും അറിഞ്ഞ തോടെ മരണം മുന്നിൽ കണ്ട എന്റെ അവസ്ഥ വർണിക്കാൻ പറ്റില്ല.

യുദ്ധവിമാനങ്ങൾക്കു കൂടി നാശനഷ്ടം വരുമെന്നറിഞ്ഞ AIR TRAFFIC CONTROL - pilot ന് കാണുന്ന tea garden air strip ൽ ഇറക്കാൻ അറിയിച്ചു. കുറച്ചു ഉയരത്തേക്കു കയറി glyding മാർഗം സ്വീകരിച്ചു് വിമാനം താഴേക്ക് വന്നുകൊണ്ടി രിക്കുകയായിരുന്നു.

ഇനിയധികം പറത്താൻ പറ്റാത്ത സാഹചര്യത്തിൽ അടിയന്തിര ലാൻഡിങ് നടത്തിയ സമയത്തു എനിക്ക് ബോധം ഉണ്ടായിരുന്നോ എന്നുകൂടി സംശയമാണ്. Crash landing ന്റെ ഭവിഷ്യത്തും വിമാനം കത്തുമെന്ന ഭയാശങ്കകളും വീട്ടു കാരെയും മറ്റും ഓർത്തു വരികയും ഒക്കെ യായി സമയം പോയി. ഞാൻ കണ്ണ് തുറന്ന പ്പോൾ ഗൗഹാട്ടിയിലെ മിലിറ്ററി ഹോസ് പിറ്റലിൽ ആയിരുന്നു. റേഡിയോ സമ്പർക്കം നശിക്കാത്ത കാരണം rescue airforce helicopter ഞങ്ങളെ



രക്ഷപ്പെടുത്തിയതാണെന്നു പിന്നീട് അറിഞ്ഞു.

അന്നത്തെ dare -devil pilot തിരൂർ കാരനായ നമ്പൂതിരി പിന്നീട് ഇതേ മലമ്പ്രദേശത്തു Kalinga Air lines crash ൽ മരിച്ചതായി അറിഞ്ഞു. അന്നത്തെ ഈ പൈലറ്റ് മാരുടെ ജീവിതവും പല അനു ഭവങ്ങളും ജീവിതത്തിൽ ഒരിക്കലും മറക്കാനാവില്ല.

മറ്റൊരു സന്ദർഭത്തിൽ പക്ഷികളു മായി കൂട്ടിയിടിച്ചു cockpit glass തകർന്ന് വായു സമ്മർദ്ദ കാരണം മരണ പ്പാച്ചിൽ നടത്തി എമർജൻസി ലാൻഡിങ് നടത്തിയ അനുഭവം ഉണ്ടായിട്ടുണ്ട്. ഈ വൈമാനികനും പിന്നീട് അപകടമരണമായിരുന്നു വെന്ന് കെട്ടിട്ട് ഉണ്ട്. ഇവരുടെ കൂടെയുള്ള ജീവിതാനുഭവങ്ങൾ ഒരുകാലത്തും മറക്കുകയില്ല.

കൃത്യ നിഷ്ടസ്തയുള്ള കുറെ സഹപ്രവർത്തകരെയും അസ്സമീസ് ഫ്രണ്ട്സിനെയും ഓർമിച്ചു കൊണ്ട് നിർത്തുന്നു.

Rtn. PP Ambalakkat Ram Mohan





### Ram's knowledge corner

Sep-2021

Rtn. Ramachandran K



?

Puzzle of the month

(send your answers to <u>cio.rotaryotp@gmail.com</u>)

Complete the following series: 32, 30, 34, 34, 36, 36, 38, 39, 39, 41, **??, ??** 

## Last Month (Jul-2021) Puzzle: DICE PINTOS MOO:

**Anagram**: The term for breaking down the project and deliverables into small and smaller work components to create the work breakdown structure.

#### Answer: DECOMPOSITION

Winners: No response from readers

### Word of the month:

**Opprobrium:** disgrace or rebuke arising from extremely shameful conduct.



LOGOPHILE

A lover of words



Spaghetto, confetto, and graffito are the singular forms of spaghetti, confetti, and graffiti.

Although it might sound a little strange, the word for an individual piece of spaghetti is spaghetto. The same goes for a single piece of confetti, which is confetto, as well as a single piece of graffiti, which is graffito, according to <u>Merriam-Webster</u>.





