

Ottapalam Rotary News

Vol. XXXVI Issue # 5

A monthly bulletin of Rotary club of Ottapalam (RID 3201 - Club 22653)

Nov 2021

**WHEN YOU
EDUCATE A GIRL
YOU EDUCATE
A NATION**



DAY OF THE GIRL
**INNOVATE
2EDUCATE**

The
Rotary
Foundation



Rotary



SERVE TO
CHANGE LIVES

unicef



Dear Rotarians,

This is the month of Rotary Foundation. Our club has made a 100% contribution towards POLIO this year. Please contribute towards TRF.

This Ottapalam Rotary News (ORN) bulletin is the 5th issue for November for the year 2021-22. The bulletin includes comments from readers. Please keep sending comments and suggestions. The Bulletin also covers all activities of October 2021.

I would request all members to visit regularly the club website www.rotaryclubofottapalam.org Club APP, District website www.rotary3201.com and RI website www.rotary.org. We have our presence on the Facebook www.facebook.com/rotaryclubotp and YouTube. Please promote them too.

Thank you

Rtn. Ramachandran Kunduthody

Send your comments by email to cio.rotaryotp@gmail.com

**editor's
desk**

**November
2021**

ORN comments & suggestions from readers

ORN OCT ISSUE OF ROTARY CLUB OF OTTAPALAM is praiseworthy in many respects. 🙌🙌

Lay out impressive, contents informative, editing superb, photos attractive. The editorial Team at backstage has done an excellent job as well.

President: We appreciate the interest evinced by you and your team, in making every issue so fascinating...

Rtn Col Gopinathan
Wadakanchery. 👍

Dear Rtn Ramachandran,

I would like to express my deepest appreciation for your excellent work for producing such a wonderful ORN. I am confident that forthcoming issues will be equally great. Please keep up the good work.

Rtn. Col. Gangadharan C.
RC Ottapalm



Happy Children's
DAY



Rotary Foundation receives highest rating from Charity Navigator for 12th consecutive year!

The Rotary Foundation has received the highest rating — four stars — from [Charity Navigator](#), an independent evaluator of charities in the U.S.

Trustee chair's message - November 2021

When people ask me what The Rotary Foundation is, I tell them it's the heart of Rotary. You may have heard before that Rotary has an intelligent heart. The Foundation combines our emotional response of compassion with pragmatic action. With both heart and brains, you can change the world. So, what does the Foundation mean to you?

November is Rotary Foundation Month, but do you really know our Foundation?

First, it truly is our Foundation. The Rotary Foundation doesn't belong to me or the other 14 trustees, nor to the RI Board of Directors, nor to the RI president. It belongs to each Rotarian around the world. And it's there for all of us to change the world. We save mothers and children because we have compassion, and we know how to plan. We provide clean water and sanitation where they're needed to those who need them, because we build strategies based on a community's needs.

We combine support for peace, education, and economic stability for at-risk communities with an ability to manage big projects. Giving to the Foundation is smart, too, because in doing so, you multiply the value of that gift. How many other foundations can you think of that identify the projects, fund them, and run them on the ground themselves? Ours is the only one I know. And we get it all done at such a relatively low administrative cost. This is one reason Charity Navigator consistently gives the Foundation a four-star rating.

I sometimes get asked a question: How much



should I be giving to the Foundation? Each year, make a gift of what you can afford to give. For some, that is \$100, and for others, more. What's most important is that you give something, because each generous gift helps us meet the increased demand we're seeing from members for global grants and our other programs.

This year, we want to raise \$50 million for PolioPlus, which will be matched 2-to-1 by the Bill & Melinda Gates Foundation, for a total of \$150 million. If every Rotary club contributed just \$1,500, we would surpass this goal. We have other goals as well — for the Annual Fund, the Endowment Fund, and outright gifts — adding up to a grand total of \$410 million. We will get there if we set our hearts — and minds — to it.

But remember, it's not about the money; it's what the money can do. There's a saying that goes, "I alone cannot change the world, but I can cast a stone across the waters to create many ripples." The Foundation is that stone, so let us turn ripples into great waves with it, using our hearts and our minds.

John F. Germ, Trustee Chair 2021-22



Source: Rotary International/Courtesy: eFlashOnline

Message from **President**



Rtn. E.P. Chitresh Nair

Dear Fellow Rotarians,

October appeared to be a month in which we started heading towards normalcy as far as Covid pandemic is concerned. We could conduct few hybrid meetings, including a family dinner meeting with good number of our family members physically attended after a long time. Let us hope for the best to see that we will be back soon, to our good old style of service, fellowship and projects.

The RCC formed in Lakkidi, 'Feeding the hungry' program on weekly basis for the time being, Educational Scholarships, are few commendable projects we could launch this month. We are indeed confident of doing more in the remaining months of current year. We could add three more vibrant members into our rolls. We extend warm welcome to Rtn Prakash G Nair, Rtn Shafi and Rtn Rasheed to Rotary family. Under the Governor's pet projects, Our Lovely Planet, we have chosen a Happy Farmer in Earth, Sri Haridasan K to receive our honouring and support for farming equipment. The highway cleaning project carried out joining hands with Vaniamkulam Gramapanchayat was a remarkable project of the month.

Our Family dinner meeting held on hybrid platform was a memorable event, not only because of the family members got together after a long gap, but also by the online presence of a tall personality from the arena of National and International affairs. Our guest speaker for the month, Sri Shivashankar Menon IFS, former National Security Advisor, former Foreign Secretary and above all great son of Ottapalam spoke to us magnificently.

We could also got an opportunity to interact with him as he answered brilliantly to the

questions asked by us. We were delighted to have got him as our speaker. Adding to our excitement, our former speakers, Dr Dinesh Arora IAS and Sri P B Nooh IAS also joined us on Zoom.

Our Secretary Rtn Balu, and treasurer Rtn Kesavadas are working hard to run the system in order.

Congratulations to our Editor Rtn Ramachandran for bringing out yet another issue of E Bulletin of class. Appreciate the efforts made by him for this continuous activity.

Congratulations to Rtn Dr Satheesh Kumar Nair and Dr Sreeraj for having assumed offices of President and Secretary of IMA Valluvanad Chapter. Let us work together in areas of common interest for the benefit of the community around us.

