

# Ottapalam Rotary News

Vol. XXXVI Issue # 11

*A monthly bulletin of Rotary club of Ottapalam (RID 3201 - Club 22653)*

May 2022



**Today's YOUTH  
tomorrow's LEADERS**



**SERVE TO  
CHANGE LIVES**



**May  
2022**

Dear Rotarians,

Welcome to this Ottapalam Rotary News (ORN) bulletin, the 11<sup>th</sup> issue for May 2022.

We thank our District Governor Rtn. Rajasekharan for his successful official visit to Rotary club of Ottapalam on our charter anniversary day 16<sup>th</sup> April. Thank you for your generous 9/10 rating for RCO. We also thank you for your comments on our monthly bulletin.

The Bulletin also covers other activities of April 2022.

I would request all members to visit regularly the club website [www.rotaryclubofottapalam.org](http://www.rotaryclubofottapalam.org), Club APP, District website [www.rotary3201.com](http://www.rotary3201.com) and RI website [www.rotary.org](http://www.rotary.org). We have our presence on the Facebook [www.facebook.com/rotaryclubotp](https://www.facebook.com/rotaryclubotp) and YouTube. Please promote them too.

Thank you

**Rtn. Ramachandran Kunduthody**

Send your comments by email to [cio.rotaryotp@gmail.com](mailto:cio.rotaryotp@gmail.com)

**editor's  
desk**



**MAY IS**

**YOUTH  
SERVICE  
MONTH**



"We cannot talk about the future without talking about children. They are our future." - PRIP James L. Lacy 1958-99

Rotary  **YOUTH**

[www.rotary.org](http://www.rotary.org)

# Message from **President**



Dear Rotarians, Anns and Annets,  
Greetings.

We are nearing to end of our term and New team already gearing up to take over by June.

Month of April was away from Covid threats. More members started attending meetings. Happy to note vigour and enthusiasm not drained among Rotarians.

Our regular weekly meetings and Board meetings are going smoothly as usual. 16th April was Chartered day and Gov was in the same day. Like every President It was an experience for me as President to receive District Governor and preside over the Governor's Official Visit (GOV meeting).

This was explained in detail in Secretary's message.

Rtn. E.P. Chitresh Nair

I appreciate all Board of Directors for the presence and discussion during Governor's club assembly .My sincere thanks to all beloved Rotarians for their presence and special thanks goes to Rtn VijayaKumar and Rtn Baiju for the unconditional support.

Our Bulletin editor Rtn Ramachandran was well appreciated by Governor by his timely and prompt Magazine every month His endless effort is commendable

Rotary always for love and Compassion

Jai Rotary

Jai Hind

**Rtn. E.P. Chitresh Nair**

*President 2021-22*

*Rotary club of Ottapalam*



**SERVE TO CHANGE LIVES**



## COVID-19 protection



മാസ്ക്



**Mask**



സാനിറ്റൈസർ ഉപയോഗിക്കുക



**Sanitise**



സാമൂഹിക അകലം



**Social distancing**



കൈ കഴുകുക



**Hand wash**



# Secretary's Report - April 2022

Rtn. V.A. Balu



Dear Rotary Family members,

Month of April is an important month for our club it being the charter month, the celebration of which is always clubbed with the Governor's Official Visit to our club. During the month we held four weekly meetings, board meeting, Governor's Club Assembly, GOV meeting, and a family dinner meeting, all in physical mode.

Our weekly project of Feeding the Hungry continues in full swing, we did few more community service projects in the month. We made an endowment fund to help our long-time associate Sabari and the fund will be used for providing a regular monthly income for him.

Our Governor's official visit was a grand program on the day of our Charter Day celebration. DG Rtn Rajasekhar reached early morning and was formally received by DD Rtn Pratap Varkey, AG Rtn Pradeep and President Rtn Chitresh Nair. He had a brief meeting with President and Secretary. Then DG, DD, AG and Club officers moved to Rotary Garden where DG planted a Spanish Cherry to commemorate DG visit of 2022. He met members of RCC Koonathara and visited Vocational Tailoring School. Coming back from Rotary Garden, the Club Assembly was held in Hotel Kottaram. All Chairmen, Sub committee members and Directors attended the Club Assembly. DG was so impressed in club activities during the year. President submitted a detailed report of Club Activities to DG Rtn Rajasekhar Srinivasan.

