

Ottapalam Rotary news

Vol. XXXVI Issue # 4

A monthly bulletin of Rotary club of Ottapalam (RID 3201 - Club 22653)

Oct 2021

**If you want to change
the world be that
change**

~ Mahatma Gandhi ~

Rotary



Rotary



**SERVE TO
CHANGE LIVES**

Dear Rotarians,

This Ottapalam Rotary News (ORN) bulletin is the 4th issue for October for the year 2020-21.

The bulletin covers activities during COVID-19 pandemic all over the world and at home. Let us continue pray for the well being of all human society around the world. The Bulletin also covers other activities of Sep 2021.

I would request all members to visit regularly the club website www.rotaryclubofottapalam.org Club APP, District website www.rotary3201.com and RI website www.rotary.org. We have our presence on the Facebook www.facebook.com/rotaryclubotp and YouTube. Please promote them too.

Thank you

Rtn. Ramachandran Kunduthody

Send your comments by email to cio.rotaryotp@gmail.com

**editor's
desk**

**October
2021**

Gandi Jayanthi 2nd October

World Polio Day 24th October

**WORLD
POLIO DAY
IS 24 OCTOBER**

endpolio.org | #endpolio



Message from **President**

Rtn. E.P. Chitresh Nair



Dear Rotarians, Anns and Annets,
Greetings.

Every month is a time for fresh start.

After long Onam holidays ,Month September starts with little dull note.

September is seven in Latin, but it falls on 9th month in English calendar, reason behind we had only 10 months in a year before, later when it was divided into 12 months September became 9th Month.

In September we couldn't do much Projects, but our highlight was Mega Vaccination camp jointly with Vaniamkulam Panchayath, where, around 1500 people got vaccinated. We Rotarians thank Rtn Madhu for his Sincere effort.

We provided a front door to a financially backward family . There is always an opportunity for growth, if we seek out opportunities there will be growth. We are going to follow this "Mantra" in the month of October. We are planning sizable number of Projects in October.

Our guest speaker session is going smooth and this time we had Mr. Nooh IAS, previous sub-collector of Ottapalam. He shared his experience as District Collector of Pathanamthitta.

Our Secretary Rtn Balu and Treasurer Rtn Kesavadas are working hard to run system in order.

Our Bulletin editor Rtn Ramachandran's ORN Magazine is getting appreciated by all Rotarians with in and outside our club.

A new Rotaract club of Nehru Academy Lakkidi team 2021-22 was Installed during September. Rotarians and Rotaractors are both constantly learning from each other when we work together.

Every situation has both negative and positive. We need to be clear on the negative aspects of the change situation and focus on the positive.

We always stand for love and compassion.

Jai Rotary

Jai Hind

Rtn. E.P. Chitresh Nair

President 2021-22

Rotary club of Ottapalam

COVID-19 protection



മാസ്ക്



Mask



സാനിറ്റൈസർ ഉപയോഗിക്കുക



Sanitise



സാമൂഹിക അകലം



Social distancing



വെള്ളം കഴുകുക



Hand wash



Secretary's Report - Sep 2021

Rtn. V.A. Balu



Dear Fellow Rotarians,

The month of September too was struck with threats from Pandemic. Though we wanted to challenge the difficulties, the situations around were growing grim. However, we dared to conduct weekly meetings on hybrid platform zooming from Rotary Hall with few attending physically and the rest logging in on Zoom from respective homes.

We had five weekly meetings, one board meeting and a speaker meeting. Our speaker this month was Sri P B Nooh IAS, former Sub Collector of Ottapalam, later Collector Pathanamthitta and presently Registrar of cooperative societies Kerala.

The most encouraging project we carried out in September was the Vaccination camp we organised joining hands with Vaniamkulam Panchayat. The camp was held in KM Auditorium 1500 vaccinations were done in the camp. This was a very good public image project for the club, having been reported in prominence in all newspapers.

We attended in good numbers the District Seminar on Public Image on Zoom, which was a well organised District Event.

Installation of Rotaract Club of Nehru Academy of Law was organised in which Rtr Adarsh Menon got installed as President and Rtr Soniya Albert as Secretary. We are spellbound to handhold Rotaractors in running the club in most meaningful way.

Rotary Club of Bandar Sunway of Kuala Lumpur Malaysia organised a virtual meeting in memory of Late Rtn M K Menon. Ten of our Rotarians attended the meeting to pay tributes to the lovable true Rotarian. Rtn Ram Mohan

spoke about Rtn MK Menon and our associations with him during past many years.

We donated a front door of a new house built by poor family in which unfortunately only aged mother maintained good mental health, all others suffered mental illness, one went violent at times.

The club congratulates Rtn MG Koman, for being instrumental in transforming the Ottapalam Palliative Clinic as a registered charitable society. Rtn M G Koman is to be the President of renamed Ottapalam Palliative Clinic and Charitable Society. Our partnership with the Society will indeed go stronger.

This is the fourth issue of Our pride, Ottapalam Rotary News, a state of the art e bulletin conceived, created and edited by Editor Rtn PP Ramachandran Kunduthodi. Congratulations for his relentless services in bringing out regular monthly issues in time and to the President Rtn Chitresh for his perseverance in compiling contributions from the resourceful Rotary family members.

October is Rotary month for Economic and Community Development. Let us strive hard, serving to change lives, for the economic growth of those who are deprived of economic stability, to develop the community around the place where we live in.

Thank you

V A BALU

വാണിയംകുളം ഗ്രാമപഞ്ചായത്തും റോട്ടറി ക്ലബ്ബ് ഓഫ് ഒറ്റപ്പാലവും സംയുക്തമായി സംഘടിപ്പിക്കുന്ന



കോവിഡ്-19 മെഗാ വാക്സിനേഷൻ ക്യാമ്പ്

2021 സെപ്റ്റംബർ 17 രാവിലെ 9 മണിക്ക്, സ്ഥലം: കെ.എം ഓഡിറ്റോറിയം, മതിശ്ശേരി

RC Ottapalam organising this mega covid 19 vaccination camp, Target 1500 people to get vaccinated








NEHRU
ACADEMY OF LAW


Rotary **Rotaract** District 3201

**ROTARACT CLUB OF
NEHRU ACADEMY OF LAW**
CLUB ID :217622|GROUP1|RID3201
SPONSORED BY
ROTARY CLUB OF OTTAPALAM

**Cordially invites you for the
Installation of the 3rd President**
Rtr.Adarsh S Menon
and his team of office bearers for the
Rotary year 2021-22