### Ram's knowledge corner

Sep-2021

Rtn. Ramachandran K



#### **Gains In Losses**

#### **Making Space For Change**

We want certain things to change in our lives, but we fear changes that we don't want. Sometimes we fear changes that we do want, because the familiar is more comfortable than the visionary, and because life is a threedimensional, interconnected puzzle; if you change one thing, everything else shifts, too, often in unpredictable ways. We may stay in a relationship or a work situation that is not exactly right for us out of fear of losing what we like about it. And yet, if we do hold on, we will never create space for what we truly want to enter. There is an inescapable connection between getting what we want and losing what we have, and this fact can keep us in a holding pattern.

It helps to remember that, regardless of our conscious intent, life is by its nature a series of gains and losses.

Change is the rule. For example, as we grow older, we lose our youth, but we gain experience and wisdom. When we enter into a relationship, we lose a certain degree of freedom, but we gain intimacy and connection. If we focus too much on what we are losing, and fail to celebrate the growth and opportunity that change brings, we run the risk of missing out on our lives as they are happening. Balance entails a bittersweet combination of honoring and releasing the old and welcoming the new with open hands.

Once we acknowledge that getting what we want means letting go of certain things we're attached to, we can move forward more consciously. Allow yourself the time and space to honor your life as it is before you initiate changes. When you decide to let someone or something go, or vice consciously recognize versa, the passing. Facing the losses in our lives head-on, allowing ourselves to feel the difficult emotions loss inspires, ultimately empowers us and frees us to fully embrace the new.

The more we practice accepting loss, letting go, and releasing, the better we will get. And the more we align ourselves with the natural energies of change, the more we can consciously harness that energy to work magic in our lives.

....Change





### Recipe of the month

#### Sep-2021



Rtne. Geetha Balu





#### Ingredients

- **Bengal Gram** 1.
- 2. Sugar
- 3. Nut Meg
- 4. Cardamom
- 5. Atta
- 6. Sesame oil
- 7. Ghee

250 gms
1/2 Nut
4 nos
150 gms
5 teaspoo
E toochoo

250 gms

ns 5 teaspoons



#### Preparation

Boil Bengal gram in a pressure cooker with sufficient quantity of water. Grind the nutmeg and cardamom in a mortar into a powder form. Grind the cooked Bengal gram, together with nutmeg-cardamom mixture and sugar in a mixer. No water to be used. Now this will be in a paste form. Place a non-stick pan on stove, in low flame. Add ghee and transfer the paste in the mixer bowl. Keep stirring until the paste turn into a solid form.

Knead the atta, the way it is done for making Chapathi adding sufficient quantity of sesame oil. Take a small ball from this dough, say in a size of a gooseberry. Roll the ball round and thin, applying ghee on the surface. Take a ball from the Bengal gram dough, in double the size of a gooseberry. Place this ball on the spread atta. Fold the atta spread from left to right and back, top to bottom and back in such a way that gram flour ball is fully enveloped. Spread ghee before each fold. Now you get a bigger ball with gram flour ball engulfed in atta with ghee applied. Gently spread this ball round into the size of a chapathi to get the raw Boli.

Place a non-stick tawa on stove, gently place the raw boli on the tawa and bake for two minutes applying ghee. Turn over the side and bake for another two minutes again applying ghee on the other side. Extra care to be taken while baking and turning sides over. Your delicious BOLI is ready to eat.

#### Geetha Balu





# Happy Anniversary!

Rtn. Govind & Rtne. Rajitha (23-Oct) Rtn. Vijayan K & Rtne. Sandhya (29-Oct)

#### Rtn. P Sivadasan & Rtne. Hema (25-Oct)

### **Congratulations!**

to CSN, Ottapalam Badminton Team for winning the overall Champions Awards during the recent Palakkad Badminton Tourment.





# **Important Days**

September 2021   2 <sup>nd</sup> Sep World Coconut Day   5 <sup>th</sup> Sep Teachers Day (India)   8 <sup>th</sup> Sep International Literacy Day	
5 <sup>th</sup> Sep Teachers Day (India)	27 28 1
5 <sup>th</sup> Sep Teachers Day (India)	and the second se
8 <sup>th</sup> Sep International Literacy Day	
12 <sup>th</sup> Sep United Nations Day for South-South Cooperation World First Aid D	ay
14 <sup>th</sup> Sep Hindi Day (India)	
15 <sup>th</sup> Sep International Day of Democracy	
16 <sup>th</sup> Sep World Ozone Day	
19 <sup>th</sup> Sep International Talk Like a Pirate Day	
21 <sup>st</sup> Sep International Day of Peace / World Alzheimer's Day / Biosphere Da	y / ONAM
22 <sup>nd</sup> Sep World Rhino Day	
23 <sup>rd</sup> Sep International Day of Sign Languages	
28 <sup>th</sup> Sep Right to Know Day	
30 <sup>th</sup> Sep International Blasphemy Rights Day	
October 2021	
1 <sup>st</sup> Oct International Day of Older Persons	
2 <sup>nd</sup> Oct International Day of Non-Violence / Gandhi Jayanthi	
4 <sup>th</sup> Oct World Animal Welfare Day	
5 <sup>th</sup> Oct World Teachers' Day	
10 <sup>th</sup> Oct National Post Day (India)	
13 <sup>th</sup> Oct World Day for Natural Disaster Reduction	
15 <sup>th</sup> Oct International Day of Rural Women	
16 <sup>th</sup> Oct World Food Day	
17 <sup>th</sup> Oct International Day for the Eradication of Poverty	
20 <sup>th</sup> Oct International Day of the Air Traffic Controller	
24 <sup>th</sup> Oct United Nations Day / World Development Information Day / World	l Polio Day
27 <sup>th</sup> Oct World Day for Audiovisual Heritage	
30 <sup>th</sup> Oct World Thrift Day	
31 <sup>st</sup> Oct <u>National Unity Day</u>	





