



BULLETIN OF THE ROTARY CLUB OF MUMBAI SION

C/o. K.M. Rajeshirke & Co., 212, Shramjivan,
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Parade, Wadala (E), Mumbai 400 037



Sion Fort

Club President: **Rtn. Kishor Rajeshirke**

R.I. Dist. 3141 DG: **Rtn. Sunil Mehra**

R.I. President: **Rtn. Holger Knaack**

Vol. XLVI No. 2

SERVICE ABOVE SELF

AUGUST 2020

PRESIDENTS COMMUNIQUE



Dear Members,

Greetings for the month!

It has been five months since we met in person. I am sure, most of you must not have stepped out barring on few occasions and are now accustomed to the Lockdown and utilising your time wisely. This Lockdown has given us an opportunity to Introspect, Improve, acquire new Skills, to Dream Big and to plan ahead for the same.

This is only a small pause our Universe has taken before it takes a big leap!

Doubtlessly, it is a crucial period and a wake-up call for everyone to act socially more responsible and adhere to our duties as a part of our obligations to society. Unfortunately, unemployment, loss of pay, falling income will impact people, particularly those from lower strata. However, we at Rotary are committed to serve the needy and poor. With tremendous foresight, our District team

has alligned various projects to address the varying needs of the society.

As always, Sion Club has taken a lead in being a part of innumerable District Projects, so once again, in these times, I request all members to come forward, and be part of projects of their choice.

Here, I would like to highlight two interesting projects with high social impact, Poshak Aashar and Aashiana by District, details of which you will find elsewhere in this bulletin. Our club has already contributed generously to these projects.

I am thankful to First Lady Neeta for her noble gesture in contributing Rs. 50,000 to Aashiana Project on her 50th Birthday. With good support from all members, I am happy to inform that till date, our club has committed to 2 Houses under the Aashiana Project. I am sure we will improve upon this commitment and I call all members who have not contributed as yet to come forward and donate generously to this noble project, a low-cost housing for poor.

Our weekly meeting on topic Vision For Club was well appreciated and participated by members. We had detailed discussion on Vision of Club and accordingly five sub-committees were formed. Very soon we will

present a blue print of The Vision of Mumbai Sion.

My best wishes to all for Ganesh Chaturthi and let us all pray that the Vighnahartha blesses us all to overcome Covid-19 pandemic and offer a speedy recovery to all those who are affected by this pandemic.

Neeta joins me in wishing the club a safe and healthy journey ahead.

Yours in Rotary,

Kishor Rajeshirke

SURVIVAL DURING LOCKDOWN AND LIFE THERE AFTER

Kishore and Sudha face lockdown intelligently with positivity and strength.

Lockdown was announced in the end of March 2020. There was a lot of panic, confusion, and despair at the “House arrested” situation. Though, this was different, where we were forced to fend for ourselves totally. At this juncture, two things guided my thoughts, decision, and action.

The first one was I stumbled upon an old text by Osho, which was unbelievably true in the current context. He had precisely surmised a pandemic situation and his answer was somehow comforting as it gave me direction.

Osho, 40 yrs ago, during the AIDS fear was asked, “How does one avoid a pandemic.”

He replied “You are asking a wrong question, the right question should be, How to avoid, the fear of dying caused by the epidemic(pandemic)? Because, it is very easy to avoid the virus, but it is very difficult to avoid the fear in you and the world.”

People will die more from this fear, than from the epidemic. There is no virus in the world, more dangerous than fear.”

Further he explained, “Understand this fear, otherwise you will become a dead body before your body dies. The

scary atmosphere is collective madness...”

Second was a video clip citing Professor Michael Levitt, teaching structural biology at Stanford University medical school and noble prize winner in 2013.

He was quoted “When we come to look back on this, the damage done by lockdown will exceed any saving of life by a huge factor. The lockdown in other words is killing – Will kill more people than the virus.

And that’s just talking about the damage in terms of death. The damage in terms of life is beyond belief. Millions of people will be out of work. This is a very big crisis in the world created by experts. So the experts have destroyed the lives of people and not the virus. The human tragedy is the lockdown, and not the virus. And all those in the administrative capacity who believed in them.”

I was convinced about the fear factor and the effects of the lockdown. We as a country were late in our action plan and hence unlike some other countries still grappling with the huge problem facing us.

Therefore thinking rationally, I decided to face fear and lockdown sensibly.