It is a remarkable achievement for our club to have participated in World Polio Day on October 24 in a different way. We have become 100% contributing club towards polio fund by all our members making contributions. In the month of November, The Rotary Foundation Month, we have pledged to make our club 100% contribution club towards APF as well

I have been enjoying support and cooperation from my fellow Rotarians all these months. Solicit your continued support in ensuing months as well

Thank you so much

Yours in Rotary
Rtn E P Chitresh Nair



Secretary's Report - Oct 2021

Rtn. V.A. Balu



Dear Fellow Rotarians,

It seems that there is light at the end of the tunnel. A ray of hope is seen after a long time as we see the pandemic is on a declining phase. Let us hope to return back to our good days soon.

In the month of October, we could organise four weekly meetings, one family dinner meeting, One speaker meeting and a club assembly all on hybrid platform. Rotarians attended physically in the hall and many attended online. The participation from family members in the first family get together of the year was so encouraging. And our speaker meeting of the month scaled new heights when Sri Shivashankar Menon IFS, former NSA and former foreign Secretary addressed in our meeting. The untiring commitment of our President to get dignitaries of high esteem as our speakers is the only capital, we have invested in to make our speaker meetings so purposeful. Our Assistant Governor attended and gave his valuable guidance in the Club Assembly held in October. We hope that we would slowly be able to switch over to full fledged physical meetings in due course.

We could launch the program of Feeding the Hungry on the auspicious day of Gandhi Jayanthi. Though for time being we have initiated the program on a weekly basis, we desire to extend it to be carried out daily.

The formation of RCC Lakkidi Perur was another highlight of the month. We organised a Highway cleaning program with the support of Vaniamkulam Grama panchayat. Inspired by the call of RI President Shekhar Mehta, ten girl students were given scholarships of Rs 10000 each as a support to their education.

A seminar was organised on our zoom platform for the benefit of school children, on the topic Cyber Security in Education a legal perspective. We attended two District level seminars, The Literacy Seminar and Leadership Seminar. Sewing machine was supplied to a woman beneficiary as part of our Women empowerment program. Four more are to be supplied soon. On the day of October 24, the world polio day, all our members contributed to Polio Fund, enabling us to be adjudged as 100% contributing club to polio Fund. We are committed to be 100% contributing club to APF as well, when we make another contribution by all members, on November 1.

In the month of October, we published our fourth issue of e bulletin Ottapalam Rotary News. It is widely accepted that our bulletin is designed and created in most enviable manner. When we come out with fifth issue, on the pages of which you read these lines, the club in one voice appreciate the good work done by Editor PP. Ramachandran.

Our President leads from the front. The club goes well.

We will indeed cross over this tough time of pandemic.

Thank you,

Yours in Rotary

Rtn. V A BALU



ROTARY CLUB OF OTTAPALAM

FEEDING THE HUNGRY

On the auspicious day of Gandhi Jayanthi on
October 2, 2021
Our weekly noon meal programme for the hungry
commences with blessings from

**Rtn P T Narendra Menon and
Rtn Dr K S Menon**

Request your presence at Rotary Hall at 12.30 pm

**Rtn EP Chitresh Nair
President**



Rtn P T Narendra Menon



Rtn Dr K S Menon

we are going to begin our weekly meal for the needy. Rtn P.T Narendra Menon and Rtn Dr.K.S.Menon will be present to distribute meal





മാസ്ക്



സാനിറ്റൈസർ ഉപയോഗിക്കുക



സാമൂഹിക അകലം



കൈ കഴുകുക



ഒറ്റപ്പാലം റോട്ടറി ക്ലബിന്റെ 'വിശക്കുന്നവർക്ക് ഭക്ഷണം' പദ്ധതി കവി പി.ടി. നരേന്ദ്ര മേനോൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

'വിശക്കുന്നവർക്ക്' ഭക്ഷണം' പദ്ധതിയുമായി റോട്ടറി ക്ലബ്'

ഒറ്റപ്പാലം • റോട്ടറി ക്ലബ് 'വിശക്കുന്നവർക്ക് ഭക്ഷണം' പദ്ധതി തുടങ്ങി. തുടക്കത്തിൽ വ്യാഴാഴ്ചകളിൽ 50 പേർക്ക് വീതം ഉച്ച ഭക്ഷണം ഒരുക്കും. മനിശ്ശേരി റോട്ടറി ഹാളിൽ ഉച്ചയ്ക്ക് ഒന്നുമുതൽ 2വരെയാണു വിതരണം.

കവി പി.ടി. നരേന്ദ്ര മേനോൻ,

ഡോ. കെ.എസ്. മേനോൻ എന്നിവർ ചേർന്നു പദ്ധതി ഉദ്ഘാടനം ചെയ്തു. റോട്ടറി ക്ലബ് പ്രസിഡന്റ് ഇ.പി. ചിത്രേഷ് നായർ അധ്യക്ഷനായി. റോട്ടറി അസിസ്റ്റന്റ് ഗവർണർ പി. പ്രദീപ്, വി.എ. ബാലു, കെ.എൻ. കേശവദാസ് എന്നിവർ പ്രസംഗിച്ചു.



*President Rtn. Chitresh handing over Scholarship to Bhavans School, Ottapalam (above left)
Handing over financial assistance for College Education to Ms. Fatima V (above right)
Distribution of Scholarship to young Girls at Lakshmi Narayan School, Palappuram (below)*



Rtn. Madhusudhan handing over Scholarship to LSN convent Girls high school Ottapalam(below)





**Swachh
Bharat**

A highway cleaning project was carried out in October in association with Vaniamkulam Panchayat, Nehru Yuva Kendra, NSS, NREGS volunteers, etc

"ആസാദി കി അമൃത് മഹോത്സവ്"

**വാണിയംകുളം ഗ്രാമപഞ്ചായത്ത്
ഒറ്റപ്പാലം റോട്ടറി ക്ലബ്ബ്**
നെഹ്റു യുവ കേന്ദ്രം, നാഷണൽ സർവ്വീസ് സ്കീം
തൊഴിലുറപ്പ് പദ്ധതി സന്നദ്ധ പ്രവർത്തകർ
എന്നിവരുടെ സംയുക്താഭിമുഖ്യത്തിൽ