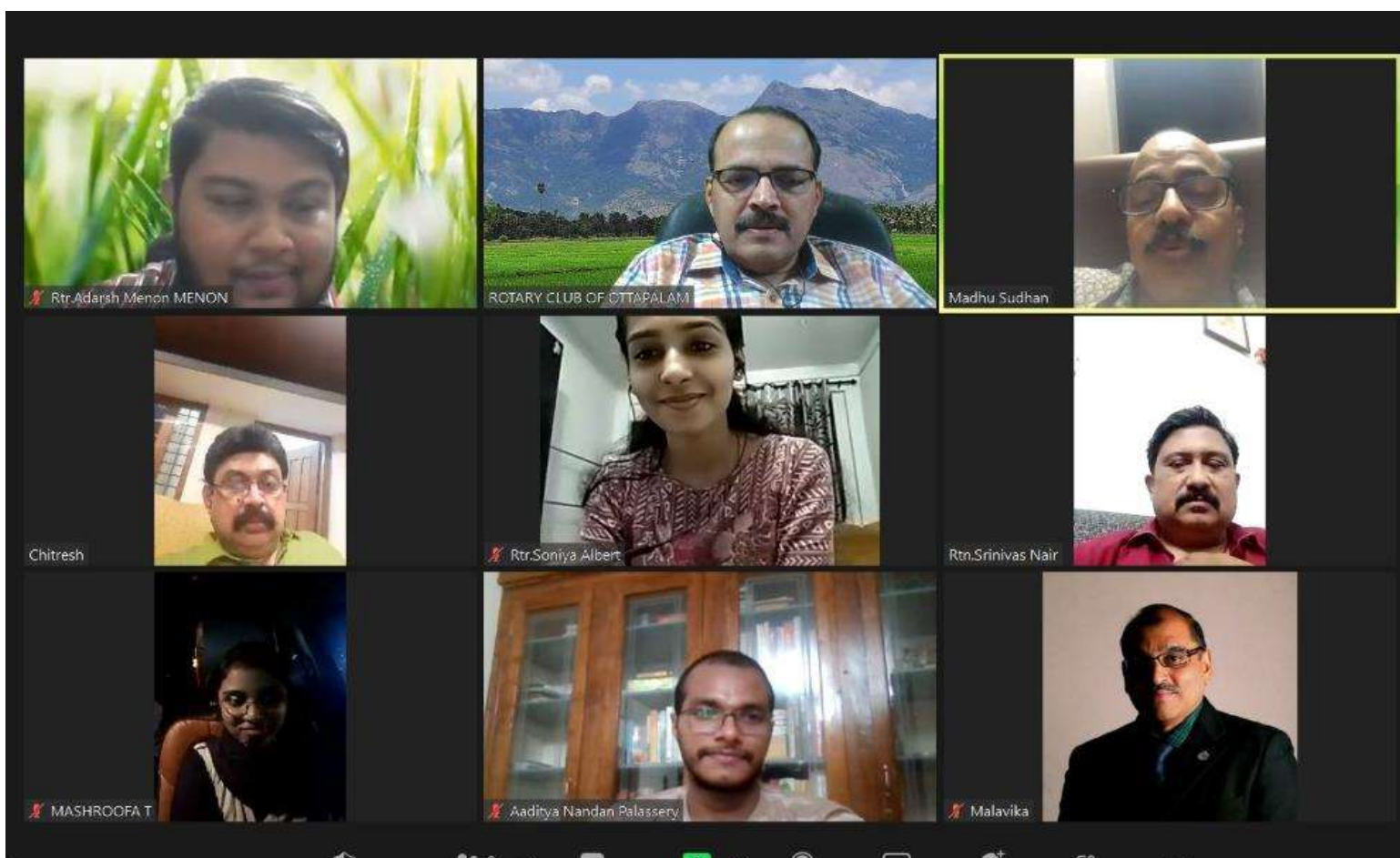
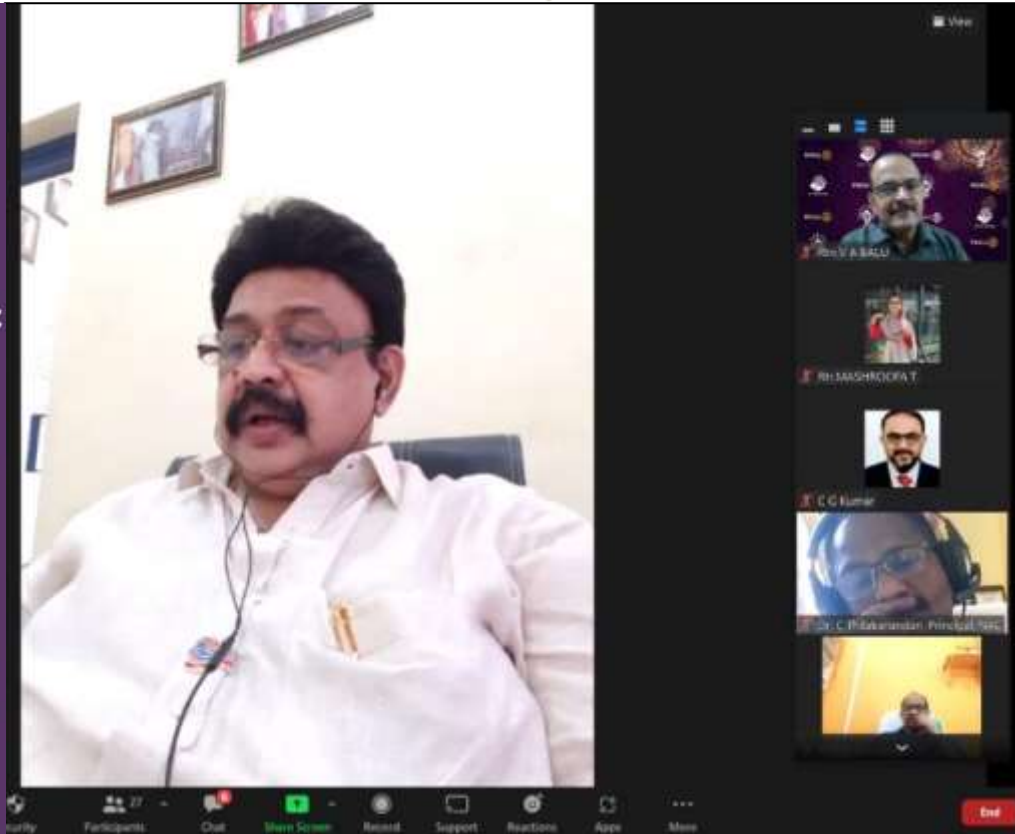


Chief Guest
Rtn.Adv.Dr.P.Krishnadas
Chairman and Managing
Trustee Nehru Group of
Institutions