One, I thought of my staff and people who depended on monthly remuneration from me. To see them through I opened my office on June 9th and started work. Off course this was done with proper precautions as advised by the medical fraternity.

Second to face general fear factor, me and Sudha decided to be very positive in our approach to daily life, for fear had no place in our

lives.

I have remained in close contact with friends and family through facetime, zoom etc. Also, I have kept a very busy work schedule, along with enjoying a lot of music and value added reading.

The future as I see will be a new order of life and we will have to adapt to this lifestyle. We will have to evolve and be ready for huge changes in new gadgets and technologies.

So, friends, be ready, physically, mentally and intellectually for a big change our lifestyle.

P.D.G.

Kishore Jobalia.

Topic no 7

Cook like an expert.... (picture in whatsapp)

With changing roles and work sharing at home, moods of all family members also take a beating. But, one place everyone does like to converge happily, is the dining table.

So here's one simple yet healthy and quick to make recipe for MEN.

Scrambled eggs with vegetables:

Suggestion: Before you begin, keep all the ingredients in a ready-to-use state.

-For a rough estimation, take 2 eggs per person.

-Finely chopped onions, capsicum, green chillies.

-shredded cabbage

Method: Break the eggs in a bowl, add one tablespoon of milk, and salt and beat it up with a fork till it looks bubbly and not stringy. Now, put a shallow non-stick pan on a medium flame and heat for a minute. Ladle in 2 spoons of cooking oil/ ghee/butter and heat for half a minute. Add onions, stir and cook for a little while, add cabbage, and capsicum, and green chillies (optional). Once all vegetables look slightly cooked add beaten eggs with salt. Use a wooden spatula and fold it very gently, maybe 3 or 4 times.

At this stage, be careful of the flame and your attention. Eggs cook very fast and will be ready for serving. Serve on prepared toast of sliced bread or the small bakery bread.

Top it with pepper and/or chilly flakes. Grated cheese on top? Yes, why not!!

Easy?? Invite the family for a hearty meal.

Recommended accompaniments: Potato wafers, Tomato soup make excellent sides.

Covid- 19 Pandemic

- A Karmic Experience

Life brings challenges! All of sudden, Covid-19 Pandemic, probably a Nature's fury, was brought into our lives. March 21st 2020, an unforgettable day in our life. We were all in the office. Suddenly a lock down was declared. All of us have to 'stay at home.' 'Work from home' -WFH, a new concept at Sunanda. The IT department was put at work into a war like situation. Laptops had to be issued to all, software had to be put in. It was a crazy evening. Almost everyone was at the office till 10 pm preparing to stay home from the next day, which at that time we all thought, could be for 10- 15 days.

How mistaken were we? We went through lock down after lock down & WFH continued endlessly. A new wave 'Stay Home' ruled us. A shift in our life style took place. We were and we continue to be in a new born state, more attentive, more aware and more caring. We ate home cooked satvik food, nutritious food, cooked lovingly with our own hands. We ate early, slept early, woke up early, feeling complete & refreshed.

For years and months, we had been sleep deprived. We had no time to be with ourselves, or our family or friends & relatives. Now we had all the time. I don't remember, when I felt like this before. Just doing nothing. We were so dependent on stimulus, constantly occupied, if nothing then our phone and whatsApp kept us busy.

This stay home has been a karmic

experience, to de-clutter and clean our mind and to look within. This time has taught us to slow down. To work on our self and with our self.

No domestic helps, no shopping, no meeting friends, no late night dinner parties, all of it came to a standstill. A comma, or a much needed pause to put a break to our over indulgences, using up all our resources & blessings, as if there's no tomorrow. Greed, wants, competitions and speed was the mantra. But now everything seemed meaningless.

A wake up call in our life. We were living unconsciously. It was a reminder to mend our ways. Take care of ourselves, our loved ones, our world and Nature.

We learnt to be vigilant. Sacrifice all unnecessary wants. Just take care of the essential needs. Practice more restraint, care and caution. Avoid contact, maintain social distance and stay safe. Temples, mosques, churches, all closed their doors. We realized, we are precious. Life is precious.

For me it was a unique experience in that for the first time my daughter Ishita was away from home for almost four months and stayed at Surat, her married home. For

the first time in forty years, my older sister 79 years of age, Jameela Aapa came to stay with me as she had no one to take care of her.