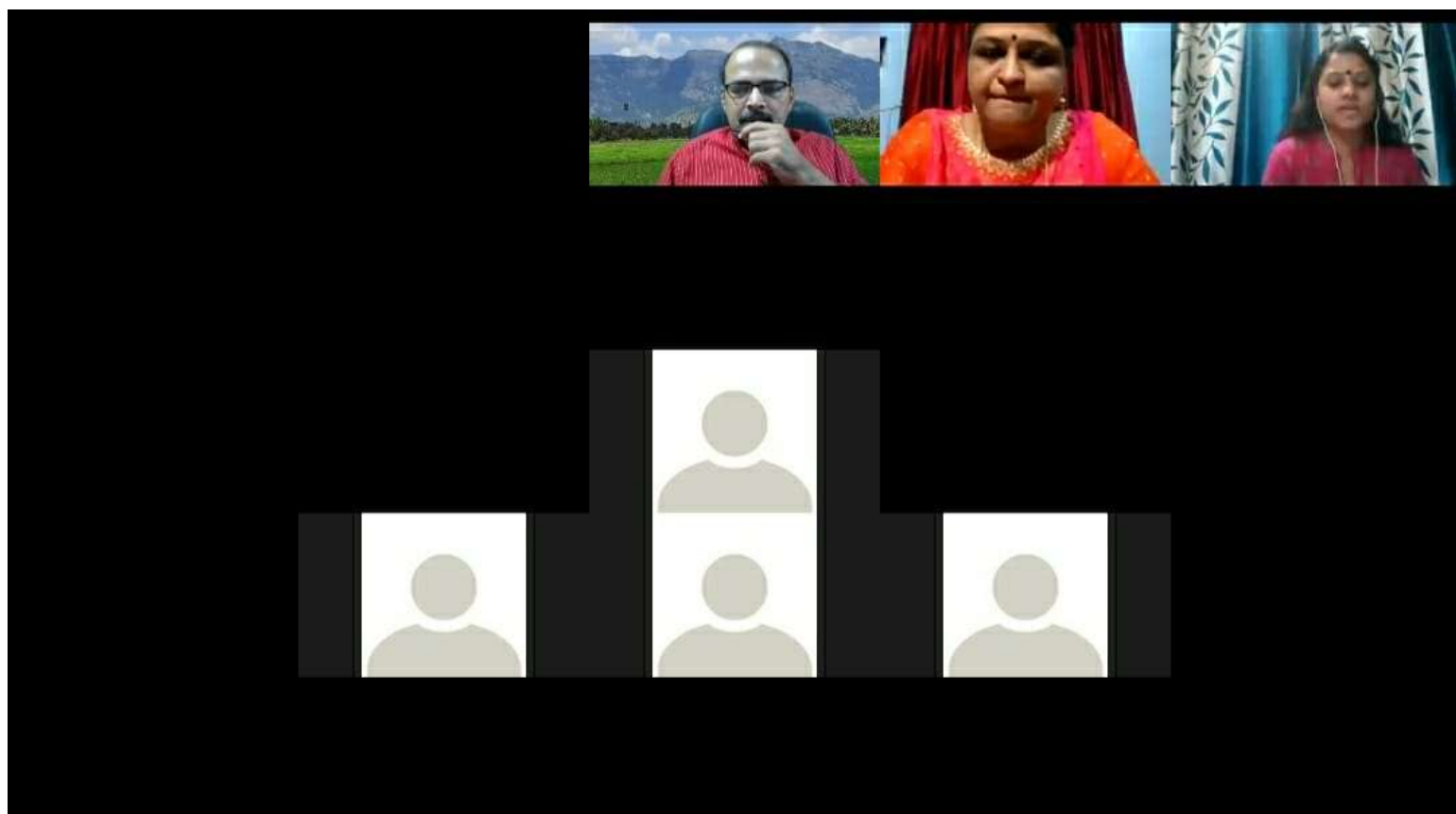
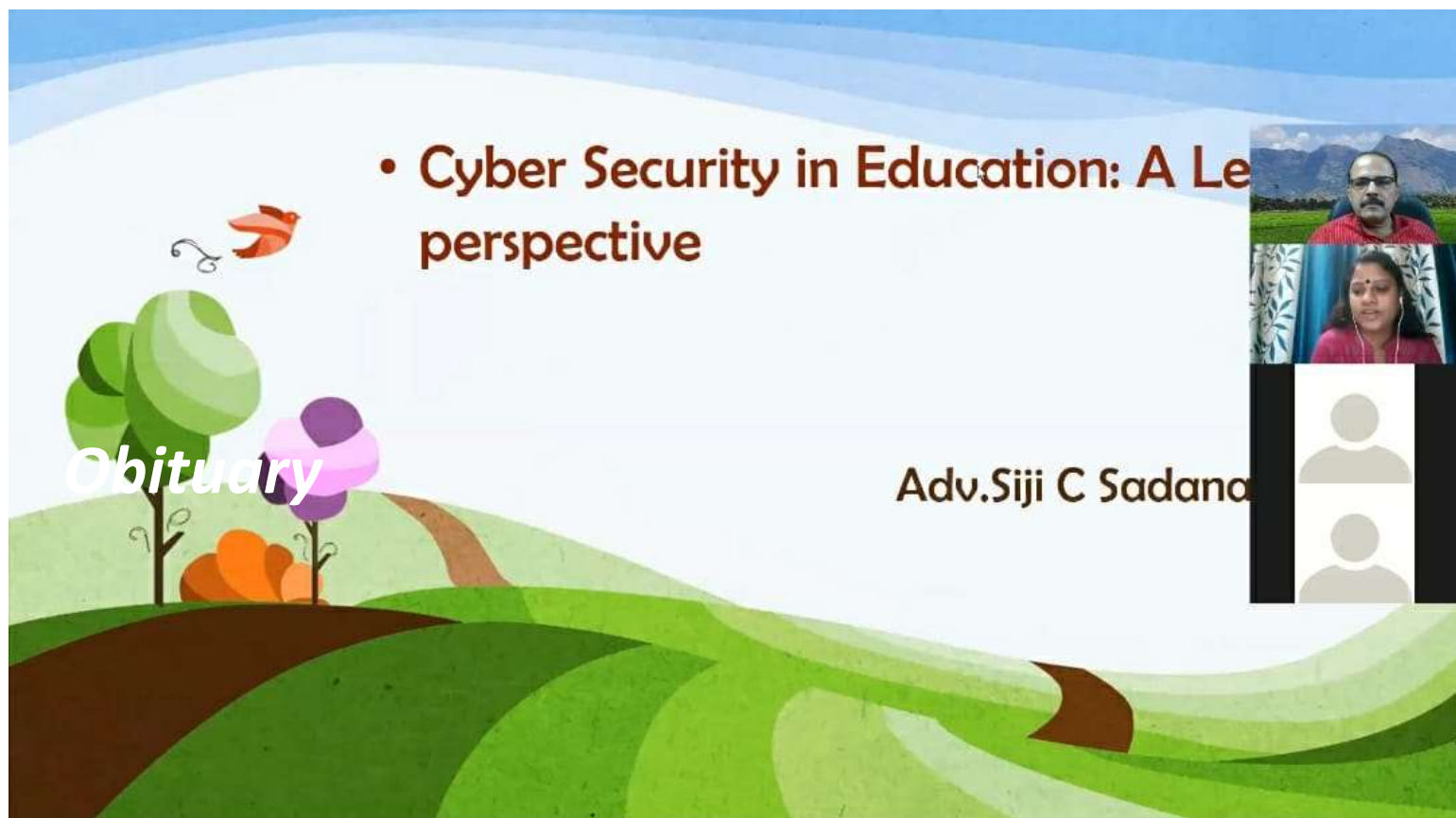
2021 ഒക്ടോബർ 10 തൊയർ രാവിലെ 9 മണി മുതൽ