Rtr.Keerthi Vivek S
District Rotaract Representative
Rotary District 3201


25th September 2021 SATURDAY|11:30 AM|ON ZOOM






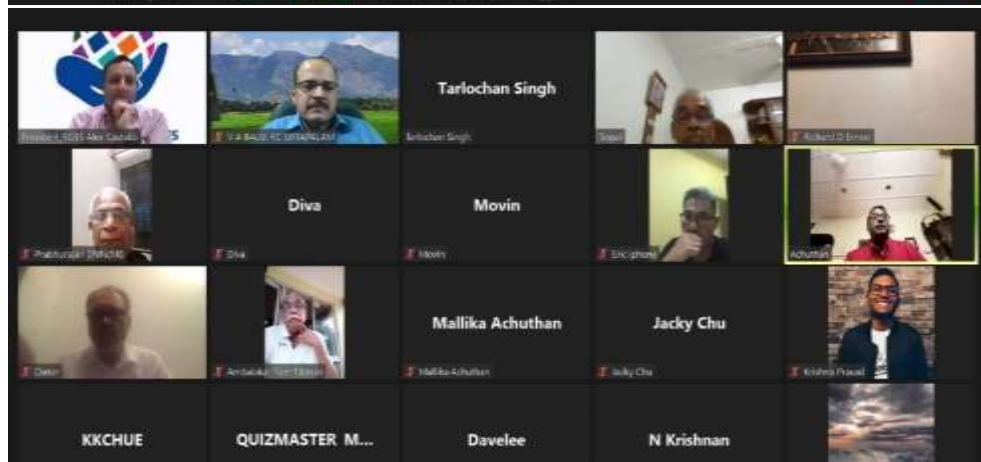
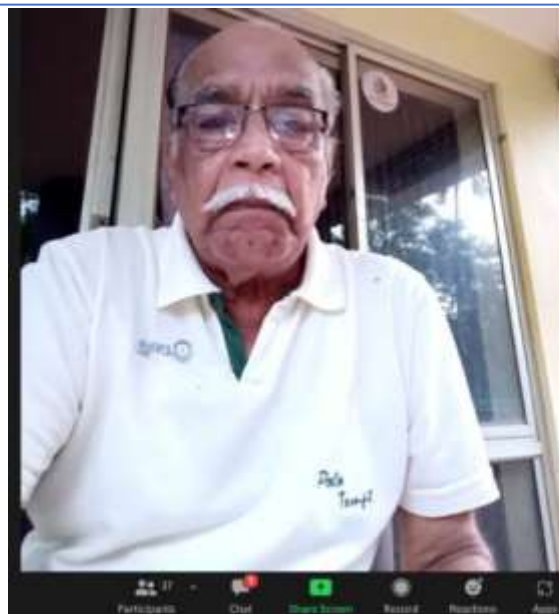
*In a special meeting called by RC Karwar Paschim, on 13-Sep-2021, in the Coordinator's house to approve the proposal of **Sister Club** and agreed by the Board of Directors. Above RCKP President Rtn Pradnya Patil receiving RCO Banner*

Meeting of Rotary Club of Bandar Sunway paying tributes to Late Rtn MK Menon. Rtn A Rammohan spoke on behalf of RC Ottapalam.

 **Rotary Club Bandar Sunway remembering... MK Menon**
Date : 22-09-2021
Zoom login: time 7.25pm



1.1.1934 - 28.08.2021
A tribute to Mick





Sri P B Nooh IAS



Weekly Meeting #14/2021-22
30th September 2021

Speaker
Sri. P B NOOH, IAS

*Honorable Registrar of Cooperative Societies,
Govt of Kerala
Former Sub Collector Ottapalam*

Time : 8 pm

MEETING ID : 740 649 9663
NO PASSCODE





കോവിഡ് പ്രതിരോധത്തിനു വാണിയംകുളം പഞ്ചായത്തും ഒറ്റപ്പാലം റോട്ടറി ക്ലബ്ബും ചേർന്നു നടത്തിയ മെഗാ വാക്സിൻ ക്യാമ്പിൽനിന്ന്.

Covid Vaccination camp news coverage.

മെഗാ വാക്സിനേഷൻ ക്യാമ്പ് നടത്തി

ഒറ്റപ്പാലം • വാണിയംകുളം പഞ്ചായത്തും ഒറ്റപ്പാലം റോട്ടറി ക്ലബ്ബും ചേർന്നു നടത്തിയ മെഗാ ക്യാമ്പിൽ 1500 പേർക്കു കോവിഡ് പ്രതിരോധ വാക്സിൻ നൽകി. ഡോ. ആർ. ശ്രീഹരി, റോട്ടറി

ക്ലബ് പ്രസിഡന്റ് ഇ.പി. ചിത്രേഷ് നായർ, ആർ. മധുസൂദനൻ, കെ. ആർ. വിജയകുമാർ, കെ.എൻ. കേശവദാസ്, പഞ്ചായത്ത് സെക്രട്ടറി എ.കെ. വിനോദ് തുടങ്ങിയവർ നേതൃത്വം നൽകി.