First time in Ramazan, I had company at sehri, every morning at 4.00 AM for start of the fast. First Ramazan, when I offered all five times prayers since I was home all the time. First Ramazan, when I completed reading the Quran fully as my sister's presence was like a guiding light for me. Felt 'sukoon' and pious. Ramazan

got over. Eid was quiet. Another two and half months passed. Bakari Eid also arrived. We were still under locked down.

At Sunanda, we took a new initiative and conducted workshops on ZOOM. I touched almost 550 lives with our Deep Mind and Body Relaxation and Mind Boggling Powers of the Mind series throughout April and May 2020. I also taught communication skills- oral & written, English grammar to all employee of Sunanda, who were interested in improving their skills.

We also started the 5 AM club and took the 66 days challenge to wake up at 4:30 AM everyday. Since there were no late dinners or parties, we went to sleep by 9.00 PM every night. My son Sourabh, daughter Ishita, son-in-law Aman and seven engineers at PAN India level, met every morning at 5.00 AM on Zoom. We practiced what we called the 'Victory Hour - 20-20-20' between 5 and 6AM . It was the most wonderful experience from 27th May 2020 to 5th August 2020. For the first twenty minutes, we practised yoga, next twenty minutes mindful breathing/ meditation and next twenty minutes either we walked or exercised. The next hour from 6 to 7AM was called the grow hour. It was time to study, to grow in knowledge. It was a great learning experience which we all enjoyed immensely. The best part of it is that now, we all wake up at 4.30 AM everyday- it has become a habit. The 5.00AM Club concept was chosen from Robin Sharma's book by the same name.

We have little or zero control over what happens in our lives but we have the choice to look at it neutrally, accept it and live

joyfully. Integrate it into our life, experience it, learn from it and move on. Live life with choice and with dignity. What we make of our life & ourselves is what really matters. Living in harmony with our own spirit, mind, body and emotions is what counts in making life wonderful and pleasurable, although it may be tainted with misfortunes, poverty, illness, mistakes, Covid-19 pandemic experience, yet it is the best life lived.

In conclusion, I would like to leave you with five thoughts:

1. Live in the Now:

Live in the moment fully. Just see enough for the next step, next moment, or maybe the next day. Trust the moment to guide you further for the moments that follow. Look at the dark moments, the dark feelings, examine what, where, why, when and how of it 4W + 1H formula. Learn from them, crush them, flush them out of the system and move on.

2. Be Grateful:

Let us be grateful for all that is happening in our life. Grateful for the good and the bad, the joy and the sorrow, the success and the failure. Every day before we sleep, let's say thank you for at least five fulfilling moments of the day.

3. Trust:

Trust is the basis of life. Let's trust the universal power. Trust the great catcher. The Almighty God by whatever name you may call him - Tao, Allah, Krishna, Wahe Guru, Jesus, for our lives are like the trapeze artists. We are flying all the time. But He the Great Catcher - He will catch us as we fall. Trust him and leap forward in

life. Submit and Surrender rather than Being in Charge.

4. Happiness and Joy:

Joy makes life worth living. Strange as it may sound, we can choose joy. It is not dependent on others. It is not found in the compliment or the award you received. Joy is hidden in the compassion. Being with someone in pain, offering simple presence of yourself to someone in despair, sharing times in confusion, uncertainties such as the present times... these experiences bring us deep joy. Not satisfaction, not happiness, not excitement but the quiet joy of 'being there' in solidarity, it leads us to the centre of joy, sharing our humanity with others, unconditional love.

5. Forgiveness:

We must ask for forgiveness from the Almighty, the Creator. Set our EGO aside. (Evading God Out). Realize that there are so many Universe, the Brahman is huge. Our earth is a dot in the one such Universe. We are like a speck of dirt in this great vastness of creation. Just a small dot. Seek forgiveness for all the destruction, misuse of resources. Wasteful use of materials including food, water and time. Commit to change. Be cautious.

Similarly we must receive and give forgiveness. Forgive and move on with life. Forgiveness allows us to claim ourselves and our loved ones, it heals and converts the cause into a blessing. Think how the present situation maybe a blessing!

Let's be in the now, be grateful, trust the Almighty and one another, seek forgiveness and share/spread joy.

Om Sarve Bhavantu Sukhinah

Sarve Santu Nir-Aamayaah |

Sarve Bhadraanni Pashyantu

Maa Kashcid-Duhkha-Bhaag-Bhavet |

Om Shaantih Shaantih Shaantih ||

May all be prosperous and happy,
May all be free from illness, May
all see what is spiritually uplifting,

May no one suffer. Om peace,
peace, peace!