ഹൈവേ ശുചീകരണം



"Cyber Security in Education - A legal perspective "

A Seminar for School Children organised jointly by Rotary and Innerwheel clubs of Ottapalam. Speaker : Adv Siji Sadanandan..



PRID and former RI President Nominee, Sushil Gupta, passed away

President and members of Rotary club of Ottapalam express their condolences to the bereaved family of Rtn. Sushil Gupta



The Rotary world is grief stricken on this outstanding leader's sad demise on 29th Oct 2021.

RI President Shekhar Mehta shared his grief:

PRID Sushil Gupta, doyen of Rotary in India left for his heavenly abode this morning after a prolonged illness.

It is a huge loss for Rotary, especially in India. An excellent human being, outstanding leader of Rotary, a successful industrialist, Padmashri, he leaves behind a rich legacy. We will miss him dearly.

Our heartfelt condolences to Vinitaji and family. May the departed soul meet its creator in peace.

Om Shanti.

Shekhar Mehta

President, Rotary International.

PRID Sushil Gupta was elected as President Nominee of Rotary International on 1 October 2018. He was to serve as President in 2020-21. On 26 April 2019, Sushil Gupta resigned due to health reasons.

Sushil was member of Rotary Club of Delhi Midwest. He was Chairman of Asian Hotels (West) Ltd, owners of Hyatt Regency Mumbai and JW Marriott Aerocity New Delhi. He served as President of Federation of Hotel and Restaurant Association of India and Director of Tourism Finance corporation of India. Under his leadership, Rotary in India took up many projects in areas of water, wash in schools, blindness control and heart surgeries.

Source: eFlashOnline

Remembering Rtn. Sushil Gupta

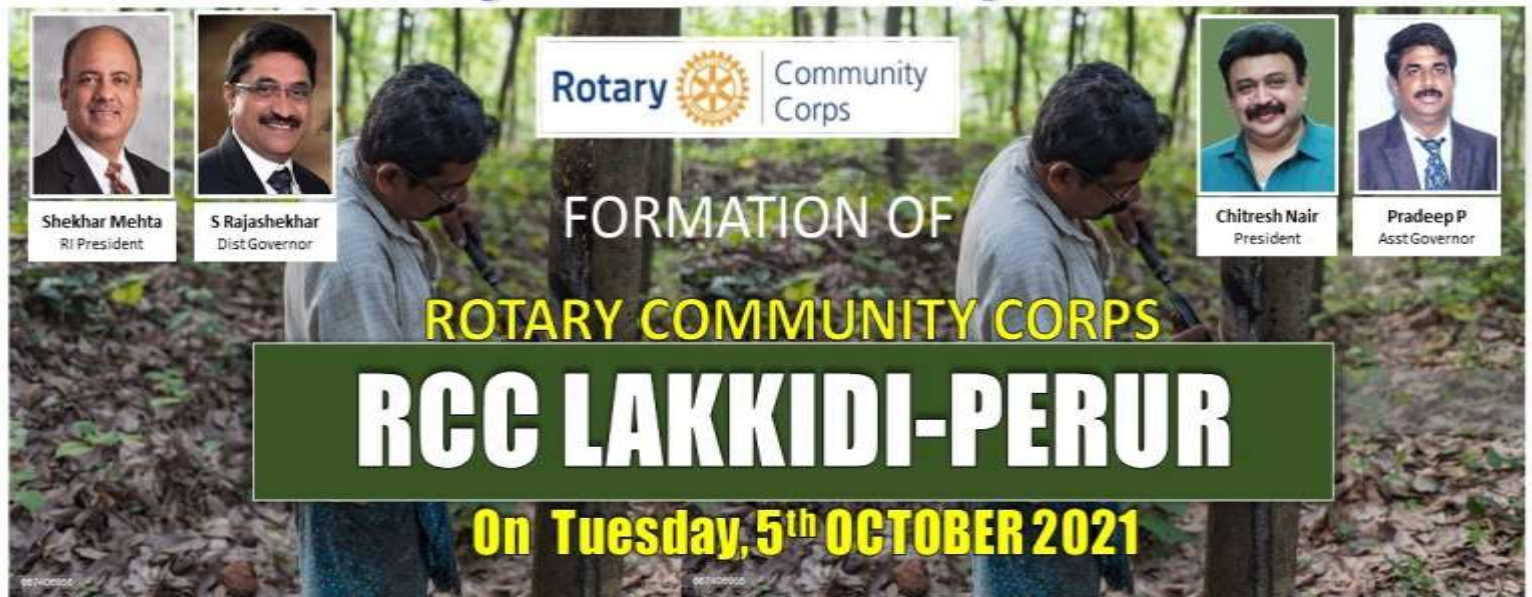
Past Rotary International Director Sushil Gupta was the Chief Guest in our District TRF Seminar.

I got an opportunity to formally introduce him.

Pranaams to the great leader.

Rtn. V A Balu





Our First Family Dinner Meeting of
the year 2021-22

ON SATURDAY,
23 OCTOBER 2021, AT 7.30 PM

Very
Important
Session by
Eminent
Guest Speaker



HEARTILY WELCOMES
Sri. Shivshankar Menon, IFS
Former National Security Advisor
As our Guest Speaker
On Saturday, 23rd October 2021, at 8 pm



MEETING ID : 740 649 9663
NO PASSCODE

Followed by Induction of New Members
by Assistant Governor

All Rotary Family Members
are requested to be present at
Rotary Hall, and to be seated
by 7.20 pm

ALSO
ON



MEETING ID :
740 649 9663
NO PASSCODE



CLUB ASSEMBLY 28-10-2021



AG Rtn Pradeep addressing the Hybrid Club Assembly on Oct 28 2021.
Vice President Rtn Baiju chaired the meeting in the absence of President.