In the evening, the GOV meeting was a colourful function in which entire Rotary Family attended. Charter Day celebration was also held. DG cut the charter day cake in presence of all past presidents of the club. The Rotary

Vocational Excellence Award was presented to Rajesh Adakkaputhur, a famous Environment Activist in recognition of his selfless services in the area of environment protection. The GOV special issue of Ottapalam Rotary News was released by AG in the function giving first copy to DG. Rtn Rajasekhar delivered a magnificent speech and complimented the Good works done by President Rtn Chitresh Nair during the current year.

Rtn Ravindran Nair, Newly Wed Ann Akshay Prakash and Haritha, Rtn Col Venugopal and Rtn Sujatha were felicitated in our family dinner meeting.

This is our 11<sup>th</sup> issue in a row, of Ottapalam Rotary News. Editor Rtn PP Ramachandran Kunduthody has been working so hard to bring out this e bulletin regularly. Congratulations to Editor and President Rtn Chitresh for the splendid work done.

President Elect Rtn Col Venugopal and Secretary Elect Rtn PP Sivadas attended PETS/SETS held in Vythiri Wayanad. Let us hope that the team will take the club to newer heights in ensuing Rotary year.

Only a few more weeks to go in the current Rotary Year. President Chitresh Nair has all reasons to be proud of his performance as President.

With warm regards

**Rtn V A BALU**



























*President Elect Rtn. Col. Venugopal and Secretary elect Rtn. Sivadas attended the PETS “TRANSFORM” at Vythi resorts, Wayanad. All the best to the incoming team 2022-23.*



*(Below) Along with District Trainer Rtn. VA Balu*













### Family Dinner Meeting on 30.04.2022

Rtn Ravindran Nair and Rtn Shobha Ravindran do celebrate their DOB and star birthday respectively coincided on same day April 7. They wish to celebrate the joyous occasion with Rotary family.



Our family dinner meeting on Saturday, April 30, hosted by Rtn Ravindran Nair will be an occasion for Rotary family to celebrate with the blessed couple

All are invited to be present with family at Rotary Hall on 30th April, Saturday at 7.30 pm

Members are requested to confirm participation with counts so that Raviattan will be able to arrange fabulous dinner and fellowship.

Rtn Chitresh Nair  
President











## WHY YOUR CLUB NEEDS A PUBLIC IMAGE CHAIR

- Bernd Meidel, District 1950 Public Image Chair (Germany)

It's important that Rotary and Rotaract clubs tell their stories in ways that help communities understand what Rotary does and why our work matters so as to inspire others to get involved.

Appointing a club public image chair can increase your success at making the club's communications consistent and unmistakably Rotary. As the District 1950 Public Image Chair (Germany), I have been responsible for promoting Rotary and its activities on the district level and helping clubs develop their public image.

Here are a few things I have observed:

### Why should you have a public image chair?

When a club promotes itself and its work, they are increasing Rotary's awareness in the community. But it's also difficult for those club members who are organizing service projects to be responsible for marketing them too. A public image chair can help with all of that. They can manage the club's public relations, press, and marketing in a coordinated and consistent way throughout the entire Rotary year, across projects.

### What a club public image chair does?

The chair is responsible for designing flyers and posters, writing press releases, updating the website, managing the club's social media presence, and making sure the club logo is used properly and consistency. Ideally, the club public image chair would manage a team with the appropriate skills to help, all working together to showcase the club and their members as people of action.

### What qualifications are needed?

The chair should have experience in marketing, journalism, copywriting, or digital media. Photo or video creation and editing is also a plus, as is having existing contacts to local journalists. Available resources to help you succeed.

The Rotary Brand Center contains templates that are extremely helpful. I also recommend club public image chairs meet regularly with the district public image chair via digital networks or events to share ideas and strategize.

- Bernd Meidel is a member of the Rotary Club of Schweinfurt-Peterstin, Germany.- Rotary Voices



**Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.**

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace to water and health, we are always working to better our world, and we stay committed to the end.

Learn more about [our structure](#) and [our foundation](#) and [our strategic vision](#).