Razia. Manjrekar

The art of soaking in the sun

Vitamin 'D', as obtained directly from the sunlight falling on you, has invaluable benefits. But, sitting idle in the golden sunlight, peacefully soaking in the warmth, is definitely an art. An art which must be developed patiently for its multiple benefits.



Here is one simple way of going about it.

To start with, make a definite plan and allocate time for this non-activity. Choose the morning time, between 8 and 8.30 am. Then, find a perfect corner in your house, compound, garden, terrace or anywhere peaceful. Plan to sit for at least 15 to 20 mins.

Now, sit quietly, allowing your body to slump and be in a no-control mode. Allow and feel all stresses leaving you. Close your eyes and concentrate on your relationship with this huge ball of fire. This morning sun is in a mellow mood and is spreading a gentle healing warmth all over you.

In your mind, think of how the sun journeys from dawn to dusk,

peacefully, never hurries, nor gets excited, without any noise, just goes on shining. It does much more in a fraction of a second than we can do so in our entire lifetime. Let this awesome phenomenon dwell in your mind.

Think of how it causes the flowers to bloom, trees to grow, warms the earth, causes fruits and vegetables to grow, crops to ripen, lifts the water from the earth to send it back as rain, and makes you warm and glow.

Now, visualize its journey westward over different countries. Travel along with this celestial body, over all the countries, coming back to India, your home, and your place now.

Oh! That was a long journey, 40075 kms, sit quiet, relax.

Now, without opening your eyes, visualize a bright golden weightless stream entering your body through the top of your head. Feel the warmth gushing in and imagine the stream traversing slowly through your facial organs, downwards to the neck, shoulders, arms, etc. Visualize the journey all the way down to the tips of your toes where it is exiting with your impurities, pains, and illness. During its journey, the stream is healing and curing you internally, and simultaneously nourishing you with its invaluable vitamin.



Feel the stream, which is now heavy, exiting through your toes and leaving behind a clean, purified, energized, and nourished body.

Hold the feeling, relish the warmth and a purified body. Bask in this glow....

When ready, open your eyes and slowly get back to your routine.

Do this regularly, this routine will calm you, start your day with positivity, and with a feeling of trust and faith.

Environment:

B)Recent disasters which concern the environment.

1. MAURITIUS OIL SPILL Top of Form

A grounded ship, leaking tonnes of oil into crystal-clear waters of Mauritius, spelt a major ecological disaster, and is a huge global concern. A clean-up crew along with the captain of the ship, an Indian National, will accompany the police officers in the search of the cause of the damage.

The bulk carrier MV Wakashio has been seeping fuel into a protected marine park boasting unspoiled coral reefs, mangrove forests and endangered species, prompting their Prime Minister to declare an environmental emergency and appeal for international help. The MV Wakashio, operated by Mitsui OSK Lines, struck the reef on the southeast coast of Mauritius on July 25.

Attempts to stabilise the stricken vessel and pump 4,000 tones of fuel from its hold have failed, and local authorities fear rough seas could further rupture the tanker. Hundreds of volunteers, many smeared head-to-toe in black sludge, are marshalling along the coastline, stringing together miles of makeshift cordons in a desperate attempt to hold back the oily tide.

Summary: A disaster caused by negligence/ accident but was immediately attended to, inspite of requiring international guidance and help.

2. BEIRUT EXPLOSION

On the afternoon of 4 August 2020, two explosions occurred at the port of the city of Beirut, the capital of Lebanon. The extremely powerful second blast resulted in at least 158 deaths, 6,000 injuries, and US\$10–15 billion in property damage, and made an estimated 300,000 people homeless. The blast has been linked to about 2,750 tonnes (3,030 short tons; 2,710 long tons) of ammonium nitrate – equivalent to around 1.2 kt of TNT equivalent – that had been confiscated by the Lebanese government from the abandoned ship MV Rhosus and stored in the port without proper safety measures for six years.



The blast was detected by the United States Geological Survey as a seismic event of magnitude 3.3, which was felt in Turkey, Syria, Israel, and parts of Europe, and was heard in Cyprus more than 250 km (160 mi) away. The Lebanese government declared a two-week state of emergency.



Summary: An illegal storage of dangerous goods and the lax/ indifferent attitude of concerned authorities which could have avoided the disaster by timely action 6 years back.