President and members of Rotary club of Ottapalam congratulate and welcome every new member who were inducted during October 2021 to the Rotary family.



Rtn. Prakash G Nair



Rtn. Rashid



Rtn. Shafi





Rotary Opens
Opportunities



Rotarian wins Nobel Prize



Rotarian Benjamin List,
member of the RC Mülheim ad Ruhr-Schloß Broich, Germany

wins Nobel Prize for Chemistry.

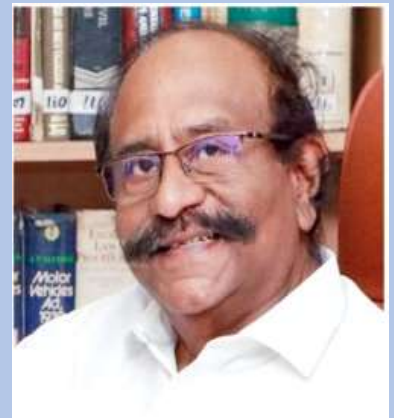
He shares the prize with the US researcher David WC MacMillan. Both have developed methods of accelerating chemical reactions.

എൻ.സുന്ദര വടിവേലു ജില്ലാ റോട്ടറി ഗവർണർ

★ **കോയമ്പത്തൂർ:** ജില്ലാ റോട്ടറി ഗവർണർ എൻ.സുന്ദരവടിവേലു തെരഞ്ഞെടുക്കപ്പെട്ടു. കോയമ്പത്തൂർ, പാലക്കാട്, തൃശ്ശൂർ, എറണാകുളം, ഇടുക്കി ജില്ലകൾ അടങ്ങുന്ന റോട്ടറി ജില്ല 3201 ന്റെ 2024-25 വർഷത്തെ ഗവർണറായാണ് തെരഞ്ഞെടുക്കപ്പെട്ടിരിക്കുന്നത്. കോയമ്പത്തൂരും ചെന്നൈയും കേന്ദ്രീകരിച്ച് പ്രവർത്തിക്കുന്ന മുതിർന്ന അഭിഭാഷകനാണ് അദ്ദേഹം. കോയമ്പത്തൂർ ജില്ലാ ബോർഡ് അസോസിയേഷൻ മനുഷ്യാവകാശ സെൽ പ്രസിഡന്റായും പ്രവർത്തിക്കുന്നു. കോയമ്പത്തൂർ സിബി ഐ സിപെഷ്യ പ്രോഗ്രാമിക്യൂട്ടറായും കോയമ്പത്തൂർ ബോർഡ് അസോസിയേഷൻ പ്രസിഡന്റായും സേവനമനുഷ്ഠിച്ചിട്ടുണ്ട്.



Congratulations to **Rtn DGND AKS Sundara Vadivelu** for being unanimously elected as **District Governor** for Rotary Year **2024-25** In RI District 3201.



Rtn. Dr. Sreeraj



Rtn. Dr. Satheesh Kumar Nair

Indian Medical Association(IMA) Valluvanad chapter has installed Dr. Satheesh Kumar Nair and Dr. Sreeraj as its president and Secretary respectively for the year 2021-22.

President and members of Rotary club of Ottapalam wish to congratulate and wish them all the best.

RCO's London well wisher and major supporter for our WCS projects Beena Menon's son Santhosh Menon got married in London to Dr Revathy. Santhosh visited our CBR Projects and Club few years back.





LED lights made by our Global Grant 1861779 beneficiaries for sale @ Rs.150 each





Rtn. Capt. Sunyil Kumar

How COVID-19 is impacting seafarers

Seafarers have been the unsung heroes of this pandemic, as the world relies on them to transport more than 80% of trade by volume, including vital food and medical goods, energy and raw materials, as well as manufactured goods across the globe. They have also been collateral victims of the crisis, as travel restrictions have left tens of thousands of them stranded on ships, or unable to join ships.

The difficulties surrounding repatriation and crew changes also have a major impact on the shipping industry and have been identified as a priority issue, and called on all countries to formally designate seafarers and other marine personnel as “key workers” and ensure crew changeovers can safely take place.

While IMO is encouraged by the progress made in many countries to designate seafarers as key workers and facilitate crew changes and repatriation, the Organization remains very concerned about the many countries where restrictions are still in place for seafarers. We are on the verge of a humanitarian crisis and a real safety issue – we cannot expect seafarers currently on ships to stay at sea forever. Many have already been on tours of duty significantly longer than the 11 months agreed by ILO as the maximum length of seafarers’ contracts. It is the responsibility of governments to ensure seafarers and ships can continue moving, to enable the world to overcome and recover from the pandemic and keep the global economy afloat.

Here are the answers to some of the most frequently asked questions about crew changes and repatriation of seafarers

Why is it so difficult for seafarers to go home?

Many governments around the world have tentatively begun to reopen their international seaports and airports albeit with varying quarantine, vaccination and testing requirements. However, many others have reaffirmed their commitment to impose travel restrictions to limit the spread of the novel coronavirus. As a result, the ability of seafarers to travel between the ships that constitute their workplace, and their country of residence continues, in many places, to be severely curtailed.

The very nature of international shipping makes it necessary for significant numbers of seafarers to travel by plane to and from ships every month, as their ports of departure or arrival may be thousands of kilometres away from their homes. Many are flown to their departure ports to embark on ships where they live and work for several weeks or months at a time. Once they reach their destination, they often need to be repatriated by aircraft.

COVID-19-related restrictions and closures continue to hamper this process. The limited availability of commercial flights significantly reduces travel options for seafarers, and results in higher ticket prices for ship operators and manning agents, which further exacerbates the challenges of conducting crew changes and repatriating seafarers. Border closures mean some are unable to transit through foreign countries, or to travel to airports to catch their flights home.



The situation is also further complicated by difficulties in obtaining visas or travel permits to transit countries or even to enter their countries of residence. Quarantine requirements are also hindering travel.

Additionally, significant numbers of seafarers are still unable to go home because they cannot be replaced by much-needed relief crews. Due to the afore-mentioned travel restrictions, many seafarers are unable to travel abroad to embark on ships, making crew changes difficult – or impossible. As a result, seafarers report that their contracts are extended for months beyond their original end date, forcing them to stay on board instead of being reunited with their families.

This has resulted in thousands of seafarers being stranded on ships with no prospect of being repatriated. Repeated extensions of their contracts have now reached a level where this cannot be sustained without serious consequences for the health of seafarers and consequentially for the safety of the ships they operate.