A main door for a house belonging to needy one, was donated by RCO

Rotary  |  **SERVE TO CHANGE LIVES**

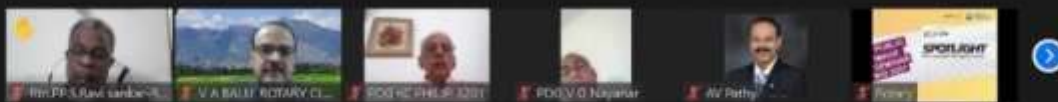
TELL ROTARY'S STORY

SPOTLIGHT
Let's spread the good word

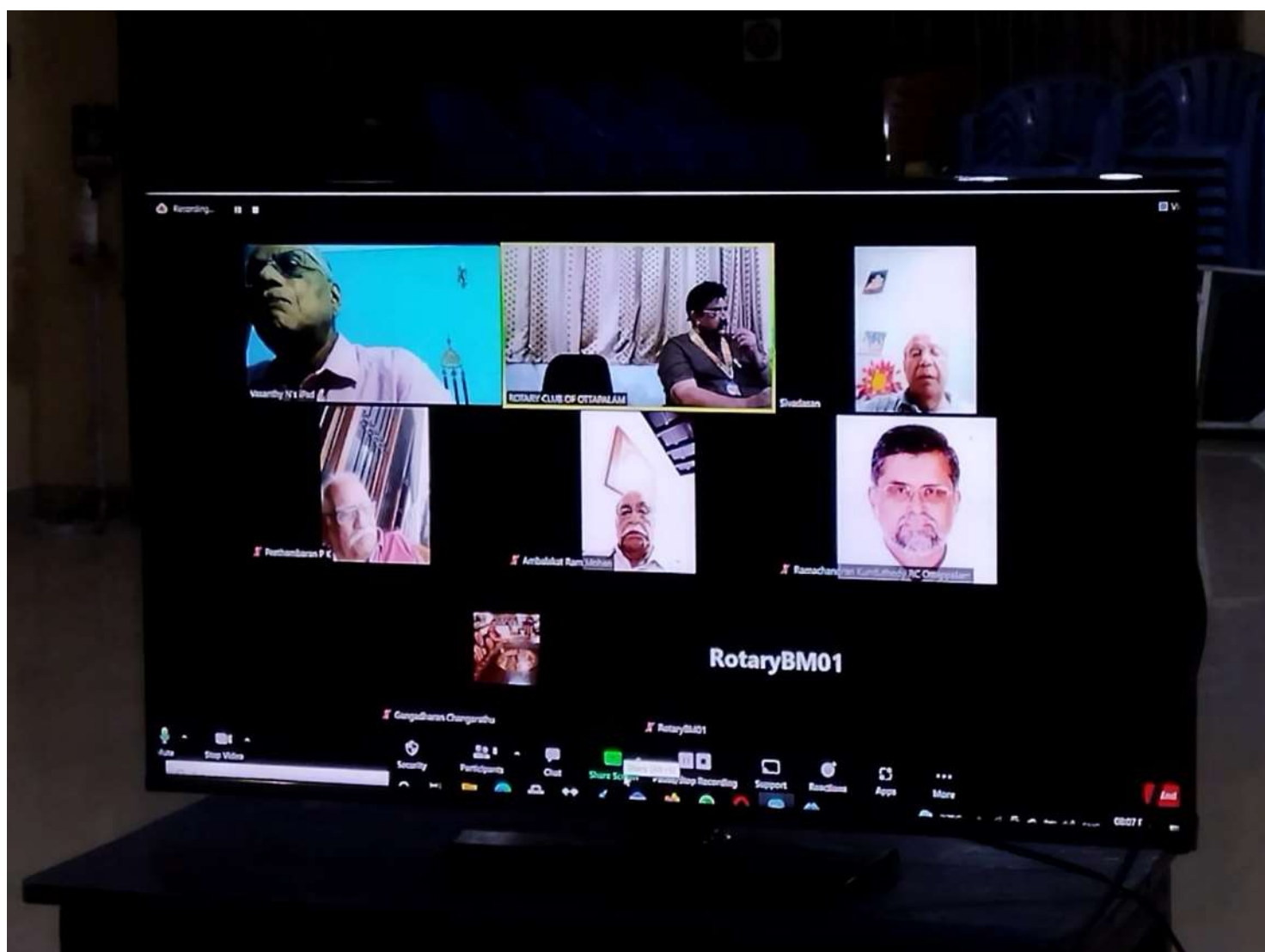
SAVE THE DATE

26 SEPTEMBER 2021

**PUBLIC IMAGE SEMINAR
DISTRICT 3201**



Started meeting in a hybrid (physical at Rotary Hall & ZOOM platform for virtual) in Sep-2021. Some pictures below.



GLOBAL GRANT NO. 1876496



Joint Initiative of

ROTARY CLUB OF COIMBATORE METROPOLIS

Chartered on March 29, 1985 | Club ID: 22597 | RI Dist: 3201

&

Co-operating Medical Organisation

GEM HOSPITAL

CANCER IS NO MORE A LIFE THREAT



NEED FOR THE PROJECT

Cancer is a dreaded disease to mankind. It brings untold suffering and agony (sometimes death) to the affected individual and physical, mental and economical stress to the immediate family. With wide prevalence of cancer incidences it should be viewed as community disease rather than an individual's fate, irrespective of the organ involved. The time and cost of providing care for cancer is prohibitive and the community needs to come together to provide all help. It has been proven that with early diagnosis followed by comprehensive treatment the chances of cure is very high. Lack of awareness, social stigma of the disease and limited financial resources are major hindrances for people seeking curative treatments. Against this background **ROTARY CLUB OF COIMBATORE METROPOLIS** in association with **GEM HOSPITAL AND RESEARCH CENTER** has undertaken this noble project to identify and diagnose cancer early and provide complete comprehensive totally **FREE TREATMENT** for Gastroenterology cancers to the economically impoverished patients.

"CANCER CARE" is a Global Grant Project No. 1876496 of Rotary International - under a joint initiative of **Rotary Club of Coimbatore Metropolis** and **GEM Hospital**, supported by Rotary Dist 3201 and International partners - Rotary Club of Lake Norman Huntersville, RI Dist 7680 USA & Rotary Club of Palm Springs, RI Dist 5330 USA.

Under this project, minimally invasive laparoscopic surgery is undertaken free of cost for treating **specified types of early cancers** to deserving patients who cannot afford the said **treatment in the following areas:**

- | | |
|-------------------------|---|
| Gastroenterology | • Esophagus & Stomach • Liver & Pancreas
• Intestine, Colon & Rectum |
| Urology | • Kidney • Spleen • Adrenal Gland |
| Gynaecology | • Uterus • Cervix • Ovary |
| Endocrine | • Thyroid |

**Spread the
Message**

Cancer Care

DISTRICT GOVERNOR'S SPECIAL PROJECT 2021-22



Spread the Message

Mobile Mammography Project for Early Detection of Breast Cancer

Joint Initiative of



How does it work

- Conducting camps in association with Rotary Clubs and screening for early detection of Breast Cancer using Digital Mammography equipment installed in the vehicle
- At present Mammogram vehicle is stationed at AIMS campus due to COVID restrictions and camps will be conducted at AIMS itself on every Friday and Saturday of the week.
- Anyone or a group who wishes to get enrolled for screening may contact the nearest Rotary Club, which in turn will pre-register the case(s) with Cancure
- Registration charge of Rs. 100 per participant needs to be paid at Cancure for pre-registering the participant for the screening
- Cancure will coordinate with AIMS and allot a suitable date for the person(s) and ensure that the free Mammogram is done at the earliest slot available
- Doubtful cases are referred for free Ultra Sound Scan at AIMS itself for further evaluation

For more details, contact:

Mukundan Mannimmal
702 500 33 33
General Manager
Cancure Foundation

Manju Mariam
702 500 33 35
Partner Relations Officer
Cancure Foundation

Cancer Care

DISTRICT GOVERNOR'S SPECIAL PROJECT 2021-22

Spread the
Message

Rotary For Her Cure 'MATHRURAKSHA'

A Rotary Project for providing free treatment for Breast Cancer patients

Joint Initiative of



How does it work

1. Positive Cases of Breast cancer diagnosed through the Rotary District Mobile Mammogram – Rotary for Her Care Project, where patients are screened for early signs of Breast Cancer
2. In addition, referred cases of poor and needy Breast Cancer patients through Rotary Clubs, Cancure Foundation or AIMS will be considered
3. Patients are selected upon strict socio-economic background verification by Cancure and again with the approval of the Rotary/ Cancure/ AIMS committee
4. All the cases will be subject to the confirmation from Department of Surgical Oncology, AIMS

For more details, contact

Mukundan Mannimmal
7025003333
General Manager
Cancure Foundation

Manju Mariam
7025003335
Partner Relations Officer
Cancure Foundation

Dr. Renju Jose
9995820417
Project Coordinator
Rotary Club of Kochi United

President and members of Rotary club of Ottapalam congratulate the Rotary club of Erode Central on this record achievement and wish to welcome the new members to Rotary



**SERVE TO
CHANGE LIVES**

ROTARY CLUB OF ERODE CENTRAL GRAND INDUCTION CEREMONY



131 NEW MEMBERS INDUCTION

ON SEPTEMBER 12, 2021, SUNDAY



PDG Dr E K SAGADHEVAN
CHARTER PRESIDENT
+91 99944 77725



Rtn MD V RAJAMANICKAM
PRESIDENT
+91 93630 26986



Rtn S BHARANIDHAR
SECRETARY
+91 99441 15000

President and members of Rotary club of Ottapalam congratulate Annettes who have embarked on higher studies overseas. Let us wish them all the best for a bright future!