3. #DraftEIA2020 India

The window for public feedback on the contentious draft Environment Impact Assessment (EIA) notification closed on 11 August. According to a report in the Hindustan Times the Ministry of Environment, Forest and Climate Change (MoEFCC) said it has received an estimated 17 lakh comments from the public on the EIA. “We are still compiling the submissions. We have been overwhelmed with the number of comments,” a senior ministry official told the paper on 10 August.

This would make it quite a watershed moment in terms of public participation in environmental lawmaking. For conservationist and former Indian Forest Service (IFS) officer, Manoj Misra, this makes for a big difference since 2006, when the current EIA regime had been put in place, modifying India’s first EIA notification in 1994.

The draft was supposed to be favorable to Industry in the guise of Prime Minister Mody’s idea to promote “ease of business”.

Summary: India has received its wake-up call and now awaiting policy decisions and action from the executing authorities.

Rotarians! stand-by for action there after.

Environment:

A) Top 5 Environmental Concerns

.....Till COVID-19 came along.

Rotarians, all over the world like to do their bit to help the environment. But as time goes by, we are seeing new environmental concerns. However, as a continuous effort, we all need to tackle the 5 main environmental threats till date.

1. Biodiversity

Biodiversity is the most complex and vital feature of our planet. It is essentially every living thing and ecosystem that makes up the environment. From the tallest giraffe to the smallest microorganism, everything plays an important role in maintaining a balance in our world.

But with the increase in global warming, pollution and deforestation, biodiversity is in danger. Billions of species are going or have gone extinct all over the world. Some scientists are suggesting that we are in the beginning of a 6th mass extinction, posing issues for our planet and ourselves.

It is felt that, reducing our meat intake, particularly red meat, as well as making sustainable choices can help to keep our planet running smoothly.

2. Water

Water pollution is a huge concern for us and our environment. Not

only is polluted water a huge financial strain but is also killing both humans and marine life. With oil spills, an abundance of plastic waste and toxic chemicals entering our waterways, we're damaging the most valuable resource our planet has to offer.

It is proved that only by educating people on the causes and effects of water pollution, we can work together to undo the damage humans have caused. Laws also need to change and get tougher to make pollution a serious offense and polluting individuals and organisations answerable and punishable by law.

3. Deforestation

We need plants and trees to survive. They provide oxygen, food, attract rain clouds, provide nesting space for birds, act as noise barriers, and medicine for everyone.

But if deforestation continues at the rate it is occurring, we won't have much of the valuable forestry left and with that the dwindling resources of a green area will bring about much disaster than any other calamity.

With natural wildfires, illegal logging and the mass amount of timber being harvested for commercial use, our forests are decreasing at an alarming rate.

To help, you can buy more recycled and organic products, limit the amount of paper and cardboard you used.

4. Pollution

Pollution is one of the primary causes of many of the other environmental concerns, including climate change and biodiversity. All 7 key types of pollution – air, water, soil, noise, radioactive, light and thermal –

are affecting our environment.

All types of pollution, and environmental concerns, are interlinked and influence one another. So, to tackle one is to tackle them all. Hence, the reason we need to work together, as a community, with a common goal to reduce the impact that pollution is having on our environment. In our country, cleanliness is a major concern, for which we may have to change our attitudes and religious beliefs e.g. unnecessary flower offerings at places of worship and then getting rid of dried up offered flowers in the sea.

5. Climate Change

As pointed out by a recent UN report, without 'unprecedented changes' in our actions and behaviour, our planet will suffer drastically from global warming in just 12 years. Greenhouse gases are the main cause of climate change, trapping in the sun's heat and warming the surface of the earth.

An increased ocean temperature is affecting the sea life and ecosystems habituating there. The rise in global sea levels is shrinking our land, causing mass floods and freak weather incidents across the world. If we continue doing, as we are, the world will suffer irreversibly.

One small step is saying 'no' to driving which will reduce your carbon footprint, as will switching off electrical items when they're not in use. More importantly, we need to educate the world on the effects and severity of global warming, before it's too late.

Topic No 9.

Meetings and Events.

2 July 2020.

The year began with a very interesting topic "Begin with End" by Dr. Lucky Kasat who in his simple and lucid style presented a very important lesson on how for any project to be completed efficiently the vision of the end is very essential. With this in mind, we are led correctly and systematically towards that end with a clear focus.