## What we do

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 46,000+ clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies
- Protect the environment

## [Get involved](#)

## Our mission

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

## Vision statement

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

Source: [rotary.org/en/about-rotary](https://rotary.org/en/about-rotary)





## ഫിഷ് റോസ്റ്റ്

### Ingredients

- മത്സ്യം : 500 gm
- വെളുത്തുള്ളി പേസ്റ്റ് - 1 tsp
- ഇഞ്ചി അരിഞ്ഞത് - 1 tsp
- പെരുഞ്ചീരകം - 1/2 tsp
- കറിവേപ്പില - ആവശ്യത്തിന്
- കുരുമുളക് - 1 tsp
- മുളകുപൊടി - 3/4 tsp
- മഞ്ഞൾപ്പൊടി - 1/2 tsp
- ഗരം മസാല - 1/4 TSP
- വിനാഗിരി - 2 tsp
- C. ഉള്ളി- 8 എണ്ണം
- ഉപ്പ് ഒരു നുള്ളി



### Preparation:



#### ഉണ്ടാക്കുന്ന വിധം:

- ഉപ്പ്, മഞ്ഞൾപ്പൊടി, മുളകുപൊടി എന്നിവ ഉപയോഗിച്ച് മത്സ്യം മാറിനേറ്റ് ചെയ്ത് 15 മിനുട്ട് മാറ്റി വച്ചതിന് ശേഷം വെളിച്ചെണ്ണയിൽ മത്സ്യം വറുത്തെടുക്കുക.
- അതേ എണ്ണയിൽ പെരുഞ്ചീരകം, വെളുത്തുള്ളി, ഇഞ്ചി, എന്നിവ വഴറ്റി ഇതിലേക്ക് c. ഉള്ളിയും, ഉപ്പും ചേർത്ത് ഉള്ളി സ്വർണ്ണ നിറമാകുന്നതുവരെ വഴറ്റുക.
- ഇപ്പോൾ 1/2 ടീസ്പൂൺ മഞ്ഞൾപ്പൊടി , 3/4 ടീസ്പൂൺ മുളകുപൊടി ചേർത്ത് നന്നായി വഴറ്റുക.
- ഇനി കുരുമുളക് ചേർത്ത് നന്നായി ഇളക്കുക. ഇതിലേക്ക് വിനാഗിരിയും വെള്ളവും ചേർത്ത് നന്നായി യോജിപ്പിക്കുക.
- ഗരം മസാലയും പെരുഞ്ചീരകപൊടിയും ചേർക്കുക.
- ഇപ്പോൾ വറുത്ത മീൻ, മസാലയിൽ കുറഞ്ഞ തീയിൽ റോസ്റ്റ് ചെയ്തെടുക്കുക.
- പച്ചമുളകും കറിവേപ്പിലയും ചേർക്കുക.



# RCO CALENDAR: **May-2022**



Thu, 5-May - Weekly Meeting

Thu, 12-May - Weekly Meeting

**Sat, 14-May - Board Meeting**

Thu, 19-May - Weekly Meeting

Thu, 26-May - Weekly Meeting

**Sat, 28-May - Family Meeting\***

*\* subject to Covid-19 status*



മാസ്ക്



സാനിറ്റൈസർ ഉപയോഗിക്കുക



സാമൂഹിക അകലം



കൈ കഴുകുക

## ആദരാഞ്ജലികൾ



സ്വ : ചന്ദ്രിക അമ്മ

M/o Rtn Kesavadas



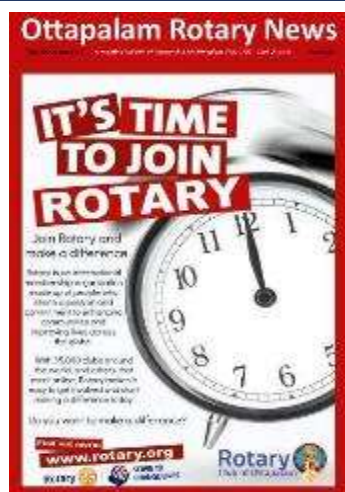
**We meet on every Thursday 7:30 pm at CRR Hall, Manisseri**



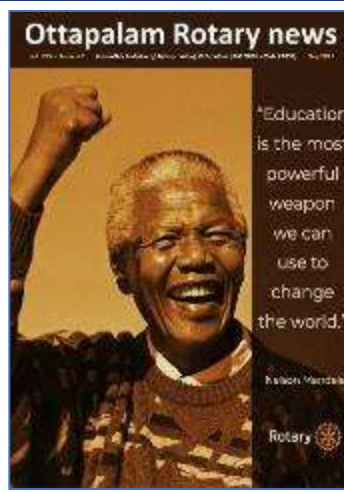
# ORN Past Issues 2021-22 *(click on the bulletin icon to read)*