Sreerag P. V.

S/o Rtn K. Vijayakumar

Joined: **PG- Practical elements of Mechanical engineering**

Fanshawe college ,London , Ontario



Malavika Satheesh Nair

D/O Rtn. Dr. Satheeshkumar Nair

Joined: **MSc Management**
University of Edinburgh Scotland



Namrata Balu, B Des NIFT

D/O Rtn. VA Balu

Joined for higher studies in UK.- Course : **MA Illustration**

University : **University of Creative Arts, Farnham, UK**

Period : **Sep 2021 to Sep 2022**

Course Overview:

UCA's MA Illustration degree gives the student a chance to challenge self, push boundaries and find own path as an adaptable practitioner in the field of contemporary illustration.

Based at UCA Farnham campus, this course explores the illustrated narrative. Contemporary illustration has grown to embrace a broad spectrum of opportunities for image-makers and storytellers alike. With the growth of online digital cultures - and the evolution of digital image creation for traditional image-making – there are new and exciting opportunities for the entrepreneurial illustrator to make their mark.

A Chance to explore every facet of illustration within practice and context, working with like-minded creatives in a dynamic and intellectual environment





A GLANCE THROUGH OUR EDUCATIONAL SYSTEM

Education is a platform in which young generations are trained and make them Future-Ready.

During ancient education, students live away from their parents. They were shaped in a way that they can live in any condition, considering how difficult the situation will be. Here education focused on imparting ethics like humility, truthfulness, discipline, self-reliance, and respecting all creations. The fundamental goal of building a good curriculum was to develop students physically and mentally. Listening, contemplation and concentrated contemplation were the methods of exploring the way of learning.

Thereafter, due to many invasions and innovations, with the looted wealth of India, each one changed the educational patterns to suit to accomplish their own objectives especially to suit to propagation of their own religious motives and various types of institutions flourished. The so-called modern education was introduced during the British Empire. Lord Thomas Babington Macaulay introduced the English language. Their aim also was to cater their own intentions.

As time passed education started to develop and entered into the modern era – the era of science, technology and innovations. The objective of modern education was to inculcate values in students such as equality, secularism, education for all, environmental protection etc. The student teacher relation remains the same, but they did not live-in teacher's house.

As technology is increasing day by day, Education sector is also following the trend of technology by teaching the students through online lectures and massive online courses (MOOC). Electronic gadgets like projectors, Light emitting diodes (LED) computers and smart phones are used to teach students. Students mostly learn concepts through online platforms like Google, YouTube, Coursera and U-demy, Facebook, Instagram and many more. Students refer to the notes given by teachers side by side while learning online.

Without much preparation sudden total change over to online classes right from the Kindergarten to the highest level of Education in India due to unexpected Covid 19 pandemic (corona) put the educational system under great stress. Lack of online trained teachers, environment in various schools and colleges, lack of practical knowledge orientation and lack of connectivity in rural areas were all jeopardized and put our government, teachers, parents and students into lot of inconveniences.

The young generation needs to understand and be able to make informed decisions on how to utilize digital technologies in everyday life in meaningful ways. Furthermore, we maintain that the digital divide concerns design and development of such technology too. It is important that the young generation adopts a critical and proactive stance towards digital technology, i.e. they should critically consider how it could and should be, not merely accept how it currently is. For this to happen, the young generation needs to gain skills and competences to innovate, design, program, make and build digital technology.

Schools are in pivotal position in this: they should educate the young generation for the needs of the future. However, schools struggle to keep up with the recent developments in digital technology. They may be lacking resources, skills, competencies or interest, and there also may be great differences between.

From teachers' perspective, the teacher in some schools had been using an online learning environment, Google Classroom, occasionally over five years already before the lockdown. Hence, luckily, the situation was not a giant leap either for children or for the teacher. The teacher was familiar also with different types of online environments and had good technological skills, so transformation to online teaching was smooth also for them.



Teachers were reported of struggling with limited access to pupils and/or to technology, with limited skills and competences as well as with the burdensomeness of delivering teaching online. However, this study can not give a comprehensive picture on this complex topic; particularly a deeper look into the intermingled cultural issues, values, attitudes, mindsets and identities is needed in the future and our educational system is not all perfect yet. Let us all hope for the best for the future of our children.

Today in universities, students are learning just for competing with each other to come first. There is a lot of pressure and burden of work and studies on them. Due to this, suicidal tendencies are ever increasing. Our educational system needs to be learned from Ancient, Medieval and Modern, regarding the implementation of practical knowledge, student teachers relations, way of life students lived in that age, the various contributions rendered on education, and all those were never laid STRESS on students.

A great burden was placed also on children and their families who suddenly had to possess a variety of skills, competencies and resources. Definitely not all children are in equal position to engage in their digitalized basic education. There are issues with technology access and use – both among adults and children involved – as well as with skills and competences needed to integrate the digital tools into learning and teaching practices in meaningful ways to gain benefits from them. Children depend greatly on their parents to take part in their basic education. Some children have benefited from the situation while others have suffered. Some teachers have showed great resilience, creativity and perseverance in responding to the challenging situation of the COVID-19, while others have struggled. We should be attracting new students and be able to communicate to them how interesting, valuable and societally relevant our field is. Moreover, we should not only consider student recruitment, but also retention. The world has dramatically changed

during the past couple of months and we need to better understand the life worlds and worldviews of the new kinds of digitalized students who will be entering higher education institutions soon. In addition, we should consider how we could empower teachers, schools and teacher education to act as leaders of digital transformation of education.

In the modern era industries and technology are increasing day by day. Every sector is looking for a person who best suits their industry with the ever-increasing demand. Our current educational system also needs to be upgraded.

The future of industries and commercial sectors will be very tough and ever demanding –ONCE THE PANDEMIC IS OVER. All of us should work hand in hand with the government, which ever may be the political parties in governance. We have to provide such an educational system which will prepare our students and make their Future –Ready and also teach them to live in any critical situation, with high end values, harmony, good standards of life and over all to think “Service Above Self”.

Conclusion:

Traditional teaching has been around for thousands of years. We don't recommend shutting down schools and colleges and conducting only online courses. The traditional method has its own benefits like face-to-face interaction and developing interpersonal skills and group learning, which are essential skills for the overall development of a student.

But, it can't be denied that technology, if used wisely, can play a powerful role in teaching. So, instead of replacing formal education with online education, they can be merged together to create a more effective, efficient and interactive learning experience.