Meeting attended by 20 members, 1 visiting Rotarian and 3 Guests.

9 July 2020

Sham-E-Shukriya

This was a shukriya function of IPP- Ratan and first lady Shalini. This was a very well conducted musical evening of excellent singers presenting unusual songs.

A raffle with a charity cause made it even more interesting.

Attended by 35 members, 2 visiting Rotarians and 28 Guests.

(Detailed writeup has been covered in July Bulletin)

16 July 2020

Club Assembly

President Kishore invited board members and others of his team to outline their vision of projects and their ideas on how they were going to work in their assigned positions.

Attended by 25 members and 1 visiting Rotarian.

23 July 2020

President's Vision

Meeting:

This meeting was earmarked as a Vision for Club. It was decided to form sub-committees to form Club's vision in five areas. After detailed discussion five sub-committee Heads were appointed.

The Committee Heads were requested to form their teams and present their plans for the coming years.

The committees are:

1. Golden Jubilee Celebration & Fund Raising Committee.
2. Educational Projects Committee.
3. Medical Projects Committee.
4. Cancer Patients Aid and Yoga Committee.
5. Ghatalpada development Committee.

Attended by 25 members and 1 Guest.

30 July 2020

Special General Meeting

Major items dealt during this meeting were, Adoption of last year's Accounts, Approval of Budget for 2020-21, Approval for formation of Section 8 Company, Appointment of Auditors etc.

Attended by 24 members.

INSTALLATION OF ROTARACT CLUB OF M.D.COLLEGE

7/7 2020.(6 pm-7.30pm)

The meeting was called to order at 6 pm. on the zoom app. Followed by singing of the National Anthem.

A historical event was created and a record was set for Rotary Club of Mumbai Sion, being the first of its kind in Dist 3141.

The President, Aniket Shinde of M.D.College, was blessed by his mother immediately on him collaring himself. A mother is always revered and as per our culture holds a special position in our lives, next to our God. This became a special moment for Aniket who did get emotional with her blessings. It was touching moment for one and all.

This was followed by excellent motivational speeches on the benefits of Rotaract activities delivered by AG Asha Janardan and DS Rajendra Datye.

Newly elected President Aniket, spoke on his planning and responsibilities, and introduction of his board members.

This was followed by motivational speeches along with it the responsibilities of Rotaractors , benefits of Rotaract-Interact, Rotaract activities, the on-going projects like MUNA. RYPEN, RYLA, YOUTH EXCHANGE and many other projects which can be innovatively done by Rotaractors, Global connect with Rotaractors of various countries, opportunity

of Personality development etc. were highlighted. How it can help in career building opportunities and such other benefits were spelled out by President Kishore Rajeshirke, PP Girish Jawle, DRR Ojas Joshi and lastly by chief guest Dr Arun Garg.

TOTAL participants were over

60, comprising of Rotaractors of various Mumbai's Colleges, Rotaract- Rotary Officials, Rotarians, Presidents from various Clubs, and District Dignitaries.

-Overall, a very well organized function by the Rotaractors, making us proud of them.

Many Happy Returns

We wish members on their anniversaries and birthdays in August & September 2020:

AUGUST

- 2 BD R/Ann Rupali Samvar Mavani
- 3 BD Rtn. Suhas B. Masurkar
- 3 BD Rtn. Ratan R. Wadhwani
- 4 BD R/Child Swati Arulprakash K.
- 9 BD Rtn. Deepak Kanulkar
- 12 BD R/Child Pooja Ramnath Pradeep
- 13 BD R/Child Nilomee Nikhil Savla
- 13 BD R/Child Chetan Vishwas Kale
- 14 BD Rtn. Samvar A. Mavani
- 14 BD Rtn. Satish Shah
- 15 WDR/Ann Sangeeta & Rtn. Hiren Chande
- 15 BD Rtn. Pratap H. Chande
- 18 BD R/Child Manisha Nikhil Pradeep
- 22 BD R/Child Sourabh Surendra Manjrekar
- 23 BD R/Child Aariv Hiren Chande
- 24 BD R/Child Rashmi Akshay Chadha
- 24 BD R/Child Nainee Nikhil Savla
- 25 BD R/Child Aditi S. Natarajan
- 25 BD Rtn. Shashi Parekh

- 26 BD R/Child Neelam Pratap Chande
- 28 BD R/Ann Dimpy Amardeep Singh
- 30 BD R/Child Rohan Satish Shah