ORN #1 JULY-2021



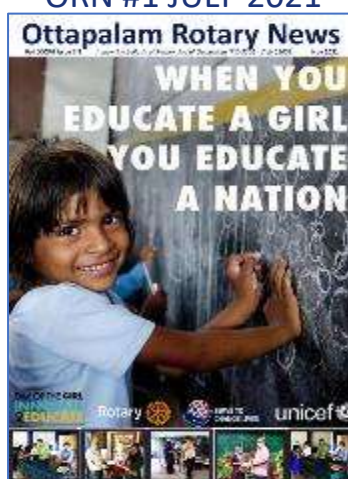
ORN #2 AUG-2021



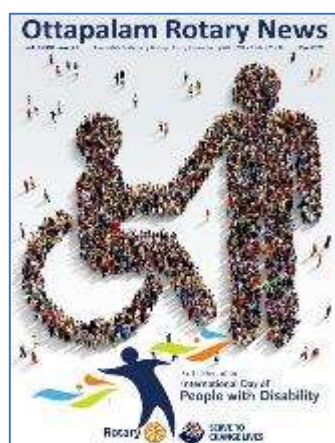
ORN #3 SEP-2021



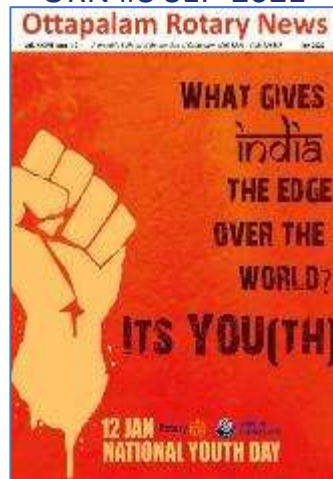
ORN #4 Oct-2021



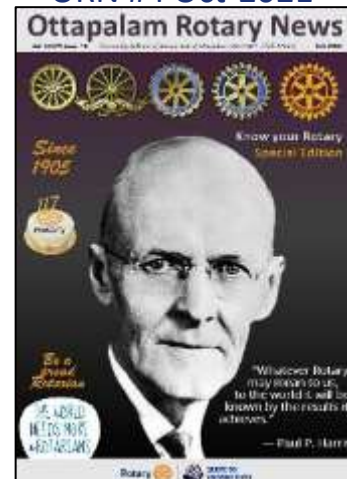
ORN #5 Nov-2021



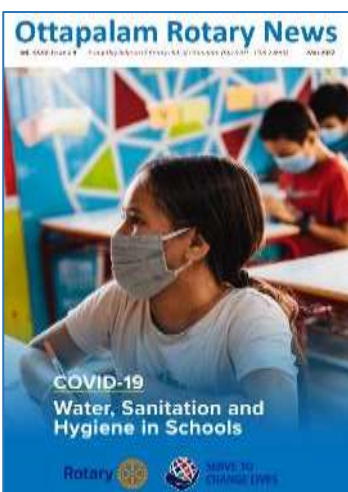
ORN #6 Dec-2021



ORN #7 Jan-2022



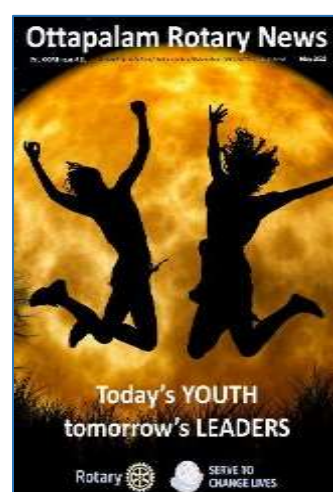
ORN #8 Feb-2022



ORN #9 Mar 2022



ORN #10 Apr 2022



ORN #11 May 2022



You warm the hearts of many with your **kindness** and **compassion**. You are a great nurse and a wonderful person.



Designed & edited by Rtn. Ramachandran K and published by Rtn. Chitresh Nair, President (2021-22), Rotary club of Ottapalam