DR. K.S. MENON

M.S, Ph.D. (U.S.A), M.A, M.Ed., Ph.D. (IND), B.Sc., P.G.D.S.M13



Rtne. Rema Gangadharan

A MEMMORABLE VISIT TO KARGIL



Travel makes one modest; you see what a tiny place you occupy in the world!!”

As an army wife I was blessed with the opportunity to visit every nook and corner of our great country. From Kashmir to Kanyakumari, Rajasthan to Sikkim – mountains and valleys, deserts and plains. But one little place was always elusive, nestled as a little jewel – Ladakh. I got this chance when my younger daughter, a doctor in the Indian army, was posted to Kargil in 2002. She asked us to visit her and see this magical land that had gone through its share of troubles.

We left our home for Delhi from where we boarded an Indian airline flight to Leh, one of the highest and most difficult air strips in the world. As I alighted the flight I was greeted by tall mountains, puffy white clouds and blue skies and a flurry of very friendly ‘jhuley’ (Hello in local dialect!) The first thing that hit me was the lightness in the air. But in my excitement, I trotted along trying to take in this beautiful place all at once. We went to our guesthouse and that is when I felt a little giddy. At first, I thought it was the result of a long and eventful day but then my daughter gently told me that we were at 13,000 feet above sea level and because of the low air pressure I was experiencing mountain sickness. I rested for a couple of days to catch my breath... literally!! .For the next few days, we went around Leh. The Spituk Gumpa monastery, so serene and peaceful, the massive Buddha statue at the Shantistupa made us feel dwarfed and the quaint Leh

market with its German bakeries and trinket shops was so calming and surreal.

A week later we started our journey at daybreak from Leh to Kargil in an army jeep full of vigor and enthusiasm. Our first stop was the Pathar Saheb gurudwara. Legend has it that Guru Nanak Dev ji visited Ladak region way back in 1517 and this Gurudwara is constructed by the Indian Army to commemorate his visit. The warmth and courtesy shown by the army jawans who maintain this holy place touched my heart. After paying our respects and partaking the sumptuous and piping hot breakfast we continued on our journey.

We saw the wonder of the magnetic hill and the splendor of nature at “moon land” in Lamayaru. As our jeep cruised along the winding roads, my daughter pointed out all the beautiful villages tucked away in the picturesque landscape. I noticed the dry mountains, barren slopes, the snow-clad peaks and the Indus and then the Suru River accompanying us in the valley below as we drove along. Crossing over the highest pass on the Srinagar – Leh road – the FotuLa, at 4108 meters – we reached Kargil by late evening to a splendid welcome by the officers of the Army Hospital at Kargil. The exuberance with which everyone dug into my homemade Murukku, banana chips and ladoos was satisfying to say the least!!





As we settled happily after a lovely day, I heard a distant rumbling. I asked my daughter if it was about to rain. She informed me, rather soberly, that these were the sounds of distant enemy shelling. I was stunned and realized, we were right on the LOC where our valiant soldiers were standing guard. The sounds continued for the next two days and then subsided. Life went on in a smooth manner after that. Lazy mornings looking at the apricot gardens and Sadbhavna classes, ("Operation Sadbhavna" is a resolve by the Indian Army to come closer to the population in erstwhile J&K and develop mutual faith and trust which the Army gets across the rest of India.) Walking around the beautiful Kargil city, meeting the friendly locals, pleasant evenings at the officer's mess. All of them reminiscing their families back home and sharing anecdotes. One phone call and they would rush to save lives.

Then about 2 weeks into our trip the sounds grew louder and the ground seemed to be shaking. My daughter came running and asked us to quickly get into an underground bunker. The enemy was bombing the Kargil city. We sat there seemingly for hours praying for everyone's safety. The men and women in uniform were busy saving lives without a care for their own. As the day came to an end and the assault reduced, we saw the hospital filled with wounded soldiers. My heart went out to each of them and my eyes were wet. But every one of them I met spoke only about going back and guarding his post!! Such is the bravery, courage and devotion of our soldiers.

The next day we visited Drass – the coldest inhabited place in the world. The army guide there pointed out all the strategic locations including the famed Tiger hill. We went to pay



our respects at the war memorial. For all the brave souls who never left their posts. As I saw rows of army trucks with our national flag flying high, and I looked at the pride with which my husband and daughter were saluting the tricolor I realized-

"The flag does not fly high because the wind moves it...It flies with the last breath of each soldier who died protecting it."



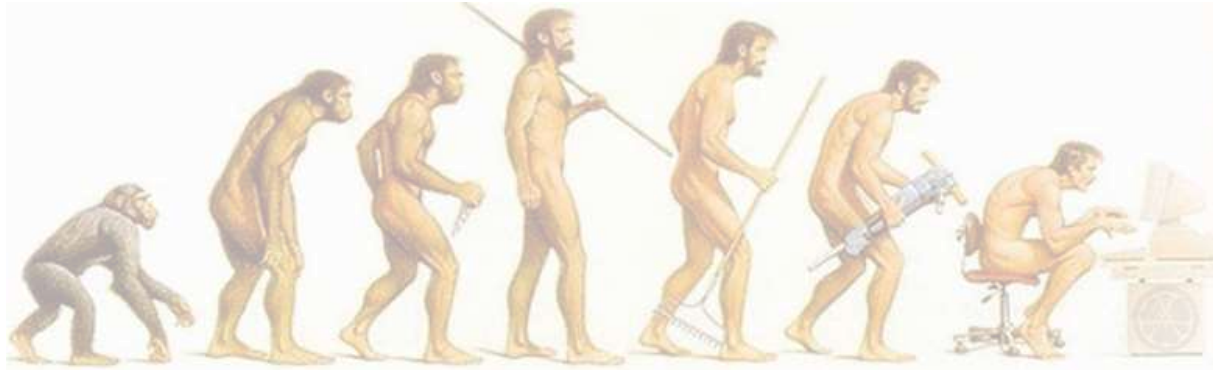
In a few days we bid farewell to this mysterious and enchanting land – barren yet breathtaking; filled with monks and monasteries, the air wafting with the bravery and glory of our soldiers. A journey etched in my heart forever. "Travel like these leaves you speechless and then turns you into a storyteller".

Rema Gangadharan

Wife of Rtn. PP Col. Gangadharan



HOMOSAPIENS Vs CORONA VIRUS



At least 6 human species existed in this world one lakh years before (homo sapiens, Naenderthalensis, Homo rudofensis, Homo erectus, Homo soloensis and Homo ergaster). Unnamed skeleton may add new names to this list. Survival of the fittest is the rule in this world, even the universe.

All other human species except the wise sapiens(homo sapiens) perished due to some unknown reasons. The mythological species like Devas, Vanaras, Rashasas etc live in our mind through stories only. May be, they too ruled our land at some point of time and then vanished in thin air. Are we too, have the same fate? May be, may be not.