SEPTEMBER

- 4 BD Rtn. Dr. S. Natarajan
- 7 WDR/Ann Vanita & Rtn. Arulprakash
- 7 BD R/Child Gaurang Girish Jawle
- 7 BD Rtn. Gaurang Jawle
- 9 BD Rtn. Dr. Subhash P. Desai
- 9 BD Rtn. Ganesh N. Shanbhag
- 10 BD Rtn. Dhruv Chaudhry
- 13 BD R/Child Nandini Ashok Puranik
- 15 BD R/Child Sanchit Subhash Desai
- 15 BD Rtn. Yogesh M. Prabhu
- 22 BD R/Ann Madhu Arjun Dingrani
- 22 BD R/Child Ishita Surendra Manjrekar
- 22 BD R/Ann Anagha Sunil More
- 24 BD R/Child Arun Vishnu Dingwaney
- 26 BD R/Child Tej Vijay Mody
- 27 BD Rtn. Ravi Chawhan
- 30 BD R/Ann Bharti Nikhil Savla

14) AUGUST 2020.

WOMEN IN ROTARY

(please take photograph from net and what vishwas has sent on whatsapp)

Rotary was started by a vision of one man - Paul Harris on 23rd Feb. 1905 with 4 friends at Chicago, Illinois, USA. He visualized a platform where professionals with diverse backgrounds could meet, exchange ideas, and form meaningful, lifelong friendships. This was meant for men only.

In 1987 on 4th May, the US Supreme court ruled that Rotary Clubs may not exclude women from membership on basis of gender. Then a policy statement was issued to that effect stating that any Rotary Club in the US can admit qualified women as members.

However, till 1989, the constitution and by-laws of RI stated that Rotary club membership was for males only. Later, Dr Sylvia Whitlock became the 1st Woman member of Rotary International in 1982 in Rotary Club of Duarte during a time when women were excluded as members and later the first Woman President in 1987.

Now a female member Jennifer Jones of Rotary Club of Windsor – Roseland is making History for the Rotary International. Jennifer has been chosen by the nominating committee for presidentship of Rotary International for the 2022-23 term after serving Rotary in various roles since 1997.

This is a groundbreaking selection that will make her the

first woman to hold that office in the organization of 115-year history. Jones says that she sees Rotary's Action Plan as a catalyst for increasing Rotary's impact. She is the founder president of Media Street Production Inc, an award-winning media company in Windsor.



Dr. Sylvia Whitlock

1905 was Rotary with men only and 2022 will be with a woman in leading position.

Cheers!

We Have come a long way, Baby!!!

Topic no 8 (make a special block)

For CLUB DUES.....Pay to

For Charity trust.....Pay to

Editorial:

“Age is but a number“ and “No one dies of hard work” so said the positive and inspiring sages all along. We all succeeded in proving this to be true. Earlier we were stuck in excuses of sorts for not working extra, exercising, and imagining some constant physical problem.

Now, when no help was at hand, we had no choice but to excel in our skills of cleaning, dusting, washing, and looking after ourselves.

That was not enough, for everyone had to be fed and satisfied with the culinary creations. “Atmanirbharta“ has achieved a new level of perfection. Our very own senior rotarian Dr Damany and Saroj Ben proved this to be true and went a step beyond. For, inspite of completing every chore that had to be done they found enough time to give back to the society and the fraternity of Doctors their skills and knowledge by participating in Webinars through the day. And they are a young couple in their 90's.

We all went from strength to strength which we found within us - be it physical, emotional, or spiritual. Our tolerance for

various issues started increasing every day. However, patience is depleting and we all silently pray and look forward to a luxurious freedom, the one which we had and not recognized.

“Luxury” was supposed to be the rare, the expensive, the exclusive and unattainable. How wrong we were in our values. Now we realize, that luxury were those little things we did not know how to value when we had them. Now that they are gone, we miss them so much.

Luxury is being healthy and not stepping into a hospital.

Luxury is enjoying every sunrise.

Luxury is being able to walk along the seashore and going out on the streets without a mask.

Luxury is meeting with your loved ones, whole family, and friends.

Luxury are the looks, smiles, hugs, and unhindered togetherness.

Luxury is the privilege of loving and being alive.

Let us value these little inexpensive luxuries in life.

Let us be there for each other.

Stay Blessed, Stay Grateful.

Shashi