alendar

### **Obituaries**

#### The One and Only Olympian of Ottapalam



S. S. Narayanan-Double Olympian (Subramaniam Shankar Narayan)

<u>Birth & Place</u>: He was born in 1934 in Ottapalam, Palakkad District of Kerala. His parents moved to Matunga in Bombay when Narayanan was only one and half years of age. He studied in the South Indian Education Society School and the house was opposite to the Indian Gymkhana. The only real coaching he had in his youth was after he joined Matunga Athletic Club where K.P. Krishnan took him under his wing

Year & Place of Olympic Attendance1st time in1956 - Melbourne, Australia. Narayanan was goal keeper of Indian Foot Ball team with a brilliant performance to his credit. Team came 4th.

2nd time in 1960 - Rome Olympics also as goal keeper.

Other Events attended In 1952 when he was only 17 he played at the cooperage in Indian Gymkhana Mumbai. During schooldays he was playing Foot Ball and Basket Ball. He also used to play Tennis and Cricket games. Narayan is the current Vice-President of the Mumbai District Football Association. When he is not working, you will find him either at the Cooperage stadium during an



Rtn K Raaj Mohan

I-League match, at football events where people often call him as a chief guest or relaxing in his house after a historic career that has affected the Indian football history in so many ways. Narayan has gone down in the books as probably the best goalkeeper that India has ever produced.He is now 81 years and adjudicates the Man of the Match at Indian League



Olympian S.S.Narayanan and K.S.Madhavan (Past President Rotary Club of Ottapalam) were classmates at Khalsa College Bombay and team mates of Matunga Athletic Club Football team.

Coutersy Sri.K.S.Madhavan (President RC Ottapalam 1988-89) for the article and photo. The one and only Olympian of Ottapalam is no more. He left us on 6<sup>th</sup> Aug 2021. He is remembered here by reproducing an article about him by Rtn. PP Raaj Mohan in ORN few years back(left). The news on his death(below) Pranam from President and members of RCO.

### ഒളിംപ്യൻ എസ്.എസ്. നാരായണൻ അന്തരിച്ചു

മുംബൈ • ഇന്ത്യൻ ഫുട്ബോൾ ടീം മുൻ താരവും ഒളിംപുനുമായ എസ്.എസ്. നാരായണൻ (86) അന്തരിച്ചു. സംസ്കാരം ഇന്ന് താനെയിൽ. ഒറ്റപ്പാലം സശാശി യായ ഇദ്ദേഹം താനെയിലാണു താമസിച്ചിരുന്നത്.

1956ലെ മാൽബൺ, 1960ലെ റോം ഒളിംപിക്സുകളിൽ ഇന്ത്യൻ ടിമിന്റെ ഗോൾ കീപ്പറാ യിരുന്നു. തുടർച്ചയായി രണ്ട് ഒളിംപിക്സുകളിൽ ഇന്ത്യയ്ക്കു വേണ്ടി കളിച്ച ഒരേയൊരു മല യാളിയാണ്. മെൽബണിൽ ഇന്ത്യ നാലാം സ്ഥാനത്തെത്തു കയും ചെയ്തു. 1958 ടോക്കി യോ എഷ്യൻ ഗെയിംസ്, 1959, 1964 ഏഷ്യൽ കപ്പ് എന്നിവയി ലും ദേശീയ ജഴ്സിയണിഞ്ഞു. 1960ൽ കോഴിക്കോട്ടു നന്നെ