All depends on how mother earth feels. The highly intelligent arrogant man is nothing in front of her fury. Even a virus, the minutest of all organisms has spread fear in our mind. The collective intelligence of our government machinery fails to contain the rapid progression of a pandemic reveals the helplessness of HomoSapien brain.

We thought we conquered the world but now a tiny virus is giving us sleepless

nights. We thought we can control it by blocking some roads or even keeping the people inside their houses - House Arrest !!!! And see, democratic government is doing this ! Wow, What a tragedy.

The street across my house became a containment zone and in my side of the road all shops were open. I bravely ventured to get some groceries .I saw a group of young viruses waiting on the other side of the road. I shouted, “ How dare you think of crossing the road” They shouted back ,Hey man it is 8.59 pm now. According to your govt night curfew starts at 9pm. So we are free to roam around now. Follow the rules or we will infect you. My hands searched for the mask. Yes, it is right over there. But without a second thought I ran to the safety of my home. My legs shivered as they are not used to running like this. On my way back a dog barked at me. He was not wearing a mask and standing near the pile of waste thrown by the highly intelligent humans. Distressed and feeling sorry, I cursed myself for being a homosapien, the only & self oriented creature of this universe.



**“OPEN SESAME,
CLOSE SESAME”**

Mrs. Anne Brunier
Nicknamed
"Rotary Ann" after
accompanying her
husband on a
train with 1,200
Rotarians in 1912.



Rtn. Bru Brunier & Mrs. Anne Brunier

First Rotary Ann

In many ROTARY clubs throughout the world, wives of male members used to be affectionately called "**Rotary Anns**." This designation was never one of disparagement, but rather grew out of an interesting historical occasion.

RI President (1992-93) Dochterman has written in his book, ABC of Rotary, "The year was 1914 when San Francisco Rotarians boarded a special train to attend the Rotary convention being held in Houston. In those days, few wives attended Rotary events, and until the train stopped in Los Angeles, the only woman aboard was the wife of Rotarian Bru Brunnier. As the train picked up additional convention-bound delegates, Mrs. Ann Brunnier was introduced as the Rotarian's Ann. This title soon became "Rotary Ann". Since the clubs of the West were inviting the Rotarians to hold their next convention in San Francisco, a number of songs and stunts were organized which would be performed in Houston. One of the Rotarians wrote a "Rotary Ann" Chant. On the train's arrival at the Huston depot, a delegation greeted the West Coast Rotarians.

One of the greeters was guy Gundaker of Philadelphia, whose wife was also named Ann. During the rousing demonstration, someone started the Rotary Ann chant. The two petite ladies, Ann Burnnier and Ann Gundaker, were hoisted to the men's shoulders and paraded around the hall.

The group loved the little given to the two women named Ann. Immediately the same term of endearment was used for all of the wives in attendance, and the name "Rotary Ann" was here to stay. Guy Gundakar became President of Rotary International in 1923 and Bru Burnnier was elected President in 1952. Thus, each of the two original Rotary Anns became the "First Lady of Rotary International."

By the passage of time, the 'Rotary Ann' usage for the wives of Rotarians gradually disappeared from different part of the world even before admission of women into Rotary. In India, however, there was no letup in its usage. Another usage prevalent in India is 'Rotary Annet'. Children of Rotarians in India fondly called Rotary Annets. This usage also seems to be non-existent elsewhere in Rotary world.

5 ingredients of a successful Rotary club



If you're a baker, you know that a great cake is made up of individual ingredients that come together to produce something special. A great Rotary club is like that, in that it is made up of a unique mix of ingredients. Here are the five that I have found in most, if not all, successful Rotary clubs.

1. A unique club identity

There are four clubs in my city of Bethesda, Maryland. While they are only a short geographic distance from each other, each has its own identity. The first is a dinner club of 30 members who have been together for years. They are generous in their donations to the Rotary Foundation and our district. The second is a breakfast club with an even balance of older and younger members. They are very supportive and heavily involved with Rotaract and Interact clubs. The third is a lunch club that is proud of its traditions and is committed to domestic and international projects. And the fourth is a breakfast club celebrating its 15th year, with members who speak nine languages and originally come from 11 different countries.

2: Engaging club meetings

There isn't a single correct format. The pandemic has taught us all the need for flexibility and creativity. We can have virtual meetings as well as in-person ones, and even a combination of both. But there is a need for meetings to be engaging. Great clubs offer a reason for members to attend. They achieve this by spending effort to find inspiring speakers from a variety of relevant and timely topics every week. One week, you may learn about marine biology, the next about training service dogs for the blind. They keep announcements and club business short, and make their meetings personable by having greeters welcome newer people. They spend time recognizing member birthdays, and provide a place for all members to participate within the meeting format.

5 ingredients of a successful Rotary club .. Contd...

3. A robust, member-driven service program

Service is at the heart of Rotary and it's at the core of a great club. Members want opportunities to make a difference in their community and the world. But there are many ways to do that. Do members want more focus on domestic or international service projects? Do they want to emphasize one area of focus over another? A club survey can determine this. And the answer may change over time, so make it an annual practice. Great clubs offer service opportunities that match member expectations..

4. A desire to socialize with others

In a great club, members genuinely like to socialize with one another. They create multiple opportunities to socialize, whether this be at a club meeting, during a service program, at a fundraiser, at a fun event like a "day at the beach," or at some other group event. In great clubs, members frequently socialize outside of Rotary because they genuinely like to spend time together. Prospective members feel the camaraderie between club members, and this creates a welcoming, fun, and vibrant atmosphere.

5: Strong leadership

Behind the success of a five-star restaurant is the head chef and staff. In the same way, a great club is the result of a dynamic leadership team. You need a committed and visionary president who has carefully chosen their leadership team. This team meets regularly to discuss new ideas, resolve outstanding issues, and chart a course for service and social activities. These leaders set the direction, they serve the club, and they stay attuned to the wants and needs of their members. They also work hard to identify and nurture future club leaders.

As you work hard to create a great club, consider how you will leverage these five ingredients. Famous pastry chefs will tell you they are always tweaking the ingredients and trying new combinations to figure out what works best for their customers. So too, a great Rotary club learns how best to use these five ingredients and modify them to pursue excellence.

The Best Practices for Engaging Members course helps you develop strategies for engaging people at all stages of membership.

Source: Barton Goldenberg, immediate past governor of District 7620 (Maryland and Washington D.C., USA) in Rotary Voices.

Courtesy: eFlashOnline

1. Phishing Links

Modus Operandi

- Fraudsters create a third-party website which looks like existing genuine website, such as bank's website or e-commerce website or search engine, etc.
- These links are generally circulated by fraudsters through SMS / social media / email / Instant Messenger, etc.
- Most of the time, customers enter secure credentials by just having a glance and clicking at the link but not checking the detailed URL.
- The links are masked through authentic looking names of websites, but in reality, the customer gets redirected to phishing website.
- When customers enter secure credentials on these websites, the same is captured and used by the fraudsters.