There is also an oft-forgotten corollary to the crew change crisis, which is the financial impact on seafarers who are, to all intents and purposes, 'stranded at home'. Unable to work at sea and with limited or no opportunities ashore, thousands of seafarers and their families are experiencing severe financial hardship, as ongoing travel restrictions and other COVID-19-related policies are preventing them from taking up new crew employment contracts.

How many seafarers are in this situation?

As of July 2021, it is estimated that some 250,000 seafarers remain on board commercial

vessels, unable to be repatriated and past the expiry of their contracts. A similar number of seafarers urgently need to join ships to replace them. On any given day, nearly one million seafarers are working on some 60,000 large cargo vessels worldwide.

Why are crew changes so important?

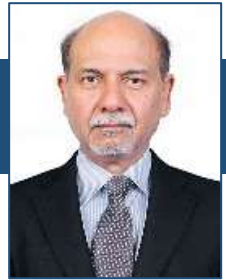
Crew changes are vital to prevent fatigue and protect seafarers' health, safety and wellbeing – thereby ensuring the safe operation of maritime trade. They cannot be postponed indefinitely.

The duration of seafarers' contracts varies, but they typically work between four and six months on ships, followed by a period of leave. When at sea, they often work 10-12 hours shifts, seven days a week – performing tasks that require constant professional attention.

Seafarers spending extended periods onboard are more at risk of adverse health effects, including physical and mental health issues. Thousands of seafarers stranded on board ships have already expressed their exhaustion, fatigue, anxiety depression and mental stress. And a physically and mentally fatigued seafarer has a much higher risk of becoming involved in an incident which causes a marine casualty.

What is the situation regarding access to medical care for seafarers?

There have been numerous cases of seafarers being denied permission to go ashore to receive urgent medical care, despite presenting symptoms that were not related to COVID-19.



For example, a 45-year-old Russian seafarer who was suffering a stroke was initially refused permission to enter a foreign port to receive the life-saving treatment he desperately needed. The medical evacuation was finally authorised after UN agencies stepped in

In some cases, even fully vaccinated seafarers have been refused permission to disembark, despite all the crew testing negative for the disease.

Examples like that of the 45-year-old Russian create significant concerns for seafarers, who worry they may not get the medical care they need in case they become ill, from COVID-19 or from other diseases. The uncertainty is also extremely distressing for loved ones ashore, demoralising for other members of the crew when a colleague's health is on the line, frustrating for Masters' who have a duty of care but are essentially powerless to intervene, and extremely time-consuming for operations staff ashore who attempt to communicate with a myriad of ships agents and various other parties ashore, in order to arrange medical evacuation.

In addition, many seafarers have serious problems in obtaining repeat prescriptions for medication they take, and many others are not receiving appropriate medical assessments to formally diagnose new medical conditions before onboard primary care is administered to stabilise and/or treat them.

What can governments do?

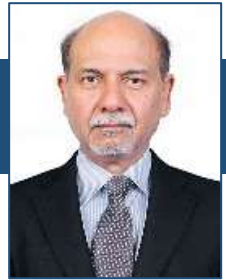
IMO and other organizations have repeatedly urged governments to designate as “key workers” seafarers, marine personnel, fishing vessel personnel, offshore energy sector personnel and service provider personnel at ports, regardless of nationality.

Governments are urged to provide these personnel with the necessary support, such as exemptions from national travel or movement restrictions, to allow them to join or leave ships and to transit through national territories (for example to an airport) for repatriation. They must also ensure these personnel have access to emergency medical treatment and, if necessary, facilitate emergency repatriation.

Governments and national authorities should ensure that all visiting merchant ships continue to have access to berths in port and terminals and do everything possible to allow crew changes to happen. They are strongly encouraged to implement a [series of protocols](#), which set out general measures and procedures designed to ensure that ship crew changes can take place safely during the COVID-19 pandemic – and share them widely with the relevant national authorities. The protocols cover all key issues including provision of personal protective equipment (PPE), COVID-19 testing, temperature checking and proposals for designated lanes at airports

Why is the keyworker designation so important?

Key worker designation for seafarers is essential to exempt these professionals from specific COVID-19 related travel restrictions, allowing them to travel between their country of residence and ships, and to be repatriated at the end of their contracts. This is vital to allow crew changes to take place. Crew changes are not only essential for the health and wellbeing of seafarers themselves, but they are also vital to ensure commercial ships can continue to



carry essential goods safely and without unnecessary interruptions.

Shipping carries more than 80% of the global trade by volume. Sea transport moves the world's food, energy and raw materials, as well as manufactured goods – including medicines and medical supplies that are vital in the fight against the COVID-19 pandemic. The keyworker designation will ensure that the trade of essential goods, including medical supplies and food, is not hampered by the pandemic and the associated containment measures.

Why should seafarers receive priority vaccination against COVID-19?

Establishing priority lists for vaccination is the prerogative of national Governments, but IMO Member States are encouraged to ensure seafarers, marine personnel and fishing vessel personnel receive priority vaccination. This will allow them to work and maintain vital supply chains, and would help resolve the ongoing crew change crisis.

Seafarers fall under the category of essential workers outside health sector, which also includes police officers, frontline emergency responders, municipal services, teachers, childcare providers, and agriculture and transportation workers. Moreover, seafarers fit into the category of workers who are in economically critical sectors and cannot carry out their occupation remotely.

How can crew changes and repatriation take place safely?

IMO has endorsed a set of [step-by-step protocols](#) which set out general measures and

procedures designed to ensure that crew changes can take place safely during the COVID-19 pandemic. These protocols have been drawn up by a broad cross-section of global industry associations representing various sectors of the maritime transport industry.

The protocols advice on safe procedures for joining ships as well as leaving ships and repatriation. They cover everything from provision of personal protective equipment (PPE), COVID-19 testing, social distancing, hygiene precautions, temperature checking, temporary accommodation, and proposals for designated lanes at airports for seafarers, to name only a few. They include requirements for shipping companies and recommendations to governments, maritime administrations and other relevant national authorities such as health, customs, immigration, border control, seaport and civil aviation authorities.