സന്തോഷ്

ട്രോഫി ഫുട്

ബോൾ ചാം

പ്യൻഷിപ്പിൽ

മഹാരാഷ്ട്ര യെ നയിച്ച

നാരായണൻ

1963ൽ മദ്രാ

സിൽ ആന്ധ്ര

യെ തോൽപി

ച്ച് കിരീടമു

യർത്തിയ

എസ്.എസ്. നാരായണൻ

മഹാരാഷ്ട്ര ടീമിൽ അംഗമായിരുന്നു. ഏറെ ക്കാലം മുംബൈയിലെ ടാറ്റാ സ്പോർട്സ് ക്ലബ്ബിന്റെ ഭാഗമായി രുന്ന നാരായണൻ ബാസ്കറ്റ് ബോൾ താരവുമായിരുന്നു. ഭാ ര്യ: പരേതയായ പാർവതി. മക്കൾ: മുരളി, ലക്ഷ്മി, ജാനകി.

President and members of Rotary club of Ottapalam hereby Convey their heartfelt condolence to the bereaved family of Rotarians who left for heavenly abode during the month of August 2021



Rtn K R Raman, a leading chartered accountant in Coimbatore. PP & PAG - RC Coimbatore Central.



Rtn M K Menon was closely associated with our club for so many years. He used to visit our club when ever he visited Kerala. We Rotarians several times had the opportunity to have his hospitality in his residence in KL, Malaysia, in his former Club RC Damansara and later RC Bandar Sunway, Prayers for the departed soul







Rtn Balagopal Rammohan, Chartered Accoutant, Past President of Rotary Club of Cochin West

### RCO CALENDAR: Sep-2021



Thu, 2 Sep- Weekly MeetingThu, 9-Sep- Weekly MeetingSat, 11-Sep- Board MeetingThu, 16-Sep- Weekly MeetingThu, 23-Sep- Weekly MeetingSat, 25-Sep- Family Meeting\*Thu, 30-Sep- Weekly Meeting\* subject to Covid-19 status

We meet on every Thursday 7:30 pm at CRR Hall, Manisseri

**CRR Hall Google Map** 

www.rotaryclubofottapalam.org

(Now on ZOOM only)

www.facebook.com/rotaryclubotp

Ottapalam Rotary News(ORN)



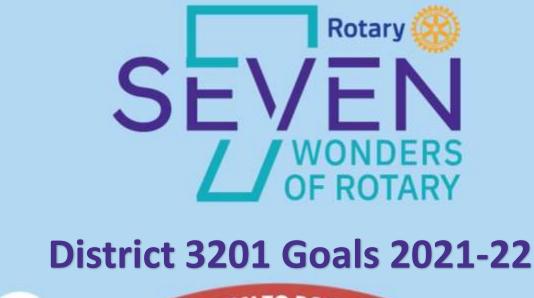


### **ORN Past Issues 2021-22** (click on the bulletin icon to read)









21 CRORE DONATION TO ROTARY FOUNDATION 1,00,000 FARMER SUPPORT 10,000 YOUTH SUPPORT 10,000 MEMBERS

700 RCC

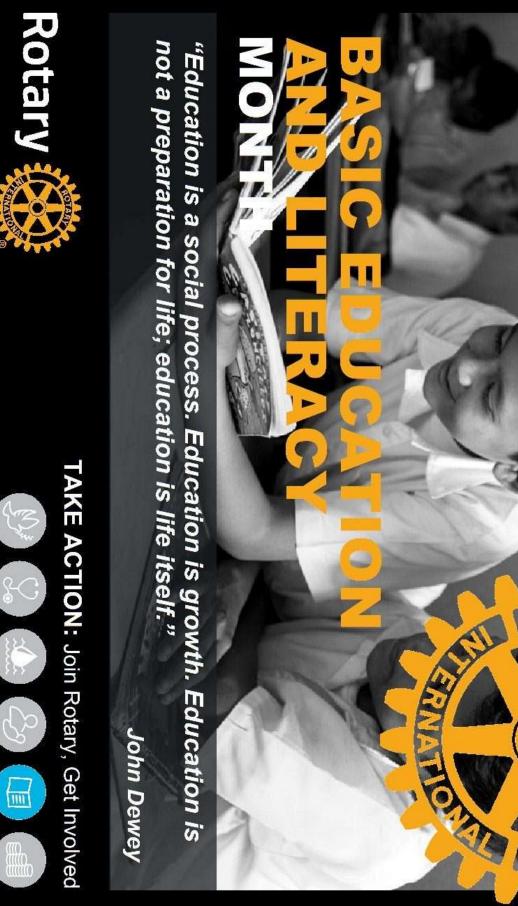
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Designed & edited by Rtn. Ramachandran K and published by Rtn. Chitresh Nair, President (2021-22), Rotary club of Ottapalam

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