Precaution

One should not click unknown links and should delete the SMS / email immediately to avoid accessing them in future. Care should be taken to verify the website details especially where it requires entering financial credentials.

2. Vishing Calls

Modus Operandi

- Imposters call or approach the customers through telephone call / social media as bankers / company executives / insurance agents / government officials, etc., and seek confirmation of the secure credentials by sharing few details such as name or date of birth to gain confidence.
- In some cases, the imposters pressurize / trick customers into urgently / immediately sharing confidential details citing emergency, details required to block transaction, payment required to stop penalty, get attractive discount, etc. These credentials are then used to defraud the customers.



Precaution

Bank officials / financial institutions / any genuine entity never ask customers to share confidential information such as username / password / card details / CVV / OTP.

How to Make an Online Complaint

Complaint to RBI

<https://cms.rbi.org.in/>

Complaint to SEBI

<https://scores.gov.in/>

Complaint to Insurance Regulatory and Development Authority of India (IRDAI)

<https://igms.irda.gov.in/>

Complaint to National Housing Bank (NHB)

<https://grids.nhbonline.org.in/>

Complaint to Cyber Police Station

<https://cybercrime.gov.in/>

Source: RBI Ombudsman <https://cms.rbi.org.in/>



Rtne. Suja Kesavadas

Prawns biriyani

Ingredients

- Prawns-1/2 kg
- Turmeric-1/4 tea sp
- Chilly powder-1 1/2 tbl sp
- Salt- as needed

For masala preparation

- Onions sliced- 1 1/2 cup
- Gin garlic chopped-2 tble sp each
- Green chilly-3-4 pieces
- Tomato-2 medium size chopped
- Garam masala-1 tbl sp
- Curry leaves- as needed



Preparation

- Heat 3 tablespoon of oil in a pan and fry the prawns in a medium flame.
- Heat 5 tablespoon oil in a pan and add onions , sauté it.
- Add ginger, garlic and tomatoes.
- Finally add fried prawns and let it mix well with the masala.
- Add the garam masala.

To prepare rice:

- Take 2 cups of basmati rice and soak it for 15 min then drain it and keep aside.
- In a pan heat 2 tablespoon of ghee and fry the rice till it leave the sticky texture.
- Now add 3 1/2 cups of boiled water and cook in medium flame.
- Add one spoon of garam masala to the rice and mix well.
- Now mix the prawns masala with rice and garnish it with coriander leaves.

Enjoy the Biriyani !

Suja Kesavadas

Important Days



October	
1 st Oct	International Day of Older Persons
2 nd Oct	International Day of Non-Violence /Human Rights Day (10th December)/ /Gandhi Jayanthi
4 th Oct	World Animal Welfare Day
5 th Oct	World Teachers' Day
10 th Oct	National Post Day (India)
13 th Oct	World Day for Natural Disaster Reduction
15 th Oct	International Day of Rural Women
16 th Oct	World Food Day
17 th Oct	International Day for the Eradication of Poverty
20 th Oct	International Day of the Air Traffic Controller
24 th Oct	United Nations Day/World Development Information Day/World Polio Day
27 th Oct	World Day for Audiovisual Heritage
30 th Oct	World Thrift Day
31 st Oct	National Unity Day
November	
2 nd Nov	International Journalist's Remembrance Day
6 th Nov	International Day for Preventing the Exploitation of the Environment in War and Armed Conflict
9 th Nov	World Legal Services Day
10 th Nov	World Immunization Day
12 th Nov	World Pneumonia Day
13 th Nov	World Kindness Day
14 th Nov	Children's Day (India)
16 th Nov	International Day for Tolerance
17 th Nov	International Students Day
18 th Nov	World Chronic Obstructive Pulmonary Disease Day
19 th Nov	International Men's Day / National Integration Day (India)
20 th Nov	Africa Industrialization Day / Universal Children's Day / Transgender Day of Remembrance
21 st Nov	World Television Day / World Fisheries Day
25 th Nov	International Day for the Elimination of Violence against Women
26 th Nov	National Law Day (India) / Constitution Day
29 th Nov	International Day of Solidarity with the Palestinian People

Happy Anniversary!



**Rtn. Sreejith & Rtne. Sivapriya
(6-Nov)**



**Rtn. Dr. Narayanan Kutty & Rtne. Sindhu
(14-Nov)**



**Rtn. V.A. Balu & Rtne. Geetha
(19-Nov)**



**Rtn. TN Kutty & Rtne. Vasanthi
(20-Nov)**



**Rtn. Madhusudhan R & Rtne. Sajitha
(24-Nov)**

RCO CALENDAR: **Oct-2021**



Thu, 7-Oct - Weekly Meeting



Sat, 9-Oct - Board Meeting

Thu, 14-Oct - Weekly Meeting

Thu, 21-Oct - Weekly Meeting

Thu, 28-Oct - Weekly Meeting



Sat, 30-Oct - Family Meeting*

** subject to Covid-19 status*

ROTARY CLUB OF OTTAPALAM



FEEDING THE HUNGRY

On the auspicious day of Gandhi Jayanthi on
October 2, 2021
Our weekly noon meal programme for the hungry
commences with blessings from



Rtn P T Narendra Menon

**Rtn P T Narendra Menon and
Rtn Dr K S Menon**



Rtn Dr K S Menon

Request your presence at Rotary Hall at 12.30 pm

Rtn EP Chitresh Nair
President



Shekhar Mehta
RI President



S Rajashekhar
Dist Governor

Rotary Community Corps

FORMATION OF

ROTARY COMMUNITY CORPS

RCC LAKKIDI-PERUR

On Tuesday, 5th OCTOBER 2021



Chitresh Nair
President



Pradeep P
Asst Governor

We meet on every Thursday 7:30 pm at CRR Hall, Manisseri

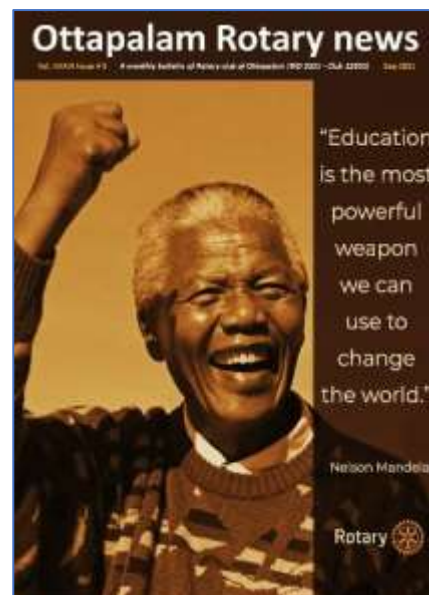




ORN #1 JULY-2021



ORN #2 AUG-2021



ORN #3 SEP-2021

OCTOBER IS

ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

"The ultimate resource in economic development is people. It is people, not capital or raw materials that develop an economy."

Peter Drucker



TAKE ACTION: Get Involved, Be a People of Action