Rtn. Capt Sunyil Kumar



OPERATIONS / WAR SERVICE

- * In October 1972, I was posted to 13ER Regiment at Kaluchack in Jammu Dist. (Regiment moved directly from Bangladesh after the Eastern war) under 25 Div.
 - * After 1 week I along with my platoon was sent directly to chicken's neck in West Pakistan.
 - * My task was to check all the buildings in that area, dispose all the bombs, destroy all the houses, collect all the bricks and carry it to the Indian side.
 - * At the same time I was asked to repair all the border bhurji (boundary) with some changes in the locations.
 - * These bricks were also used for construction in important areas like bunkers for the infantry bn.
 - * Subsequently was orders to construct 3 steel towers in the area of 25 Div border (for the Infantry).
 - * Simultaneously we removed all the explosives in our bridges to clear the area. It took about 3 months in the above area.
 - * Afterwards I was moved to another area with platoons from 276 fd co to 277 fd Co.
 - * Our main aim was to clear/removal of all mine fields in the area of the division border. In fact, other platoons were also used simultaneously for the complete division. This took a lot of time for us with some injury /deaths of our officers and Jawans. In fact, I had my left hand and a small scratch below my left eye injured.
- Of course I did not want to go to the hospital by leaving my jawans. We also had a Capt Doc from infantry with us who helped me and operated to remove the plastic pieces from my injury. Other injured jawans were sent to Jammu military hospital. This job was cleared in 3 months.
- * Later on we were ordered to construct a ditch cum bund in the borders of 25 Div. again the infantry were helping us regarding the size, location and distance between each bunkers.
 - * We used the labour from Bihar, MP, Odisha, West Bengal etc and constructed the completed ditch cum bund with support from Armoured Corps and Arty.
 - * In most of the ditch (which is full of water), we put coiled steel and in some it is filled with Piranha fish. This took about 2 and a half years.
 - * After another 6 months, I moved to CME (College of Military Engineering) in Oct 1975 and returned back to the regiment at Kanchrapara (WB) after completing my engineering degree (in CME), in 1978.
 - * We moved from there to Pattan (Srinagar) I next moved to Jhansi as AGE (Assistant Garrison Engineer) MES in 1981, and I returned to the regiment at Delhi in 1983.
 - * From the regiment I moved with my company to Rajasthan for about a month attached with unit of Bombay Sappers, to protect the bunkers in the Border, due to OP Trident where we were protecting the border against the Pakistan army for about a month.



- * In 1984, when all units were out of Delhi for exercise, 13 ER regiment was in Delhi. We were instructed to rescue all the Sikhs in Delhi who were being killed by individuals from Haryana, UP and Delhi. We saved them by helping them at different places for 3 days, until the other units came back after the exercise.
- * I was awarded the commendation certificate by the GOC-in-C – Western Command for my work in 1984.
- * In 1986, the regiment moved to Fulbadi (WB).we moved from there to Tawang & all the 3 companies, to different locations in High Altitude, with const of Bunker, Roads, service road, Mine fields etc.,(in fact, one of our field company was protecting the mountains to the east (Lungrola) all against China.). Three Sapper units were used in that area namely 2, 13 and 201.
- * I left the regiment at the end of 1988 and was posted to NCC (TN)., and from there I was posted as a Lt Col to Khadki (Pune) in 1992 at DGQA as Deputy Controller.
- * In 1994, I was promoted to Col and took over as Comdt of 24 BRTF at Seling in Mizoram.
- * In the year 1997, I was again posted to Border Roads as Additional Chief Engineer in Project Deepak (Shimla).
- * Right from the beginning we were used to clear the 75 Ft high snow from Rohtang with construction of 3 bailey bridges (2 on Manali area and 1 bridge north of Rohtang), so that all army vehicles could move for Kargil if the road from Srinagar is damaged.

- * The very next year 5 dams were opened by the Chinese with an excuse that excess water had to be opened otherwise many areas will be destroyed (as per Chinese excuse). We lost about 100 kms (in different places) on the Hindustan Tibet Road. Even though we were clear that the Chinese have destroyed our roads, Sutlej River & also damaged all villages including 3 bridges. But we had to repair the roads and bridges urgently. We got orders from G-O-C-in-C Chandigarh to repair the roads and damages in 3-4 months. The damage was rectified by us after we requested the GOC to send the equipment from at least one Engineer Regiment. 7 ER regiment was sent and we used their equipment too, with our spare drivers. Their men were also becoming experts.
- * In Oct 2000, I was posted as Advisor to F-O-C in C (Southern Naval Command) Kochi. I retired from Kochi on 30 Nov 2003.

NOTE:

It is informed that my father (Late APN Nair) was a Viceroy's Commissioned Officer of 17 Royal Engineers, and fought in the Second World War in Singapore from 1939-1942. He was awarded a Samurai Sword plus medals for his duty. I have handed over the Sword and medals to Comdt of MEG & Centre, Bangalore, on 25 Nov 2003 (My official Date of birth day). The medals are in the museum and the Samurai Sword is in the main dining hall of the Officer's mess.

Rtn. PP Col. KCK Nair



Some golden oldie photos of my career



Above right and below are when I was a Cadet of Indian Army Academy





African region marks one year since being certified wild polio-free

Rotary joined its partners in the Global Polio Eradication Initiative (GPEI) to mark the first anniversary of a historic public health milestone: the World Health Organization's African region being certified free of wild polio.

The anniversary was celebrated on 25 August during a WHO Regional Committee for Africa meeting, which also addressed current challenges to eradicating polio and new tactics to achieve a polio-free world.

Africa's milestone has already benefited children's health and public health across the continent. The infrastructure and innovations that helped the African region become free of wild polio are playing an important role in the COVID-19 pandemic response and are available to use in future public health emergencies. Polio workers also now conduct other routine immunizations, deliver medicines, and provide other health care services.

The achievement in Africa is the result of a decades-long effort by millions of Rotary members, health workers, government officials, religious leaders, and parents. Since 1996, when wild polio paralyzed an estimated 75,000 children across Africa, health workers have administered more than 9 billion doses of oral vaccine, preventing 1.8 million wild polio cases.

Rotary members have contributed nearly \$920 million toward eradicating the virus in the region, advocated for support from their governments,

mobilized communities around National Immunization Days, and conducted events to raise funds and public awareness.

Five of the WHO's six regions, representing more than 90% of the world's population, are now free of the wild poliovirus.

Africa's success in eliminating wild polio proves that the virus can be eliminated under complex circumstances and provides a blueprint for eradicating wild polio in the last two countries where it's endemic: Afghanistan and Pakistan.

Dr. Tunji Funsho, chair of Rotary's Nigeria PolioPlus Committee, says the certification of the African region is a monumental public health achievement, but the ultimate goal of global eradication remains.

"Our job is not done," says Funsho, a member of the Rotary Club of Lekki Phase 1, Nigeria. "Africa still has a vital role to play in ending polio globally and must continue to reach children everywhere with polio vaccines."

"We also face a final hurdle in ridding Africa of all forms of polio," he adds, citing outbreaks of the circulating vaccine-derived poliovirus type 2 (cVDPV2) variant. These outbreaks, he says, "continue to harm under-immunized communities across the region and paralyze children."

<https://www.rotary.org/en/african-region-marks-one-year-being-certified-wild-polio-free>

by Ryan Hyland



Palak Paneer

Ingredients

- 200-gram Palak,
- 2 medium onion,
- 4 garlic,
- small piece Ginger,
- yellow powder,
- red chilli powder,
- coriander powder,
- Garam Masala,
- jeera powder,
- fresh cream,
- oil 4 tablespoon
- Paneer 200 grams and
- salt to taste. (For approximately 4 persons)



Preparation

- Clean Palak and remove all stems, take only leaves, boil 3 glasses of water in a pan, to this add Palak, close the pan and switch off gas, after 2 minutes drain the water and keep it aside.
- In a pan, heat 3 spoon of refined cooking oil. To this add 2 medium-sized chopped onions, 4 garlic and small piece Ginger and 2 green chillies. Sauté this for 5 minutes to this add one medium size tomato also. Mix well and switch off the flame. Let it cool for some time and then make it a paste. To this add palak and grind it. Our mix is ready.
- Heat a pan and add 3 spoon oils, let it get heated, sim the flame, to this add half spoon of yellow powder, half spoon of chili powder, half teaspoon coriander powder, and half teaspoon jeera powder Sauté well till the raw smell goes off.
- To this add ground paste, mix well, cover with a lid and boil for 2-3 minutes, open the lid and add paneer pieces to this, mix it, add Pinch of Garam Masala and stir it. Now you can add 3 spoon fresh cream, slowly stir it and cover it for two minutes till the Paneer is properly cooked. Switch off flame and remove to a serving bowl, for garnishing you can add two pieces of grated paneer, serve hot with Roti or Nan.

Geetha Sunil

Happy Anniversary!



**Rtn. Prabhurajan Edathol &
Rtne. Saraswathy Prabhurajan
(4-Dec)**



**Rtn. Dr Narayanan M &
Rtne. Dr Lekha Narayanan
(23-Dec)**

Kerala Piravi wishes
കേരളപ്പിറവി ആശംസകൾ



Important Days



November	
2 nd Nov	International Journalist's Remembrance Day
6 th Nov	International Day for Preventing the Exploitation of the Environment in War and Armed Conflict
9 th Nov	World Legal Services Day
10 th Nov	World Immunization Day
12 th Nov	World Pneumonia Day
13 th Nov	World Kindness Day
14 th Nov	Children's Day (India)
16 th Nov	International Day for Tolerance
17 th Nov	International Students Day
18 th Nov	World Chronic Obstructive Pulmonary Disease Day
19 th Nov	International Men's Day / National Integration Day (India)
20 th Nov	Africa Industrialization Day / Universal Children's Day / Transgender Day of Remembrance
21 st Nov	World Television Day / World Fisheries Day
25 th Nov	International Day for the Elimination of Violence against Women
26 th Nov	National Law Day (India) / Constitution Day
29 th Nov	International Day of Solidarity with the Palestinian People
December	

1 st Dec	World Aids Day
2 nd Dec	International Day for the Abolition of Slavery
3 rd Dec	International Day of Disabled Persons
4 th Dec	Indian Navy Day
7 th Dec	Indian Armed Force Flag Day / International Civil Aviation Day
9 th Dec	The International Day Against Corruption
10 th Dec	Human Rights Day / International Animal Rights Day
11 th Dec	International Mountain Day
14 th Dec	National Energy Conservation Day (India)
18 th Dec	International Migrants Day
20 th Dec	International Human Solidarity Day
23 rd Dec	Farmers Day (India)

RCO CALENDAR: Nov-2021



Thu, 4-Nov - Weekly Meeting

Thu, 11-Nov - Weekly Meeting

Sat, 13-Nov - Board Meeting

Thu, 18-Nov - Weekly Meeting

Thu, 25-Nov - Weekly Meeting

Sat, 27-Nov - Family Meeting*

* subject to Covid-19 status

Rotary Club of Ottapalam
District Priority
EARTH
Happy Farmer

കേരള സർക്കാർ കൃഷിഭവൻ മികച്ച കർഷകനായി അംഗീകരിച്ച ശ്രീ ഹരിദാസൻ. കെ അവർകളെ 'സത്തുഷ് കർഷകൻ' ആയി തെരഞ്ഞെടുത്ത്, കേരളപിറവി ദിനത്തിൽ, റോട്ടറി ക്ലബ് ഓപ്പറേഷൻ ആദരിക്കുന്നു.

Sri Haridasan K
നെല്ലു, പാൽ ഉല്പാദനത്തിൽ, മികവിന്റെ നാലര ദശകങ്ങൾ

നവംബർ 1, 2021

കേരള പിറവി ദിനാശംസകൾ



We meet on every Thursday 7:30 pm at CRR Hall, Manisseri

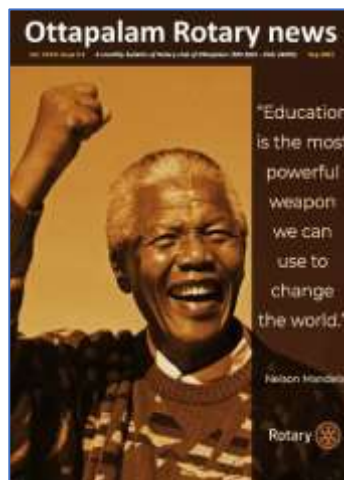
ORN *Past Issues* 2021-22 *(click on the bulletin icon to read)*



ORN #1 JULY-2021



ORN #2 AUG-2021



ORN #3 SEP-2021



ORN #4 Oct-2021

100% members of Rotary club of Ottapalam have contributed to POLIO FUND this Rotary year 2021-22

NOVEMBER IS

**ROTARY
FOUNDATION
MONTH**

"If we can conquer space, we can conquer childhood hunger."

Buzz Aldrin



EVERY
ROTARIAN
EVERY
YEAR

**BECAUSE WE CARE
MAKE A CONTRIBUTION, BE THE DIFFERENCE**

Designed & edited by Rtn. Ramachandran K and published by Rtn. Chitresh Nair, President (2021-22), Rotary club of Ottapalam